



MEMORIES OF THE HEART

Advancement

GABRIELLE ALACCHI • NON LASCIARMI DA SOLO IN QUESTA
NOTTE GELIDA PER FAVORE • MÉLANIE AL-AHMAD • MAYBE
YOU'RE GONNA BE THE ONE THAT SAVES ME, AND AFTER ALL YOU'RE
MY WONDERWALL • ALLYSSA ANALYTIS • ARE YOU READY TO FIND THE
SPARKS INSIDE AND LET IT BURN? • MICHELLE ARSENAULT • FORGIVE SOUNDS
GOOD. FORGET? I DON'T THINK I COULD. • LARA ARTINIAN • SOMEWHERE OVER
THE RAINBOW • VALÉRIE BISAILLON • MAYBE SOMEDAY I'LL BE SOMETHING MORE THAN
LOVE • JOHANNA BITHARAS • CAUSE EVERYONE IS FORGIVEN NOW, TONIGHT IS THE NIGHT
THE WORLD BEGINS AGAIN • CATHERINE BRUNELLE • THIS MAY NEVER START, WE COULD FALL
APART AND I'LL BE YOUR MEMORY • OLIVIA CAMERON • SHE'S A PARTY GIRL, AND SHE'S IN PARTY
HEAVEN. • JESSICA CARRIERO • NOW
LIFE, GIVE IT UP, WOULDN'T DARE,
CHARRON • I'VE GOT MY MIND ON MY
• CHRISTINACHRISTOU • I'M BRINGING
DON'T LET ME HEAR YOU SAY THAT
JESSICA COVINO • TODAY IS WHERE
IS STILL UNWRITTEN • KRYSTIN
BROTHA, CHECK IT OUT NOW, THE
NOW • GIUSEPPINA D'AVERSA •
LASCIARMI IN MANO • JESSICA DEER
YOU'RE IN THE JUNGLE BABY,
I'VE BEEN, IT'S WHERE I'M ABOUT
CAMERA, ACTION WHEN I WALK
SÈVE • KEEP ON ROCKIN' IN THE FREE
• FAI QUEL CHE VUOI MA DAMMI TUO
ON THE WORLD TO CHANGE • CLAIRE
YOUNG BUT HONEY I AIN'T NAÏVE •
SHE'S CONFIDENT. THIS IS NOT THE
SHE IS ME. • TARA FREM • OF ALL THE
THE MOST. • EMILY FRENCH • MY LIFE
ELISE FRYML • JUST EVERYDAY
THIS PUZZLE THEY CALL LIFE •
ON TO ME PRETTY BABY, IF YOU WANT
• WE'LL DO IT ALL, EVERYTHING •
WISH YOUR GIRLFRIEND WAS HOT
APERTO E MI PERDO E TU SEI
HATZIHRISTIDIS • GO AHEAD AND
ARIANA HO • REALITY IS TWISTED,
VANESSA JASKOLSKI-RONALD •
KNOW THAT THERE WILL ALWAYS
TONIGHT THE HILLS ARE WATCHING
GILLIAN KERR • FOLLOWED YOU,
ON, AND YOU'RE DANCING. • CHLOÉ
SE PUDEN ENAMORAR... • ANDREA
ORMAI DA UN SECOLO NON MI CREDI
L'UNICA, MI AMORE • SOPHIA
YOUR RIGHT TO PARTY • MELISSA
CALL ME BIG POPPA, THROW YOUR
PLAYA • DAVINA LOPORCARO •
SHINES UPON YOU. • VIVIANE LUU
BURST, TO BREAK OR BURY, OR WEAR AS JEWELRY, WHICH EVER YOU PREFER. • GRACE MAC
DONALD • CAN'T YOU HEAR YOU TALK TOO LOUD. I CAN'T HEAR NOTHING BECAUSE I GOT MY
HEAD IN THE CLOUDS • CYNTHIA MANCINELLI • NEVER GIVE UP ON THE GOOD TIME! NEVER
GIVE UP ON THE LOVE YOU FOUND! • DANIELA MANNO • MONEY, SUCCESS, FAME,
GLAMOUR! • FRANCESCA MANNO • EVERYBODY DANCE NOW! ROCK THIS PARTY
DANCE EVERYBODY! • AMANDA MARANDO • ALL THAT I AM, ALL THAT I EVER
WAS, IS HERE IN YOUR PERFECT EYES. • SABRINA MARQUES • COSA
FACCIO DI ME SENZA TE • TIAN KERRIN MARTIN • LET IT BE • MARIE
MC CULLOCH • I'M NOT REACHING FOR THE MOON...THE MOON

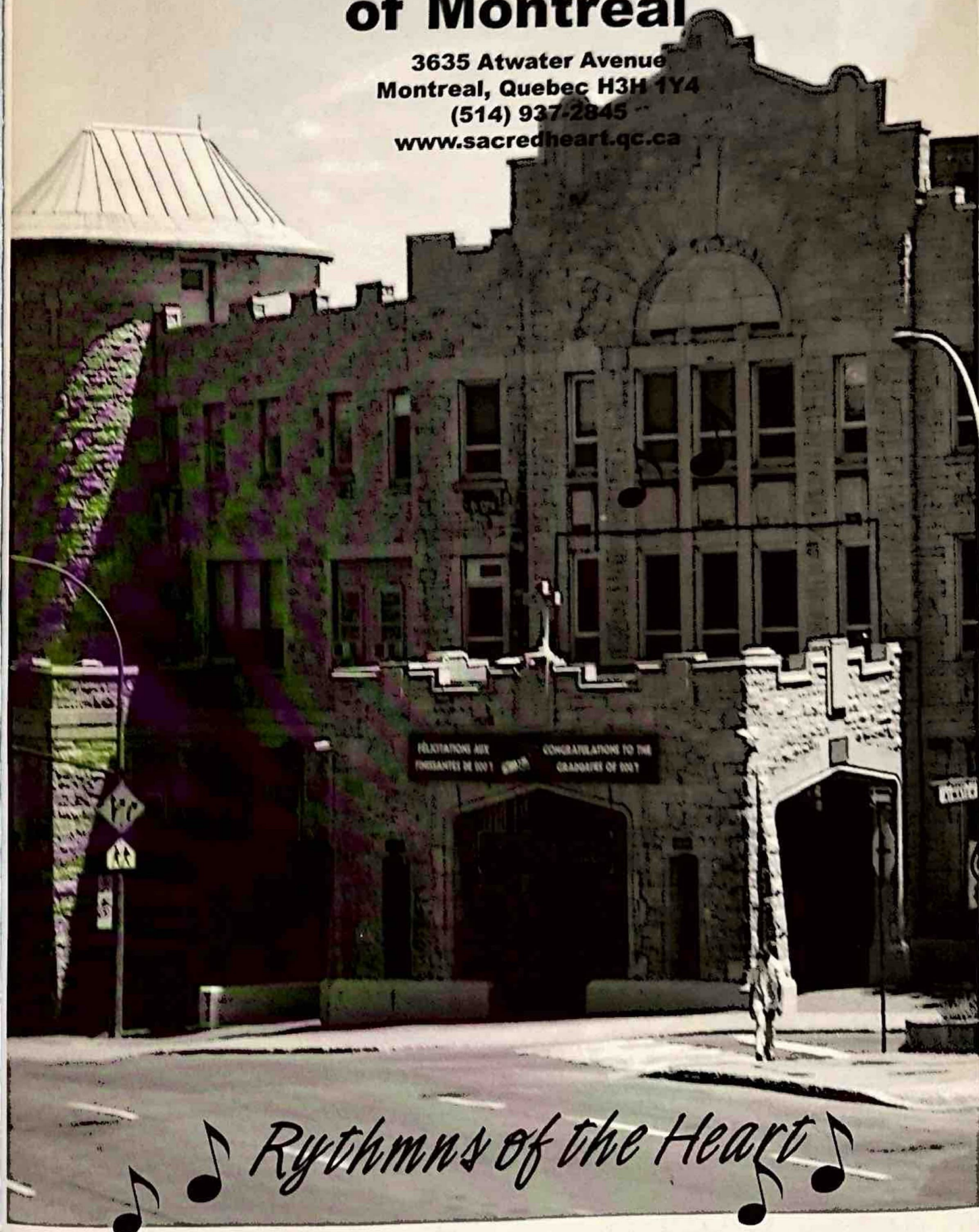
I'M CAUGHT IN THE AIR, IT'S A GOOD
WHAT A WILD RIDE • KIRSTEN
MONEY, AND MY MONEY ON MY MIND
SEXY BACK! • MADELYN COULL •
LIFE'S TAKIN' YOU NO WHERE •
YOUR BOOK BEGINS AND THE REST
D'AGOSTINO • THE FUNK SOUL'S
FUNK SOUL'S BROTHA, RIGHT ABOUT
TU CHE SEI IL MIO ANGELO NON
• YOU KNOW WHERE YOU ARE?
AMANDA DE RIGGI • IT AIN'T WHERE
TO GO • MELISSA DE RIGGI • LIGHTS,
THROUGH THE DOOR • CAITLIN DE
WORLD • ALEXANDRA DEUTSCHMAN
AMORE • LEA DIKRANIAN • WAITING
FARRELL • I MIGHT BE A LITTLE
RUVENEKO FERDINAND-PETERKIN •
END. ASK ME HOW I KNOW, CAUSE
THINGS I'VE LOST, I MISS MY MIND
BE LIKE OHH AHH OHH AHH OHHH •
PEOPLE TRYING TO MAKE SENSE OF
ALESSANDRA GIULIANO • SO HOLD
TO FLY • MELANIA GOLYMBIOWSKY
MERCEDES GRIFFIN • DON'T YOU
LIKE ME • ALANA GUY • STO IN MARE
LA MIA ANCORA • ELIZABETH
ENVY ME CUZ' I'M RAP'S M.V.P. •
YOUR MIND'S GETTING SHOPLIFTED •
BEFORE I GO I JUST WANT YOU TO
BE A LIGHT • STÉPHANIE KARZON •
HER, SHE RUNS SO SHE'LL BE FREE •
YOU'VE GOT YOUR HEADPHONES
LALLOUZ • QUE SOLO POR UN BESO,
LATELLA-DUBOYCE • NON DORMO
• TANYA LO BASSO • TU CHE SEI
LOFFREDA • YOU GOTTA FIGHT FOR
LOMBARDI • I LOVE IT WHEN YOU
HANDS IN THE AIR IF YOU'RE A TRUE
GREEN EYES, YEAH THE SPOTLIGHT,
• MY HEART IS YOURS TO FILL OR

IS REACHING FOR ME. • **ALEXANDRA MOLETTIERI** • LOOK PAST THE MIRROR AND FIND, THAT
THERE'S SOMETHING INSIDE SOMETHING MORE TO YOUR LIFE • **DANIELA MOLETTIERI** • DRIVE
UNTIL YOU LOSE THE ROAD, OR BREAK THE ONES YOU'VE ALWAYS FOLLOWED. • **GLORIA NGUYEN** •
NO ONE ELSE CAN SPEAK THE WORDS ON YOUR LIPS • **MAI ANH NGUYEN** • I BELIEVE THAT WE'RE
MEANT TO FLY. • **CARA ORSINI** • STAY AWAY FROM QUICK SAND AND FALSE PLEASURE • **VALENTINE**
OSTASZEWSKI • ALTHOUGH THERE IS NOTHING I CAN DO NOW I SWEAR YOU JUST ONE THING. I'LL
NEVER... FORGET YOU. • **VANESSA PAMPALON** • I CAN SEE US HOLDING HANDS, WALKING ON THE
BEACH, OUR TOES IN THE SAND • **JULIA PANICONI** • YOU DON'T EVEN KNOW YOU HURT SOMETIMES
UNTIL IN CONVERSATIONS, IT COMES OUT IN A LINE • **AMANDA LEE PHILLIPS** • HOLD ME CLOSER
TINY DANCER, COUNT THE HEADLIGHTS ON THE HIGHWAY • **JOSIE PISCIUNERI** • CAUSE WE ARE
LIVING IN A MATERIAL WORLD AND I
• I CAN'T STOP BECAUSE I WON'T STOP
WHAT YOU ARE IN CASE YOU DON'T
FLÈCHE • TEENAGERS SCARE THE
ROY • V.I.P. BECAUSE YOU KNOW I
IF DESTINY'S KIND. I'VE GOT THE
STRONACH • PICK A FEW STARS
TABAH • DON'T CRITICIZE WHAT
THIBAUT • I'VE GOT ALL MY LIFE TO
I WILL SURVIVE! • **ALEXANDRA TROLI**

AM A MATERIAL GIRL • **SONIA PONARI**
• **KRISTINA RAIMONDO** • REFLECT
KNOW • **GERSANDE RICHER LA**
LIVING HECK OUT OF ME • **STEPHANIA**
GOTTA SHINE • **EMILY SNELL** • I KNOW
REST ON MY MIND. • **ELIZABETH**
OUT FOR A CLOUDY NIGHT • **HILARY**
YOU CAN'T UNDERSTAND • **SHEENA**
LIVE! I'VE GOT ALL MY LOVE TO GIVE!
• **LAUREN-AMY VAUPSHAS** • WHEN
THERE'S NOTHING LEFT TO BURN,
SET YOURSELF ON FIRE • **KIA**
WATKINS-MARTIN • THEY WILL SEE
US MOVING FROM SUCH GREAT
HEIGHTS • **CARISSA WONG** •
SOMETIMES YOU'RE AHEAD,
SOMETIMES YOU'RE BEHIND
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The Sacred Heart School of Montreal

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Montreal, Quebec H3H 1Y4
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Rhythms of the Heart

HEADMISTRESS' ADDRESS



The success of a society depends upon the character of its citizens. Good citizens and those who know and live up to their duties, exercise such virtues as responsibility, loyalty, and self-discipline. Graduates of 2007, it has been the aim of Sacred Heart to help prepare you for this role.

For each of you much has changed since you entered the Penfield doors back in 2002. The time has come for you to leave the safety and security of the known and embark upon a journey which will take you along new pathways. What you have been taught about duty, getting on with the task, and doing good works will serve you well as you navigate through life.

My wish for the Class of 2007 is that you will take care to choose carefully and that you will avoid shortcuts. Remember that the true worth of your life's journey is not about where you arrive, but who you come to be along the way.

Far away in the sunshine are your highest aspirations. You may not reach all of them, but you can look up and see their beauty. Believe in them, and try to follow where they lead. May God bless you all!

Elaine Brooks
Headmistress

ADMINISTRATION



Dear Graduates of 2007,

Over the last five years, you have formed and nurtured friendships, discovered the strength of your individual talents, and learned to accept both success and failure with grace and dignity. You have no doubt learned that information is not knowledge and that knowledge without wisdom is pointless. As you embark on the next great adventure, may you always find time to reflect; and may you always make choices that inspire you to do and be your best.

- Jean Filipovich, Assistant Headmistress

Victor Hugo once said "There is nothing like a dream to create the future." Five years ago this could have easily applied to each of you as you entered the Dr. Penfield doors for the first time. Now, as you exit these doors to further your education, you have fulfilled a portion of your dream and now is the time to create your future. Good luck to the Class of 2007 and best of wishes in your future endeavors.

- Peter Kousik, Director of Studies



Dearest Graduates,

Wasn't it just yesterday that we shared our first G.I. and I told you that you were the Class of 2007. Five years seemed such a long way off. It has finally arrived and you are ready to leave. You will go in many different directions and face exciting challenges. Take all that you have learned and make wise choices. Enjoy your life! Find your passions! Change your world! To quote Dr. Seuss "Today is your day! Your mountain is waiting, so... get on your way."

Love,

Rosanne Del Torto, Director of Students

As Louisa May Alcott wrote, "Far away there in the sunshine are my highest aspirations. I may not reach them, but I can look up and see their beauty, believe in them, and try to follow where they lead."

As you chart your course, your aspirations may change -- some will fall by the wayside, others will remain steadfast, and still others will be transformed. As you leave the City House, let the winds catch in your sails. Explore, discover, and dance upon the high seas. Remember Sacred Heart as your beacon in life's voyage, and enjoy safe passage.

- Colleen Bronson, Director of Advancement and Alumnae Affairs



Dear Graduating Class of 2007,

The time you have spent together during the past five years at The Sacred Heart School of Montreal will truly be a defining moment in your lives. Not only will you remember all the wonderful memories you have shared, but also the strong friendships you have built and the teachers you have learned from. You have now built a strong foundation to continue onto your next journey. The Sacred Heart family will always be there to welcome you with open arms. Good Luck!

- Harry Kalanian, Director of Finance & Facilities

THE FAULTY AND STAFF 2006-2007



Ms. Antonini



Ms. Arella



Ms. Armstrong



Ms. Arseneault



Mr. Bahou



Mr. Beauvais



Mme Belfort



Mr. Bordonaro



Ms. Bosmediano



Mrs. Carbone-McNally



Mrs. Cumming



Mme de Sainte Marie



Ms. Di Palma



Mr. Draicchio



Mr. Filipe



Mr. Filipe



Mr. Gallo



Ms. Gendron



Mme Gervais



Ms. Giguère



Mr. Griffin



Mr. Guilbault



Ms. Hackett



Mr. Judson



Ms. Lakatos



Mr. Laperle



Ms. Lessey



Mme Lévesque



Ms. Macallum



Miss Maclellan



Ms. Martel



Ms. Mastro



Mme Mauri



Ms. McIvor



Ms. McNamara



Miss Neef



Mr. Pagé



Ms. Pagette



Ms. Pennell



Life without music is like breathing with it doesn't make sense.

"You are the Wind Beneath our Wings"



Miss Potter



Ms. Raco



Mr. Reda



Mme Robitaille



Ms. Sallak



Ms. Seeger



Mr. Snapkauskas



Mme Talbot



Mr. Van Der Wee



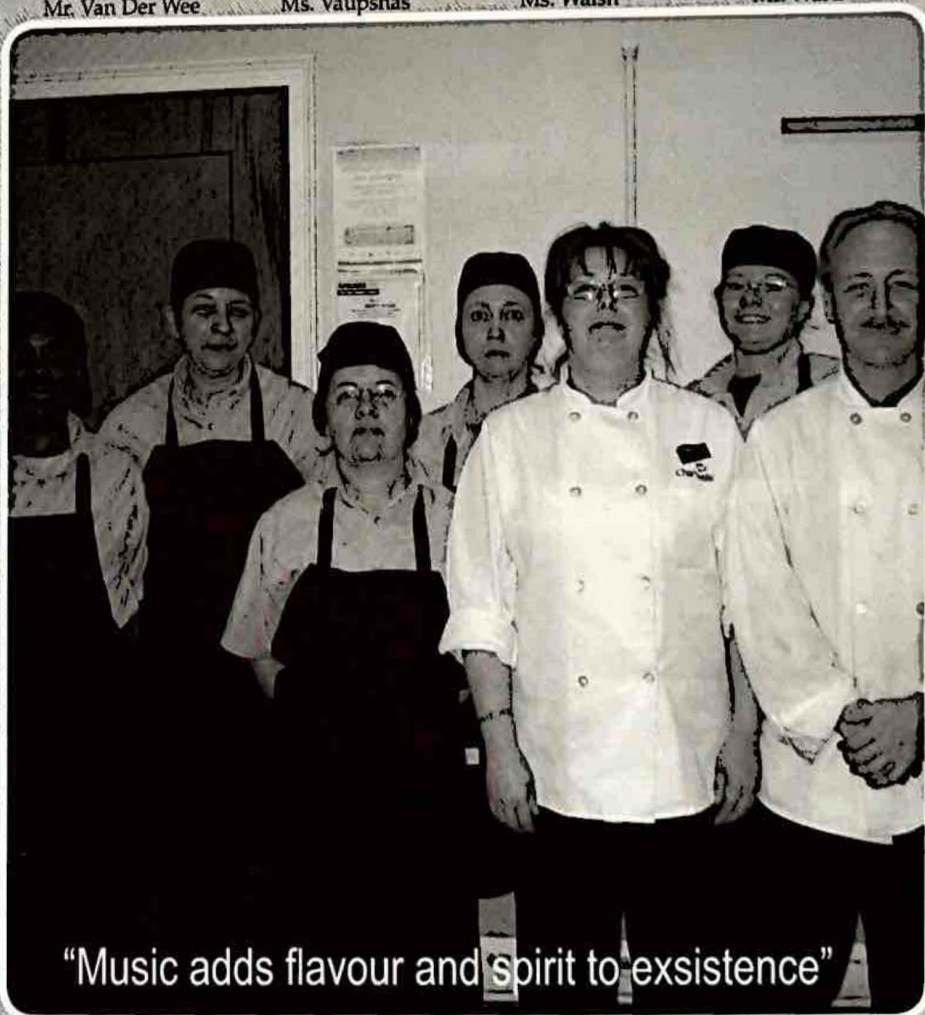
Ms. Vaupshas



Ms. Walsh

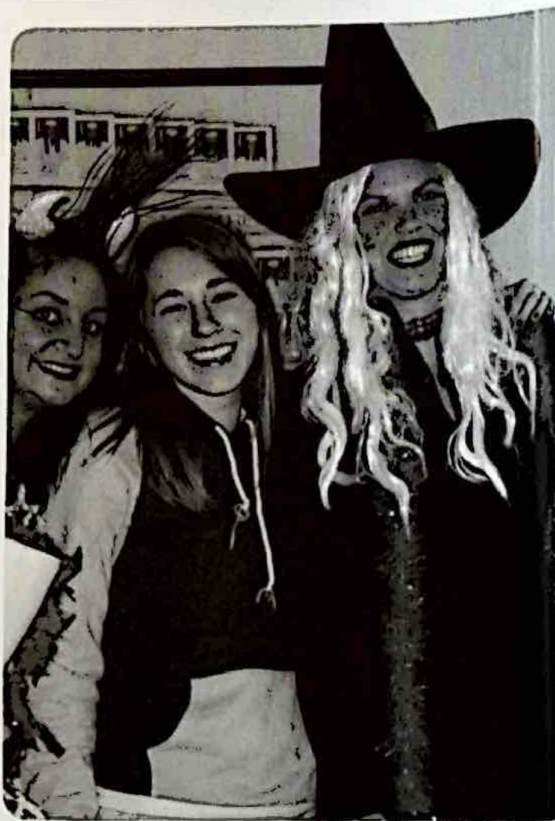
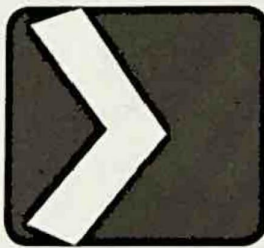
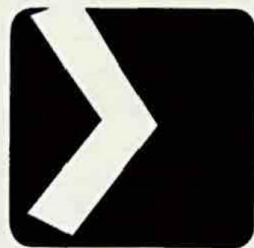


Mr. Ward

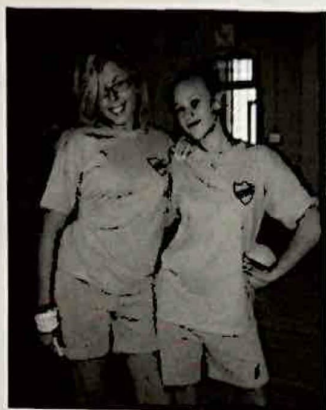


"Music adds flavour and spirit to existence"

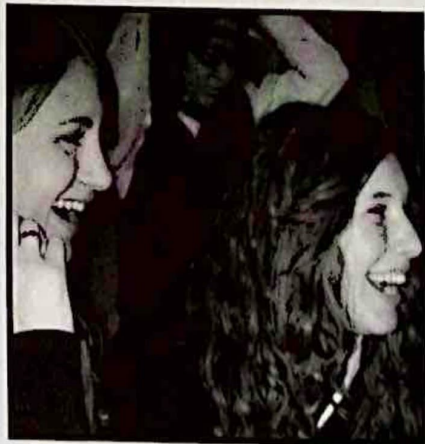
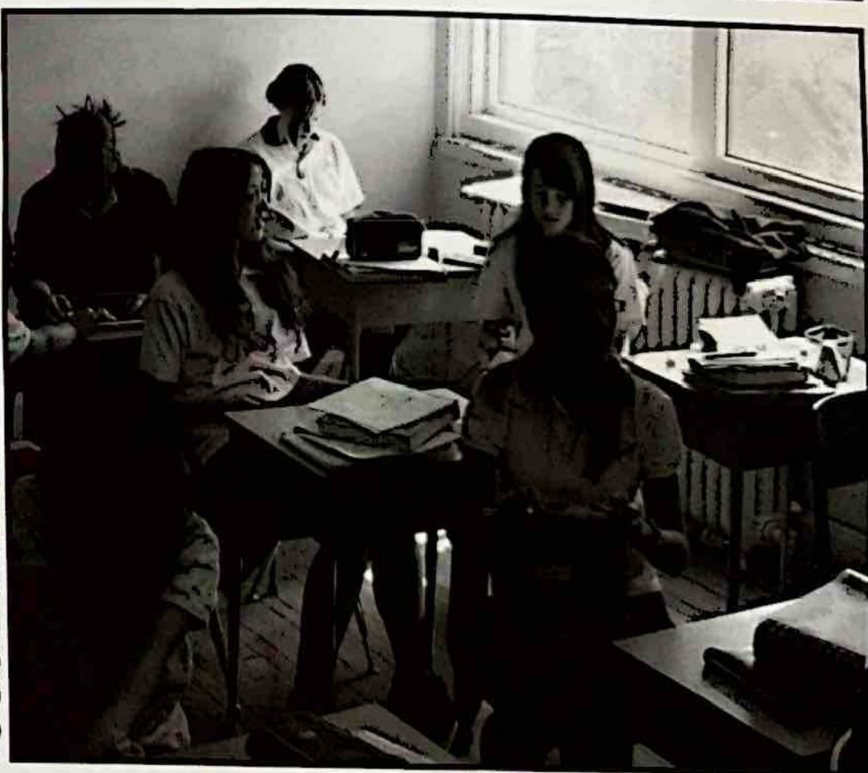
teachers gone wild



A Preview of Sacred's 2006-2007 School Year



It was quite the year! One to be mostly remembered for Mr. Griffin's spontaneous appearances, some pretty awesome musical performances (let us not forget Pas Chic Chic), and yes A LOT of work!



EDITOR'S PAGE

Once upon a time, lived two young fair ladies, who were cast upon the magically self-indulgent, high's and low's of yearbook world. As time went on they only learned to appreciate the experience more and more. To the graduating class in 20 years from now, we hope you pick up your book and remember who was responsible for capturing your last year at Sacred.

Miss Lessey :

Davina : My complete opposite, but you made each day special

Mel: My sis and most def fave alligata. Love you.

Thanks for putting up with us girls, keeping us on track and for the support, time and patience.

-much love, Miss Electric Shock

THE EXECUTIVE

PRESIDENT:

Gillian Kerr

VICE PRESIDENT:

Cynthia Manchenelli

SECRETARY/TREASURER:

Christina Christou

G.A.A. PRESIDENT:

Lara Artinian

STUDENT COUNCIL

****THE PREFECTS****



THE HOUSE HEADS

BARAT:

Tara Frem

DUCHESNE:

Lisa Martin

DUROUSIER:

Alexandra Trolle

HARDEY:

Stephanie Karzon

SHELDON:

Sophia Loffreda

STUART:

Alana Guy

TRINCANO:

Alexandra Molettieri



**SPICE UP
YOUR LIVES
LADIES!**

Houses



BARAT

"Ice, ice baby, too cold, too cold!"



CO-CAPTAINS:

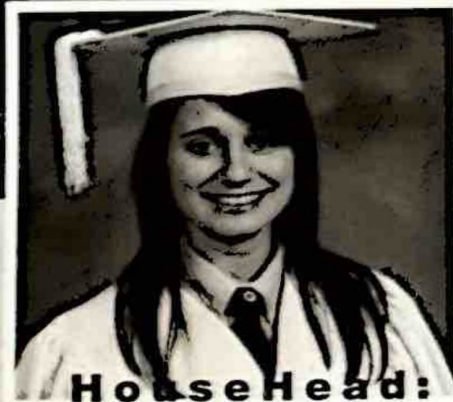
Samantha Mastromonaco, Joanna Bitharas

G.A.A REPRESENTATIVES:

Amanda Cardilo, Gabriela Padvaiskas,

Michelle Arsenault

MASCOT: Morty the Bear



House Head:

Andrea

Latella-Dubois

DIGBY



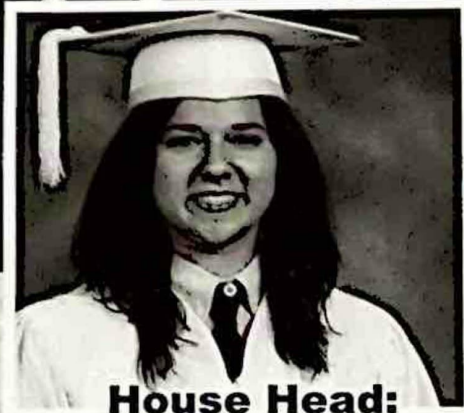
CO-CAPTAINS:

Stephanie Christodoupoulos, Elise Fryml

G.A.A REPRESENTATIVES:

Meredith Burke, Cassandra D'Amico-Mazza, Michelle Vokaty

MASCOT: Leo the Lion

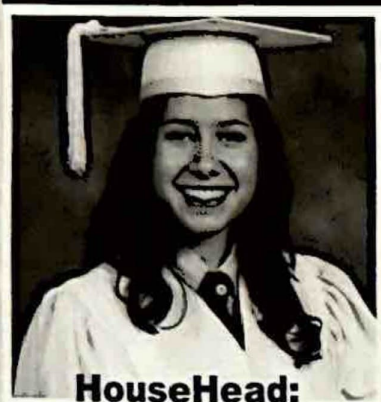


House Head:

Tara Frem

"Wild thing... you make my heart sing..."

"What is love, baby don't hurt me..."



HouseHead:
Lisa Martin

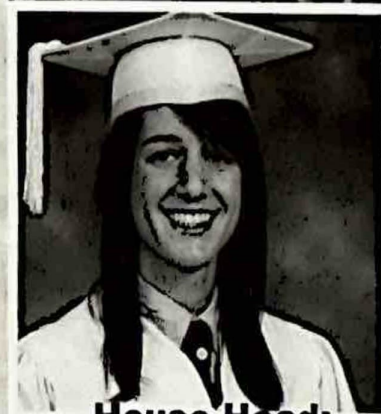
Caroline Colozza, Marie McCulloch

**Alexandra Cerulli-Kanellopoulos, Elizabeth McDonald,
Tiffany Piergiovanni**

MASCOT: Rose the Ladybug

duROUSIER

Pepsi theme song



House Head:
Alexandra Troli

Vianna Yu, Viviane Luu

Virginie Lajoie-Lombardi, Leia Pengelley,
Cassandra D'Ambrosio

MASCOT: Honey the Bee

"At the copa, COPACABANA..."

HARDEY



CO-CAPTAINS:

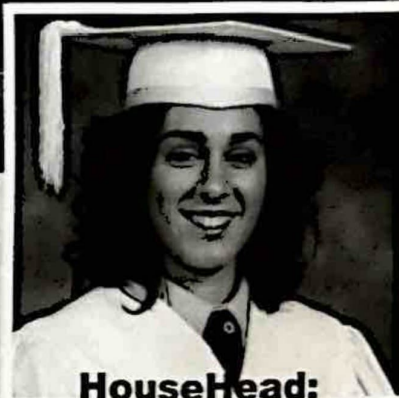
Chloe Russo, Madelyn Coull

G.A.A REPRESENTATIVES:

Erin Brown Vander Cruys, Taylor Wright-Connors,

Kayla Di Gaetano

MASCOT: Henrietta the Monkey



HouseHead:

Stephanie Karzon

SHELDON



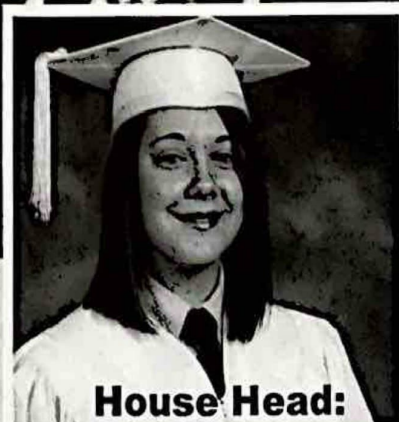
CO-CAPTAINS:

Gersande Richer La Flèche

G.A.A REPRESENTATIVES:

Amanda Arella, Mélanie Al-Ahmad

MASCOT: Mr. Green Jeans the Turtle



House Head:

Sophia Loffreda

"Slow motion for me, slow motion for me..."

STUART

"I'm blue aba de aba di..."



House Head:
Alana Guy

CO-CAPTAINS:

Sofia Di Girolamo

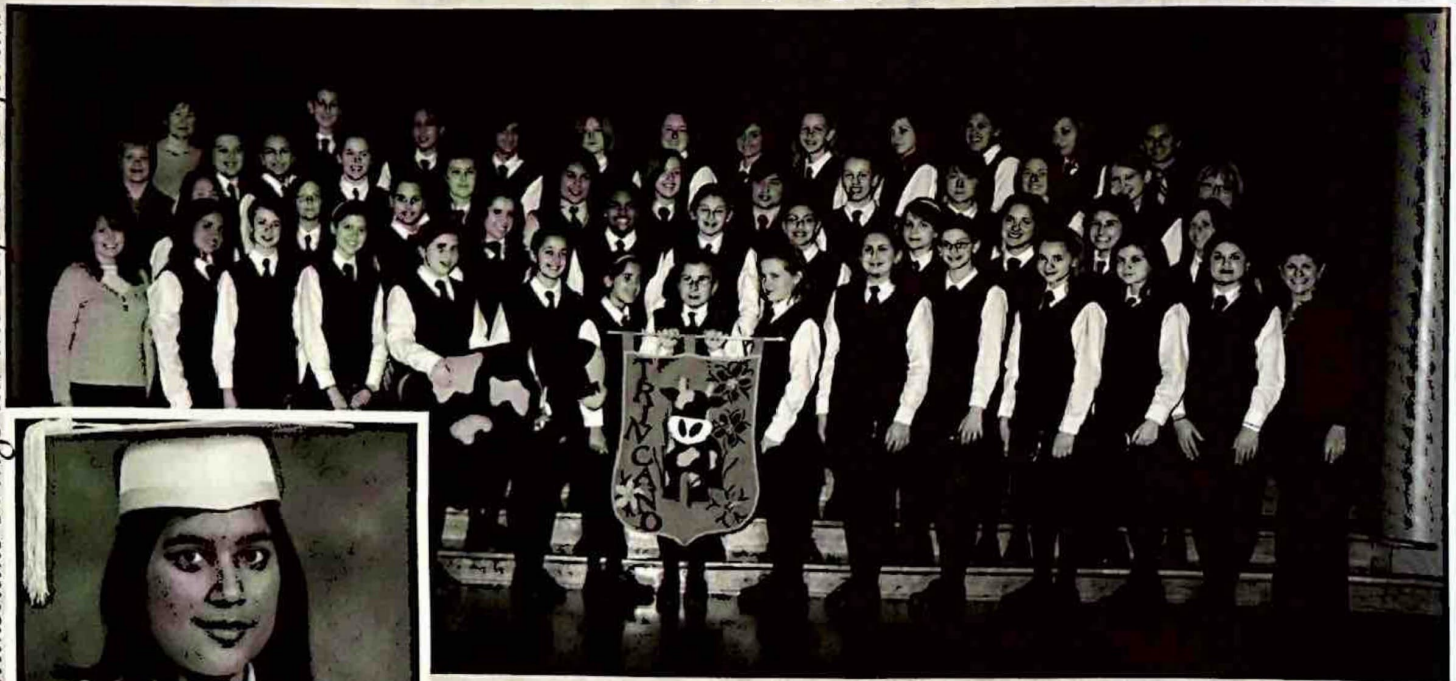
G.A.A REPRESENTATIVES:

Lauren Farmer, Kelly Guy, Liezl Lee

MASCOT: Dylan the Dolphin

TRINCANO

My milkshake brings all the boys to the yard..."



House Head:
Alexandra Molettieri

CO-CAPTAINS:

Pamela Caccese, Elizabeth Stronach

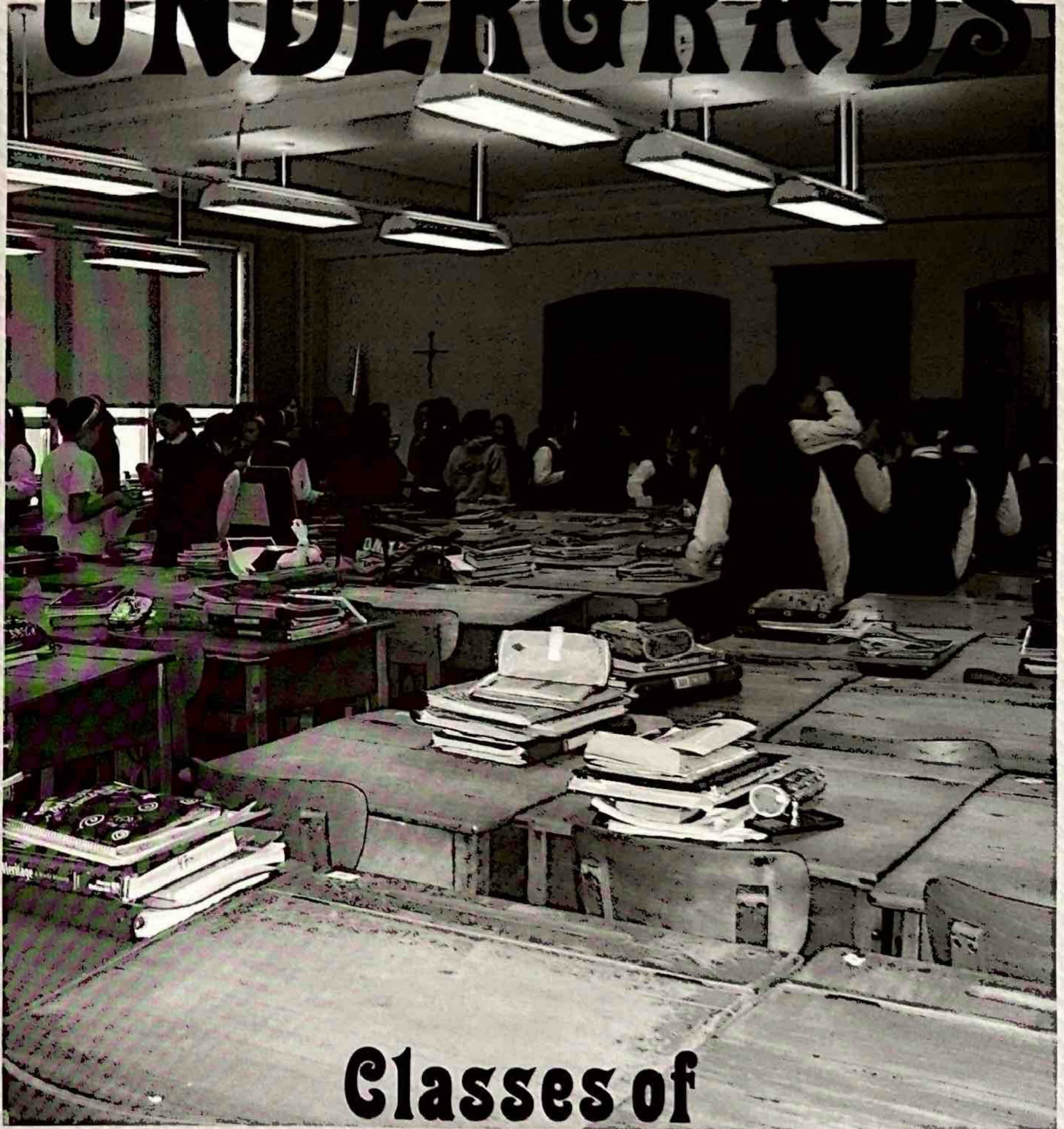
G.A.A. REPRESENTATIVES:

Alexandra Alacchi, Rebecca Catellier,

Jessica Bindra

MASCOT: Casie the Cow

UNDERGRADS



**Classes of
2008, 2009, 2010, 2011**

SECONDARY I



Andrea Angelini
Kenzia Araujo
Aline Asfour
Amarda Atallah
Deborah Athanasopoulos
Alexandra Bergeron
Liana Beyukian



Sarah Botting-Provost
Victoria Brand
Kathleen Brown-Vandecruys
Gabrielle Bucaya
Elizabeth Bureau
Cassidy Burke
Christina Caccese



Kéla Chamandy-Cook
Meagan Coleman
Allison Coull
Ivana De Lauri
Sara-Chanel Del Papa
Laura Delucilla
Julia De Petrillo



Eleri Diacoumacos
Kathleen DiCaprio
Cristina Di Censo
Elisabeth Dimitratou
Kristen Di Perno
Gabrielle Fabre
Nadia Floriani



Kimberly Fontes
Leeza Girolami
Lauren Goforth
Laura Griffin
Teresa Griffin
Katherine Hayden
Amanda Hindley



Christine Horonowitsch
Bernice Law
Claudia Lucente
Elle-Megan Malon
Elie Manousakis
Julia Martignetti
Claire Messenger



Vanessa Minicozzi-Capozzolo
Natanya Momesso
Pascale Nguyen
Erika Pagnotta
Amanda Paliotti
Talia Paquet
Denise Pehlivanian



Amanda Petropoulos
Emily Pimentel
Katarina Popovic
Stephanie Rafie
Sarah Reusch
Melanie Romer
Paulina Saviolidis



----- Class of 2011 -----



Dahlia Segal
Adrienne Silva
Melanie Sivapalan
Maria-Christina Sorbo-Mayrand
Chloé Sorella
Chelsea Thompson-Quartz
Stephanie Trocchia
Martina Valentim



Kayla Vecera
Despina Xanthoudakis
Sarah Yaremko

"Music means the world to me."

"Music is a feeling, an attitude and an emotion. It's inspiring and educating. Music is love, sadness, happiness and life. Music feeds me."

"Music is my pressure relief valve—whenever I'm happy enough to explode, music takes the edge off. Extremely sad, extremely angry, the same thing. Music is the external equalizer."



TOP 5 SONGS:

- 1.) Here (In Your Arms)
- Hello Goodbye
- 2.) Girlfriend -
Avril Lavigne
- 3.) Sexy Back -
Justin Timberlake
- 4.) Give It To Me -
Timbaland ft. Nelly Furta-
do & Justin Timberlake
- 5.) Beautiful Liar -
Beyonce & Shakira

SECONDARY 1





Candid

ONE YEAR DOWN...
FOUR YEARS TO GO



What does
music mean
to you?
"Music is an
art."



"Music to me is
a melody of the
soul. Your favourite
song tells a lot
about you. For
example; how you
feel and what you
like."



- Top 5 songs:**
- 1.) Give It To Me
- Timbaland ft. Nelly
Furtado & Justin
Timberlake
 - 2.) Losing My Way
- Justin Timberlake
 - 3.) Cupid's Choke-
hold - Gym Class
Heroes
 - 4.) It Ends Tonight -
All-American Rejects
 - 5.) What Goes
Around - Justin Tim-
berlake

Secondary 2

Andrea Abreu-Moore
Jenna Albanese
Lisa Alimoushas
Sarah Attardo
Alison Barwick
Pauline Belliveau
Sarah Benoit



Sarah Beretta
Kristina Bucci
Anna Cammisano
Julia Chadwick
Morgana Clarke
Gabrielle Colacci
Jessica Colavincenzo



Amanda Cordeiro
Kyrstin Coughlin
Stefanie Covello
Marlena D'Ambrosio
Angela Di Benedetto
Vanessa Di Pasquale
Victoria Di Valerio



Maria Eberle
Julia Elie-Leonard
Kristina Frym
Elizabeth Gagnon Rivet
Diaz Genoueva
Elyssa Gentile
Taylor Gormley



Rajitha Iyadurai
Amanda Jeanson
Julie Jenneau-Rollin
Joy Kalafatis
Tatiana Kalantzis
Caitlin Kilmartin
Christina Kontaxis



Cassandra Kouremenos
Maria Kyres
Natasha La Rosa
Alexandra Laurendeau
Vanessa Liakopoulos
Claudia Loffredo
Marie-Hélène Maris



Anna Meyer
Corina Micheletti
Gabriella Michetti
Alexia Mitchell
Jessica Munro
Clare O'Donnell
Kathleen O'Keefe



Vanessa Paliotti
Eloni Panaritis
Kelsey-Hope Patrick
Emily Perry
Laura Predan-Chauvin
Claudia Pulice
Aliyah Rahman



Class of 2010



Melina Randisi
 Bianca Ripolo
 Teresa Maria Romagnuolo
 Chelsea Russo
 Vynnary Sabaratnam
 Dalia Sabra
 Michelle Saikali
 Soraya Sanchez-Diaz

Veronica Santangelo
 Jessica Santillo
 Joanna Santos
 Jessica Sicoli
 Alexandra Snell
 Cynthia Snell
 Melissa Spatolisano
 Taylor Teodori

Marie-Christine Tiramani
 Esme Toussaint
 Georgia Tsotas
 Natasha Vitale
 Carolynn Warnet
 Luana Zappitelli

Music is an escape from the hurried pace of the world around us whether it's playing an instrument or singing or merely listening, music is a way to express yourself, like poetry.

"Music is a way to be creative and express your emotions. To me, music means a solution to any problem and a source of relaxation."

"Music calms and relaxes me. Sometimes it makes me think, other times, it makes me dance. It's a center of a feeling. To hear music that fits your heart is like being brushed by beauty and love."



Music is an art of expressing your emotions or inside feelings. When people write songs, the lyrics and the tempo really have a significance to their mood. I love music because, throughout my life, my family has been dedicated to music and I love trying out different instruments and singing along to my favourite songs.

SECONDARY II





C
r
i
s
t
m
s



"Music
means the
world to
me."

Secondary III



Isella Alonzo
Alexandra Alacchi
Amanda Arella
Katherine Athanasopoulos
Juliana Bova
Alexandra Boky
Lia Borrellino

Erin Brown-Vandecruys
Meesdin Burke
Amanda Cardillo
Emilie Ciron
Sandrine Cassis
Rebecca Casteiler
Alexandra Cerullo-Karolopoulos

Top 5 Songs:

1.) Don't Matter
- Akon

2.) Grace Kelly
- Mika



3.) Cut Up
- Duchess Says

4.) Maneater
- Nelly Furta-
do

5.) My Love
- Justin Timber-
lake

Camille Chacra
Garima Chopra
Stephanie Christodoulou
Blanca Cirillo
Jessey Correia
Samantha Cluff
Julie Cruvelier

Cassandra D'Amico-Mazza
Emily David
Natalie Davis
Alessia De Lauri
Angelika Delormier Maj
Kimberly Dextras-Romagnino
Alessia Di Giorgio

Carina Di Tomaso
Melanie D'Itri
Lauren Farmer
Ashley Farthing
Journa Fragostetanakis
Emilie Fyfe
Fahiana Ghaleb

Larysa Golymbiowski
Kelly Guy
Julie Hanna
Emily Horonowitch
Vanessa Italia
Anne Kafka
Nadia Karpi

Shenilaz Karunakaran
Amanda Khoury
Kathryn Kotar
Hava Koulenowitch
Kristina Kwong
Sandra Labbad
Ashley Lanni

Alexandra Lewyckij
Virginie Lombardi-Lajoie
Christina Macdougall
Caitlin Martin
Elizabeth McDonald
Sabrina Misori
Paola Morin



"Music is a feeling, an attitude and an emotion. It's inspiring and edu-
cating. Music is love, sadness, happiness and life. Music feeds me."

CLASS OF 2009



"Music to me is a melody of the soul. Your favourite song says a lot about you. For example, how you feel, what you like, or who you are."



Tamara Morrison
Elena Motivans
Chrysten Newton
Morgan Orcutt
Spencer Orcutt
Gabriela Padvauskas
Jennifer Palermo
Christina Paolucci



Lauren Papalia
Kathleen Paradis
Jessica Patriarca-Santamaria
Lesia Pengelley
Natasha Pereira-Erskine
Ashlan Phillips
Christina Rafie
Tamara Rapattori



Jessica Sadko
Aruta Sarkissian
Pauline Sasouni
Sarah Segal
Nina Toia
Cassandra Travaglini
Jessica Tutino
Zoe Vlogianutis



Melissa Walsh
Taylor Wright-Connors
Michelle Zakem
Hanieh Zargham

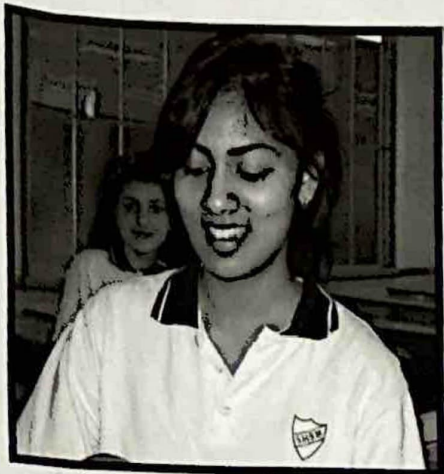
"Music motivates me and allows me to accomplish anything I set my mind to."

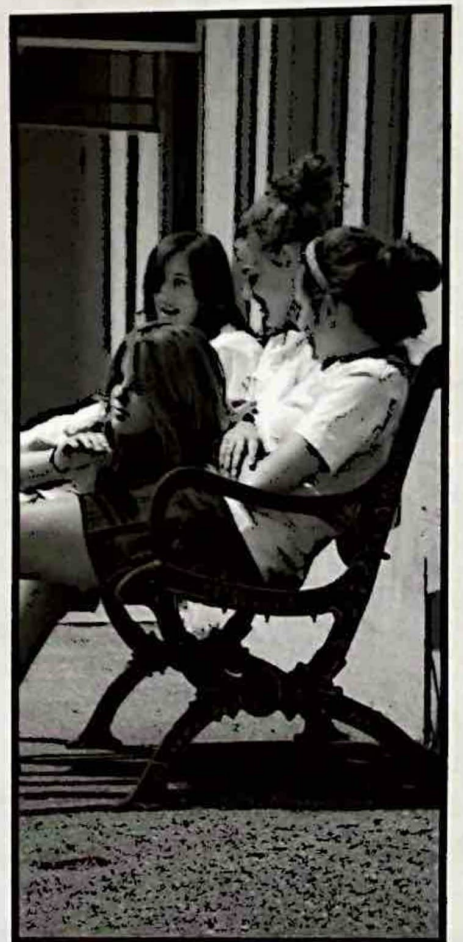
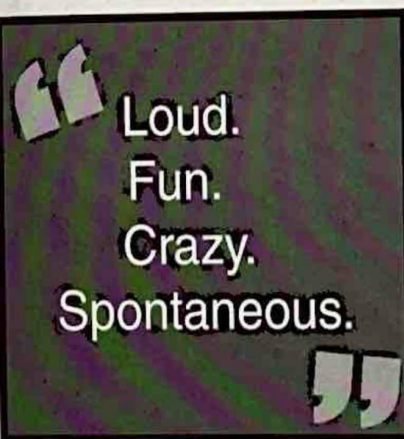
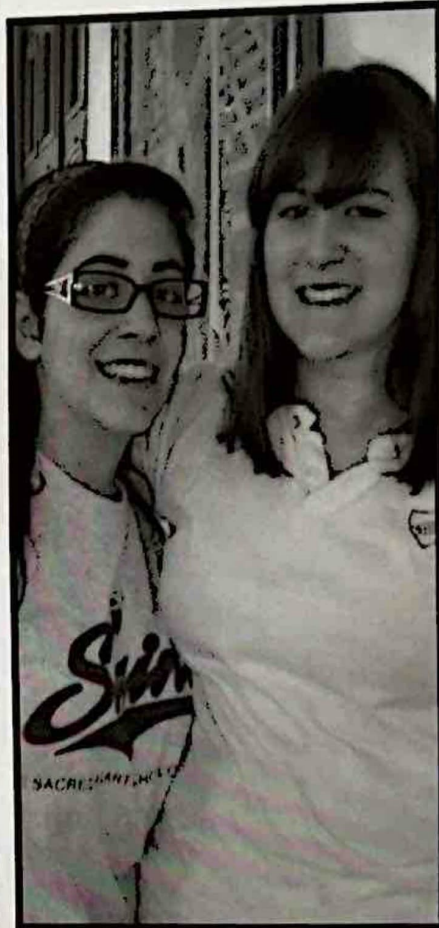


“ Three’s a Company ”

SECONDARY III

CANDIDS.CANDIDS.CANDIDS.CANDIDS
CANDIDS.CANDIDS.CANDIDS.CANDIDS.





TOP 3 songs of Sec IV

1- I will
Survive

2-Girls Just
Wanna
Have Fun

3- What is
Love?



SECONDARY IV

Staci Angelis
Bianca-Désirée Arciero
Alessandra Arduini
Melissa Ariganello
Lia Asquini
Amanda Aziz
Samantha Backman



Alyssa Baldoni
Bianca Bertola
Jessica Bindra
Kerry Blake-Savery
Chelsea Brossard
Pamela Caccese
Laurinda Caporusco



Lisa Cavalluzzi
Cassandra Chase
Vanessa Cheng
Caroline Colozza
Stephanie Courey-Aboud
Angela Cristiano
Bianca Cuffaro



Lia D'Abate
Cassandra D'Ambrosio
Brooke Deer
Erica Deutschman



Kayla Di Gaetano
Sofia Di Girolamo
Caitlin Dixon
Olivia Durand



Alexandra English
Yukiko Evoy
Emilie Flemming-Parker
Erica Franchi
Sheila-Louise Gaon Canlas
Denise Garadjalou
Cassandra Giaccari



Katrina Goulakos
Chloe Griffin
Amanda Hajaly
Emma Hannouche
Jessica Hindley
Keira Kilmartin
Alexandra Koutsogiannopoulos



Olivia Kuzyk
Frédérique La Forge
Rachel Larocque



CLASS OF 2008



Darrah Lecomplex
Eun Lee
Lizel Lee
Samantha Mastromonaco
Alexandra Michailuk
Chelsea Ohayon
Chloe Peterson-Beaudoin
Tiffany Piergiovanni



Jessica Popovic
Karimah Rahman
Katharine Reusch
Marianne Roaldi
Alessandra Ruffolo



Chloe Russo
Lauren Santin
Teresa Sweet
Elizabeth Tomaras
Alessandra Traversari



Evangelia Tsousakis
Alexandra Uva
Alessia Vincelli
Michelle Yokaty
Vianna Yu
Gianna Zappitelli

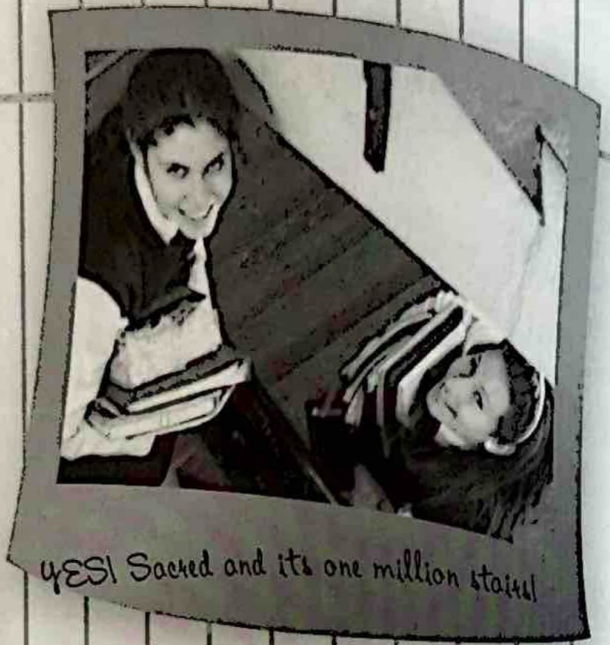


" Music is my way of coping with life, and helps me deal with the stress around, regardless of what I'm hearing it soothes my mood."



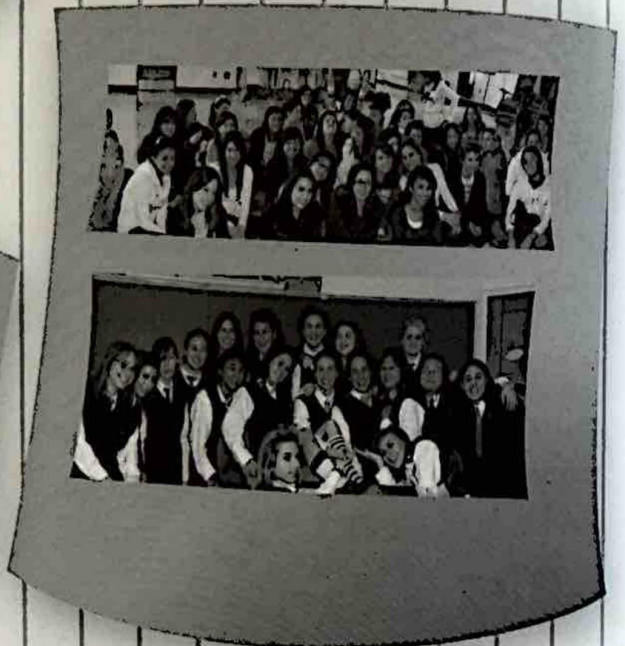
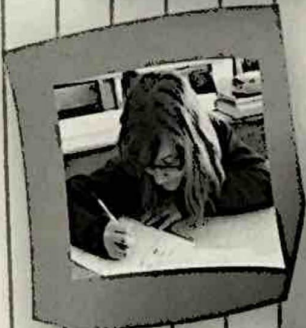
" To sing or not to sing..... I choose to sing!"

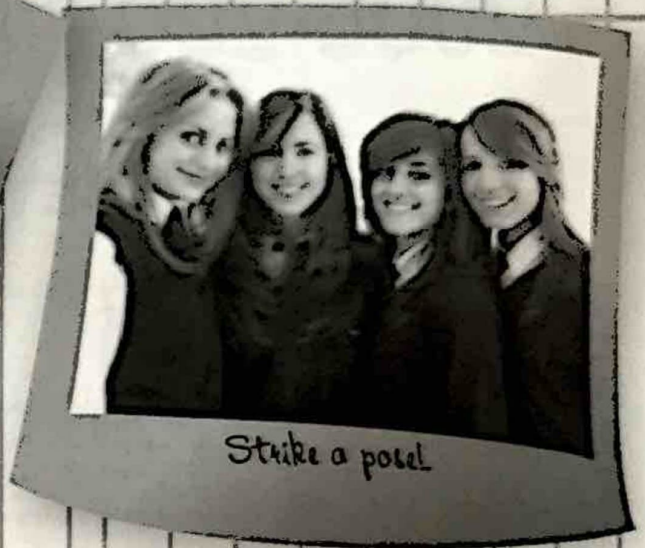




Secondary 4 candid

lalalalalala lalalalalalala

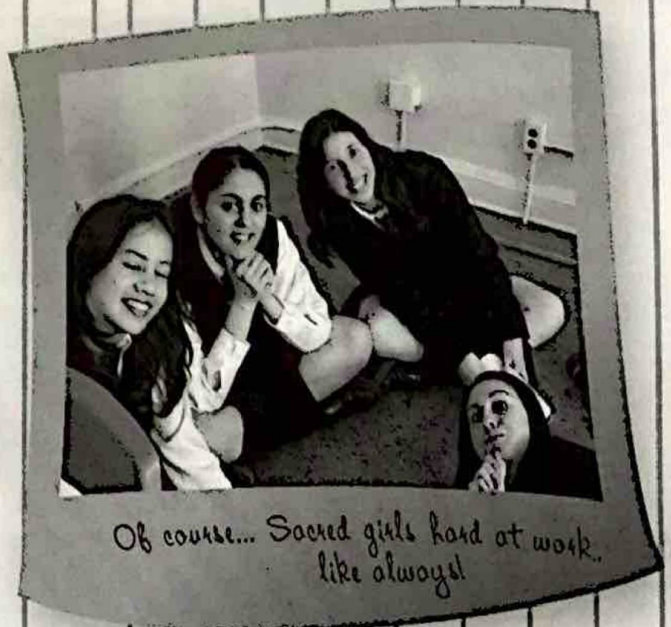




Strike a pose!



CHEESE!



Of course... Sacred girls hard at work...
like always!

2006-2007 at a GLANCE

MOST UNFORGETTABLE MOMENT

.....

STORY OF THE YEAR

.....

MOST EMBARRASSING MOMENT

.....

FUNNIEST MEMORY

.....

THE SONG MOST STUCK IN MY HEAD

.....

FASHION EXTRAVAGANZA

.....

I CRIED WHEN

.....

Class of 2007



Gabriele Alacchi



This is it. I love you so much Alexx Dri Mom and Papa. AD you're priceless; our talks about everything and everyone-you've always been there. SM March 31 will forever be special. My loves; AG PD JP ALD TLo, you've made it all worth while! Art crew songs and fights. I love you all, class dismissed. Mr. Feeny.



Mélanie Myriam Al-Ahmad

Like totally freak me out! AM,CF,CM,AM,DM,JD,A P,JB, PS,TRIO! Trop fort! Stratty, bashes, train peeps, LT Crew. Princess & Rebel. MA'AM. Mango Sistas, downtown montreal, so many memories and so many more to come. I love you all so much! Marshmallows?



Allyssa Analytis

My family: thanks for all your belief in me. Water polo people: you guys got me through the roughest times. Train buds: you girls always make me laugh. My loves: best memories with you girls. I love all the rest of my Sacred Heart friends! Filakia Agapi Mou.



Michelle Arsenault

Well, we're here. Remember in Sec.1, these five years seemed an eternity? Now look where we are! I know I'll miss my fellow graduates as well as all of my teachers, but hey, we can still visit! Congrats my fellow graduates, and "break a pencil" at CEGEP!



Lara Artinian

"I am a part of all that I have met; yet all experience is an arch where thro' gleams that untravell'd world, whose margin fades for ever and for ever when I move."
- Alfred, Lord Tennyson
Thanks Mom, Dad, Matt and David. L.H. Forever



Valérie Bisailon

"I keep thinking times will never change. Keep on thinking things will always be the same. When we leave this year we won't be coming back. We'll move on and we won't slow down. And these memories will be playing like a film without sound."



Johanna Bitharas



What a five year ride it's been! Shout out to my crew: AM,ALP,LM,VL,CM,MA,DM,AM, to name a few; vballers: gold! LD: finally! Stratford: lots of memories; band: good times; Mom, Dad, James, Tommy: love you all so much! "Dance Like No One's Watching" Congrats Grads '07 We Did It!!



Catherine Brunelle



To my Sacred lovers, it's hard to think we're done. I'll always remember the good times- train buddies for life- cucumbers I love you like crazy- grandpapi sahib- the tedsters- Party on the bus. Who knows how I'll survive next year without you! PEACE LOVERS.



Olivia Cameron

5 YEARS BABY! The end of the beginning. KR sister forever <3you, ML 11 years<3you, LV too many jokes love yah, EF lululoveeeyou, Soni Poni! Love you. Thank you mommy, daddy, & ant. Love you. "The race is long, but in the end, it's only with yourself." PEACE GURLIES.



Jessica Carriero



"To see a world in a grain of sand and a heaven in a wild flower, hold infinity in the palm of your hand and eternity in an hour." (William Blake) It seems like just yesterday my journey just began, but now I know for sure that my life has just begun. Thank you for a wonderful five years.



Kirsten Charron



To the grads of '07- thanks for keeping it real. Mom, Dad, Linds and Stef- I love you so much. Lunchtable '07- ANIMALS. Cara, Hill, Katie and Emma- oh boy... you girls are grand! And to all you youngins...haha I'm done! Peace



Christina Christou



Mom,Dad&George: thank you for all your love and support! To my cucumbers, habibtEEEEES and FAB 4, I love you all very much!! Lea: Best salsa partner ever!! Maria mou:NFL3!! Grads '07...We finally made it!! Thank you for all the unforgettable memories!! I love you xoxox<3



Madelyn Coull



Dear graduates, thanks for the laughs. Five years went so fast. I will never forget you guys. Rockin' out in the music room with Viv and Marie, JP loves Abbie, mad-blondie. Thanks to my family. The best is only beginning. See ya Kiddo!



Jessica Covino



Congrats class of 2007! We made it! It's been a great five years-lots of laughs and wonderful memories. Thanks mom and dad for the support. To all my friends MN, GN, EF and all sec. 5: you have made these years amazing. Good luck. Love you all. XO



Krystin D'Agostino

A man who has never gone to school may steal from a freight car but if he has an education, he may steal the whole railroad. (Theodore Roosevelt) Thanks mom+dad for giving me the opportunity to steal my railroad. Michael you're my strength. SP, JP, JP, ML, AT, EF. AMD. K+D



Giuseppina D'Aversa



A whole five years has gone by and not even one regret! I couldn't have succeeded without my loves (my inspiration) & my parents. To La, you have taught me what having a sister means. To Anthony, you always supported me. Tanti Auguri to the Grads '07! XO



Amanda De Rigg



With everything we've been through these past years we finally made it; congratulations to the class of 2007! FAB5 you girls are truly amazing. So many memories-I couldn't have done it without you. Thanks to my family for all the support. I LOVE YOU GUYS.



Melissa De Rigg



These past four years have been filled with both ups and downs but I can honestly say that they have been truly amazing. Thanks to my family and anyone who has helped me along the way, FAB5! Congrats to all the graduates; good luck in the real world.



Carlin De Sève



Infinite love and thanks to everyone who has kept me relatively sane in this mad world. It's been an experience. "Yeah, we were young and dumb, but it still was fun." Don't ever fade away. Hail to the good times, live for today. Peace.



Jessica Deer

Well, these past five years went by really slowly. BEAST! So many memories, not, just kidding. To Wahsontiio-stha, Amanda, and the rest of my homies: I love all you guys. Shaken Bake! Forever. onen ki



Alexandra Deutschman

I want to begin by thanking my family for all their love and support. GA, where to begin? Let's just say party planning is our thing. Coachy Mou, I love you! To the rest of my loves, you guys are the best. Congratulations class of 2007; we did it!

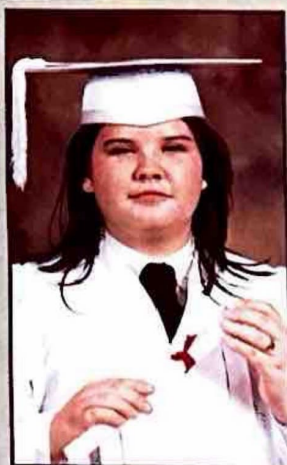


Lea Dikranian

Too many good times! GK-3 hoboes.MM-take a lap.VL-Tag.LM-very nice how much? Snell-Mass. Thank you to those who believed in me-couldn't have done it without your support! Turn the key and set me free then spread my wings and watch me fly. Shorty 4 life-xox



Claire Farrell



"Play like A Champion today" - Fighting Irish. Thanks for the memories Too many fun times-I hang with the right gang, yella mendella! LT. RLS clap! Thanks to everyone who made it possible. Mom,Dad,Mike,Cassie, John, Patrick .



Ruveneko Ferdinand-Peterkin

What happened to those five years? Friends, fat ties, itchy tights, window snowballs, Ms. Del tortobeing everywhere at once,undone homework, constant clapping in the Study Hall,studying, exams, tears... Through it all, I now know that these are the breaks.



Tara Frem



VL(sec2retreat) GN(Z)
LM(chich) GK I love-
balsamEEK JP(Tessa)
ES(awk.) Habibtes(SK/
CC)ALL: thanks for the
laughs that kept me go-
ing through hard times.
Teachers: gratitude be-
yond words! Family:
shokran,b3badkon! Brace
yourselves,
it's just the
beginning!



Emily French



Two years have gone by
so quickly. Thank you
girls for making me feel at
home. So many memories
in so little time. Now get
ready to take your first
step to success. Good luck
ladies; lunch table 07'-sav-
ages! Mom, Dad, Scott,
thanks for everything.



Elise Fryml

"Hitch your wagon to a
star."~R.W.Emerson. We
survived- the ride was
unbelievable. Congrats
to the grads of 07; much
love&luck in the future.
CM~crazy good times.
JC, GN, JP :D Many
thanks to my family for all
the support! <3 Smile!



Alessandra Giuliano



It was a rollercoaster
full of ups and downs
but overall, an amaz-
ing five years! Lovely
cucumbers=my loves for
life. The foosa: best laughs
ever! Thanks Mom, Dad,
Joey and all my friends
and family. Ladies, it was
a pleasure. Tons of love.



Melania Golymbiowsky



"World hold on..." cause
you ain't seen noth-
ing yet! Thanks Gum-
bos, love you. DL: my
special somebody. DM:
you and I make it a
party. MG's. MATAM:
my loves. Bye girls.



Mercedes Griffin

"God grant me the seren-
ity to accept the things
I cannot change; cour-
age to change the things
I can; and wisdom to
know the difference." To
the FAM, the hommies
and Ms. Del Torto: thank
you- I did it. Cheers!
CL.SR.SP.DM.MG.AT



Alana Guy



"When it hasn't been your day, week, your month or even your year, I'll be there for you when the rain starts to pour, I'll be there for you like I've been there before, cause you're there for me too." My LOVES memorable days: Pi, SM, GA, AD, AD, Jo, T-Lo. XOXO



Elizabeth Hatzihristidis

"Today is your day! Your mountain is waiting. So... get on your way."

-Dr. Seuss L.A.: forever Thanks Mom, Dad, Anna, Teri and Julia. Peace, Love and Butterflies!



Ariana Ho

"The world goes up and the world goes down, the sunshine follows the rain; and yesterday's sneer and yesterday's frown can never come over again" - C. Kingsley. Always look up. Thanks and good luck.



Vanessa Jaskolski-Ronald

"Why can't we get all the people together in the world that we really like and then just stay together? I guess that wouldn't work. Someone would leave. Then we would have to say goodbye. I hate goodbyes. I need more hellos." - Snoopy



Stephanie Karzon

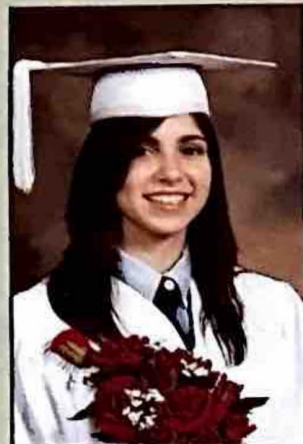


No Stopping Us! KW-My birdy, my partner in crime FM-Chikita Agua, I'll meet you at the beach CD- To infinity and beyond ST- Trio! Franks Wieners & Buns LM-Hoboes Treasures, stay tuned Russell & Habibties Foosa! We have arrived. <3 Mum, Papa, much love forever and always.



Gillian Kerr

If I had wings, I would fly. If I had gills, I would swim. But I have feet, so why not walk? To all my friends, LD, LM, ES, VL, EMCS, SL, TF, MC, FM, CD, TM: I love you all. Thanks for the memories: lunch table talk, 4C, Shakespeare-in-pink, Two mo, pigeon remix, critter, hobos, Happy May 8. I love you all. Keep it real. We did it!



Chloe Lallouz



"What lies behind us, and what lies before us are tiny matters compared to what lies within us" (Ralph Waldo Emerson)
OH SEVEN; Girls we made it! Del Torto- I love you. Kim & Gaby: love you guys so much MG. PONZ. SR love you girls! & PEACE OUT



Andrea Lattella-Duboyce



Somewhere between classes, studying for tests, pretending to study for tests, downright NOT studying for tests... Pretending to be happy doesn't make you happy; pretending to be smart doesn't make you smart. Be you. Have a great life My Loves.



Tanya Lo Basso

To my family, thank you for all the support you've given me. Thanks for always being by me when I needed you and encouraging me to reach for the stars. My loves, you guys are the light at the end of the tunnel. You're what gets me through the days.
J.P. A.L.D. A.D. P.D. A.G. G.A. S.M.



Sophia Loffreda



CUMBERS to the end. CA, CB, CC, Em, Gill: the inside jokes that we shared will always be remembered. Thanks for everything. I love you all. Props & love Asia, Frank, lifesaver, SH, party corner VS, rustall, bishops, the puff. -Class of 07, cheers, to those memories of gold-LADIES, keep it real.



Melissa Lombardi



A memory lasts forever never does it die, True friends stay together never say goodbye. SP me you till the end we're not cocky we're confident, so when you tell us we're the best it's a compliment. FAB5 thick and thin. Liv forever sisters you're family. EFVP SRMH JP my strength, my family my support. Love you Grads.



Davina Loporcaro



Through the tears and the laughter, you were all there! Thanks mom, dad, Jordana, love you. Fab 4*-True Friends/MG: my strength & sis for life! / LA: could not have done it without you! / Cugie=bff* / Laugh till it hurts, we made it! Grads 07 congrats & keep smiling! xoxo



Viviane Luu

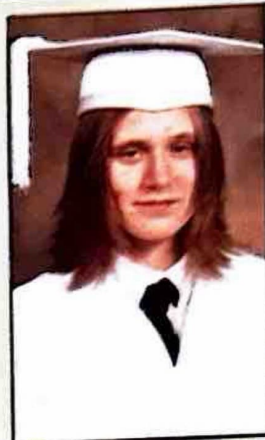


It's been a memorable five years. Thanks mom&dad for your love and support. Bro: thanks for always having my back. To my amazing friends: LM-nye, LD-tag, MM-neighbour, GK-tokyo, TF-retreat, SL-frank, ES-New York, GN, MC, CD, thanks for the memories! "Life is a highway and I'm gonna ride it all night long."



Grace MacDonald

The halls will still echo with the cries about llamas, ninjas, zombies, world conquest plans, cookies, pirates and chocolate as a verb. But it's the madness that keeps me sane. Still, no worries, eh luvs? No power in the uni'verse can stop us. Toodles.



Cynthia Mancinelli

Wow, graduation! Good luck to everyone; I'll miss you all! Thanks to my teachers who took the time to care. To my family for supporting me through life and to all of my friends for all of the laughs we had! TOD Stratty, lunch classes...LOL good times! Can't



believe we're going to CEGEP! Miss you all! CIAO<3



Daniela Manno

Thank you to everyone who really was there for me. No Fakeness. I won't miss anyone cause true friends stay close. I'll be seeing all ma babies for more years to come. Most importantly, thanks to my family for dealing with me. Peace Out D-D a w g



Francesca Manno



Teachers-thank you for everything. You all rock! Grads-all the best! Miss&remember you all! Foosa- never EVER change! SK-I adore you<3[Snell]ST-Les Inseparables&my better half. Mom-My support&inspiration in life. Dad-my strength. Live, Love & Laugh



Amanda Marando

To all my best friends: MA,CF,ALP,JD, Twins, PS,CM,JB (LT crew). Merci for the memories girls, I love you <3. BTC Concert. I hang with the right gang. MA,AM. PokerNight. Borat&Stratford. Grazie to my family for your support. Class of '07, we did it! xox.



Sabrina Marques



Sing For The Laughter
Sing For The Tears: Aero-
smith had it right. Thank
you Mom, Dad, and Mike
for all your support and
love in every aspect of
my life. My Loves, the
smiles. The laughs. The
tears. Memories I'll cher-
ish forever.
2007 I love
you all
Peace.



Lisa Martin

Keep it Real. JL. LD-you
Gypsy. VL-NYE. MM-
Cookies. TF-Cheech. ES-
digress. GK-Lab partners.
I will always remem-
ber ShakespeareInPink/
3Hobos+treasures/
NoBed. To the Grads 07,
"Don't cry because it's
over. Smile because it
happened" Thanks for
growing up
with me.
XOX



Tian Kerrin Martin

Thanks for everything.
Take care and good luck
next year! "Learn from
yesterday, live for today,
hope for tomorrow."
~ Albert Einstein



Marie McCulloch

The wheels of time have
spun, and have brought
us to the end It is a fare-
well to few, a goodbye
for some, but I am glad
to have called you my
friends. Time has come
to bid adieu Good luck is
what I send, Adieu adieu,
And I am proud to have
called you
my friends.



Alexandra Molettieri



Congrats, Grads 07.
Silhouettes=jamming:
never stop rockin', love
you. We Are The Sound.
Panda, Wife(JD), AM,
MA, CW, AH, VP +
prefects, you helped me
through, love you. Mom,
Dad, Pal, Dan thanks for
being there-I love you.
Teachers thank you. Keep
It On Wax-
AOF.



Daniela Molettieri

Finally! To my
friends, you've been there
through good and bad
times and I love you for
it! Mommy, Dad, Paolo &
my twin thanks for the sup-
port-I love you guys! I will
never forget the constant
twin jokes, even after five
years! Grads I love you and
good luck.



Gloria Nguyen



CONGRATS Class of '07! Unforgettable memories with all of you. My other half Ju: it's still goin down + charged! Good memories: S-in-Pz(TF), MC, JP, mash ortie, JC, CD, sweet16, EF. Ma, pa, Gordo, thank you so much. I couldn't have done it without you. Love you all. XOx



Mai Anh Nguyen



Grads '07, we made it! Thanks for five amazing years! My friends: JC, CW, AH, TM-great times! Too many unforgettable memories! Mom, Dad, TN, thank you for everything! Couldn't have done it without you! Grads-I love you all! Goodbye and good luck! xox.



Cara Orsini

Grads'07: There's no denying it was time well spent. Mom, Dad, Keif (and of course Alex): thanks for everything. Jess: 17 years. Rapid Summers (Rita). Lunch Table '07. Friendship Hawks. Hill & Kirst: things just never got old for us, couldn't have



asked for better times.

Valentine Ostaszewski



Thanks to: teachers, family, and friends. You were what made me pass Sacred Heart. Thanks to: v-unit, mimi, em, bridge, everyone in Alpharetta, everyone at Sacred Heart, and everyone else who's come into my life.



Vanessa Pampalon



Mom, Frank and Elsa- Without your support I would've never made it, I love you with all my heart! SM-my other half! UNOMASS? I love you! <3 First and last year at Sacred- You're all AMAZING! ML MD AD AT DM AM SPI love you! Girls of '07 We made it baby!



Julia Paniconi



Wow, time's already up! Ma, Pa, Ev, you have been an amazing support all these years. To my girlies, thanks for all the memories! I love you! Lunch buddy: JP! Fremster! Glo-my other half; for sure it's goin down + charged; sweet16!



Go on and never forget. xox

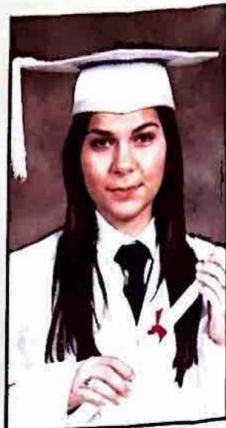
Amanda Lee Phillips



"Life ain't always beautiful, but it's a beautiful ride" Gary Allan. Congrats Class of '07! To my friends and best friends, you rock! ~ Shake and Bake! ~ Forever and ever! ~ Eso TsiKonnoronhkhwa ne ahkwatsire! O:nen



Josie Piscuneri



Thanks for all the memories class of 2007, ART CREW, rustal, it's a reflection My loves-TLO,SM,GA,AD,ALD, PD,AG you girls are the best GN-talk to you about anything, JP-my lunch buddy, and my family thanks for sticking with me "Don't stop believing."



Sonia Ponari

Grads07 we brought sexy back. ML-my sister, BUD-DY, inspiration, me&you till the end I LoveYou. Roy-my sister, enjoying MTL,making me strong. I LoveYou.MomDadSab-FrancoNonni-ti amo sempre. OC,LH.05/06/06 One Love= Mike, I love you. Holla Back.



Krisina Raimondo

Five years already! Mom-my, Daddy, Peter, Angie, thanks for everything, I love you. OC- other half, LV-11 years, all my friends, you're amazing. Lunch Table 07! Grads 07, good luck! " May you have a strong foundation when the winds of change shift. " Bob Dylan



Gersande Richer La Fleche



So much to say, so little space. I'll never forget the hats, inventing words, the lunch table, the laughs, the insanity that kept me going, plotting...I'll probably miss this place, but I'll never forget the people. Peace. And thanks for all the fish.



Stephania Roy

Class of 07, we brought sexy back. Che & Chloe rebels represent. Ponz we're going to rip it; it's all over. Little D hold on you have one more year. To all my girls, we did it. PEACE OUT FS.



Emily Snell



I'll always remember...Gill and the magic softball. Lea in mass. Sofia(APs time). Fran(brokeback). OPA! It's a MOVIE! Shock Shake! Party on the bus. Party corner. Family and teachers, thank you for everything. I make your day but you make my life!



Elizabeth Stronach



"All experience is an arch where through gleams that untravelled world." Thanks to the greatest friends (Shakespeare In Pink, lightsabres, New York, critter, Nap+Crom, auburn, awk, spare me, math logic) and some superb teachers.

It's been an odyssey. Keep it Real.



Hilary Tabah

To all those who made it interesting, and all those who helped me remember to keep it that way: Thank you for years I'll never forget ... "There's nothing more I can say, you'll have to learn, just like me and that's the hardest way." Ooh La

La - The Faces



Sheena Thibault



Grads we made it! Ma-man, papa et Shawn merci de m'avoir supporter, je vous aime. To the Foosas (CD, KWM, FM, AG, SK) I love you so much never change. FM+ST+SK= Franx Weiners & Buns! FM: les inséparables+old married couple SK: angel hair Love you all <3



Alexandra Troli



To all my ladies, thanks for making it such an amazing five years! Thank you mom, dad, Alicia, Adam, and especially Cara, couldn't have done it without you. FAB5 for life: too many good times. You guys were my rock, way to rock my socks. To the grads, we did it! XO



Lauren-Amy Vaupshas

Thanks to everyone at Sacred for giving me the best memories a girl could ask for. Mom and Dad, thanks for the support. Ryan, thanks for being so chill. Lunch table '07 I'll never forget all the laughs we had together. Class of '07, I love you guys!



Kia Watkins-Martin



Dad Mom Mimi Stella Mi-
la Family- I love you, thank
you so much. SK- Love
you vachesse FM, ST, AG,
CD FOOSA- I like to move
it, move it... especially with
you guys. Luck, love,
happiness & health.



Carissa Wong



"We all said that it doesn't
matter, but the truth is,
our confusion told us
how much we care."
Take Care!



Class of 2007



And so we say goodbye...

*not with sorrow or with tears,
but with laughter and joy-*

*for the times we have shared, and the memories we
have created...*



Secondary 5 Retreat

(The grade that never stops eating!!)



STRATFORD

3 days, 2 nights...6 hours away... and a whole LOT of GIRLS!



Highlight of the trip!!



Strut that stuff ladies!



Move out of the way!... I need my 15 seconds of fame!



"We say a little pray for you..."



Yours Truly, The FAB 5's



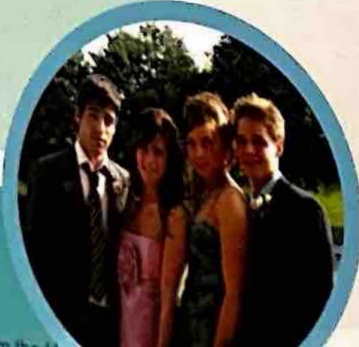
Forever, and ever,
Forever, and ever,
Together, forever,

we'll always be part
we never will part
that's how it must be
and family

But now Sacred is history

Of Sacred Heart
Oh, how we love it
We'll stay friends

PROM NIGHT



'07

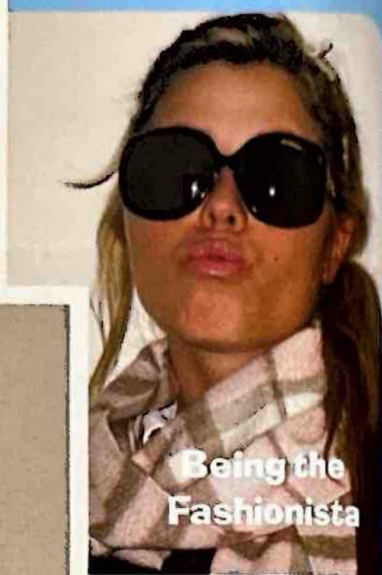




Being Class Clown



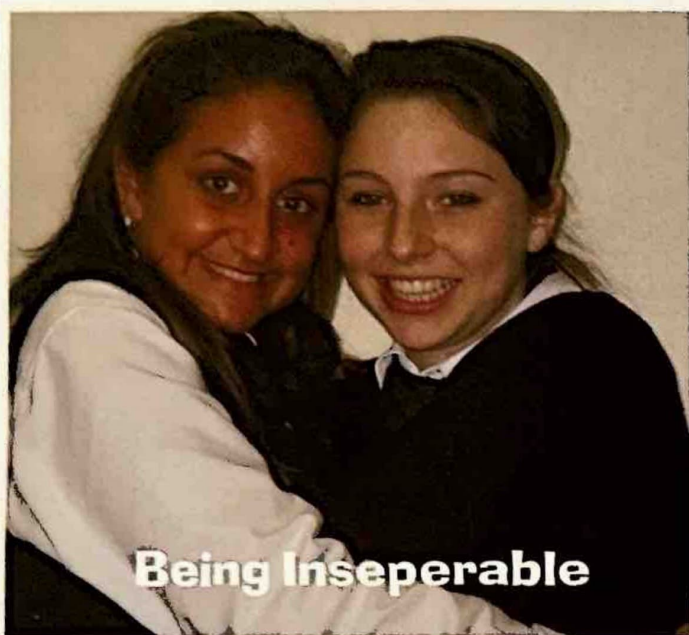
Being Athletic



Being the Fashionista



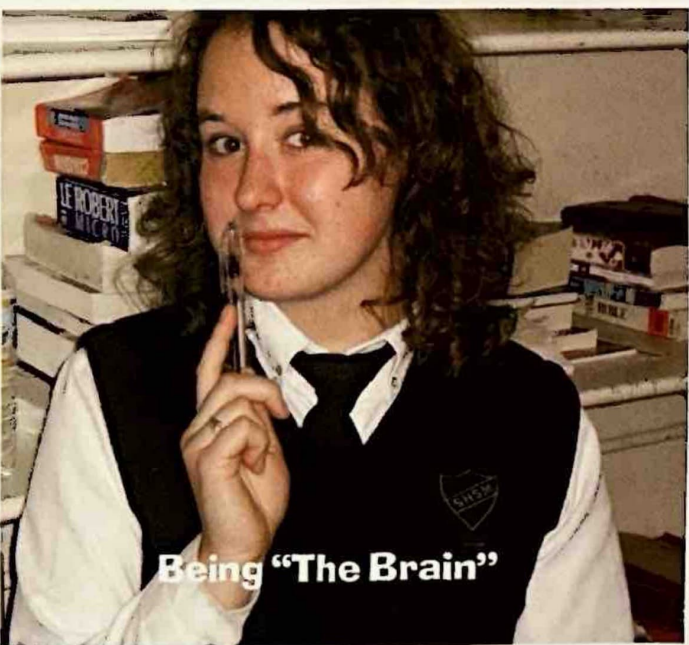
Being the Girl with "The Hair"



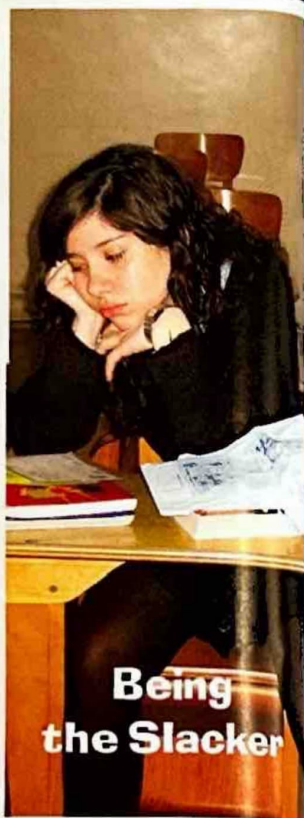
Being Inseperable



Being Teacher's Pet



Being "The Brain"



Being the Slacker



Being Miss SHSM



Being Very Smiley

MOST REMEMBERED



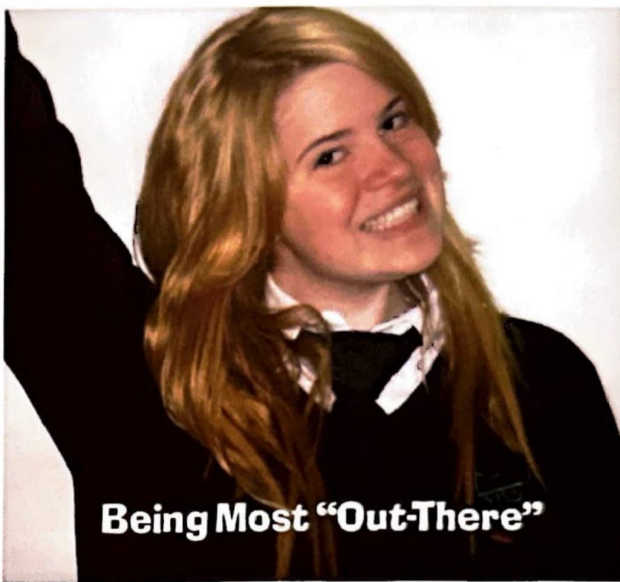
Being the
Rockstar



Being The Sleeper



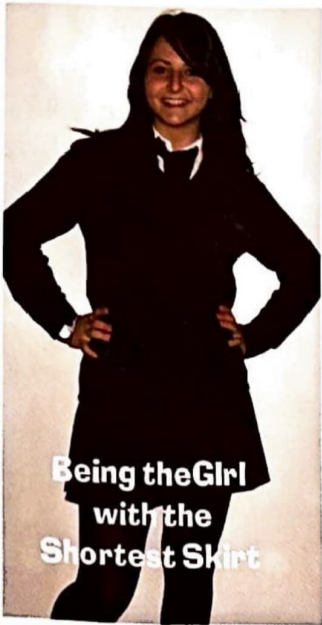
Being the
Quietest



Being Most "Out-There"



Being in
Trouble



Being theGrl
with the
Shortest Skirt



Being Most Talented



Being Most Ravishing



Being Artistic



Being the Cutest

FOR.....

Valedictory Address by Jessica Covino



Picture yourself in this situation. You are alone at the movie theatre. You are waiting in line to buy a movie ticket, the one you have heard good reviews about but you wanted to check out for yourself. Your palms are so sweaty that your ten dollar bill is sticking to it because honestly you do not know what to expect. It's kind of an adventure really. You will buy your ticket. The guy will rip it and direct you to your room. You don't know who you are going to sit next to or even if you will talk to that person. Nevertheless, you do know that there will be scenes that you will look back

on with joy and, at times, sadness. But it is a chance you are willing to take. Sound familiar? Let's rewind back to September 3, 2002. We might not have realized it then but we were all standing in line for our tickets, wondering where we would fit in. Popular girl? Sporty chick? Nerd? Teacher's pet? Loner? But it wasn't just another teen movie. It was the Sacred Heart School of Montreal's, the future, 2007 graduating class. Soon we would come to realize that there were no stereotypical characters like the Plastics. (Without being allowed to wear nail polish or lip gloss, we were really not like the Plastics.) It was the start of a family.

All of us sitting in that dark room were getting ready to take part in a comedy as well as a drama (sometimes more that we would have liked). The movie started off slowly, taking time and demanding courage. But somehow, I am really not quite sure when, we just let ourselves go. Together, we laughed at Trolol's outgoing personality and crazy dances. How can we forget our friend Borat and Francesca's imitation of him? By the end we had forged friendships that will hopefully last forever. We have shared so much. We witnessed each other's successes and failures, and when we were having a bad day, hair or otherwise, we found comfort in each other's embraces. I have never met a group of girls so different and yet so willing to put those differences aside the minute they walked through those doors. Thank you girls, the grads of '07 for making these past five years... "very nice".

Also, thank you Sacred Heart. Though there were times when at one point or another, we wished we were elsewhere, where we did not have to wear doc martins or a tie or have to follow so many rules, we stuck through it and I'm glad. Sacred Heart, you have provided us with a safe environment that allowed us to mature into strong, independent, pretty women. You supplied the setting that really became our second home. Some of us were here as early as 7:00 a.m. and as late as 6:00 p.m. Another big thank you goes to the teachers. You have proved to be the directors. Whenever we needed help with homework or just needed advice, we knew we could count on your direction. You have well prepared us to enter the world. Let's not forget our parents who, without their support we would not be sitting here right now.

As the end is nearing, we cannot help but feel that it is a bittersweet moment. Although we are looking forward to the sequel, we will miss all the episodes that went into making the first one a hit. As much as our faces will haunt these walls, all the memories that were made within these walls will haunt us. Those memories most likely include the girl sitting on either sides of you or a few rows back or ahead. Now that the time is approaching when we will hang up our uniforms, I know that you girls will be able to deal with anything that is thrown your way. Whenever you need help just send a bat signal and we will come running. The grads of 2007, you have all that it takes to make your own happily ever after.

So, after five years, far after the tickets have been ripped, I am proud to say that I am standing in front of you with the nerves that turned to laughter and the people that went from strangers to sisters. We had front row seats to all the scenes, the ones where life long memories were made. But I invite you all to take this moment in. This is it; we have reached the final scene. It is the one in the movie that makes you cry, laugh or both. So go ahead cry, laugh, but most of all remember this was this is, the graduating class of 2007. Soon the credits will roll. So Sacred Heart, consider this our thank you, our standing ovation to you. Because in the end it was all worth it.

Special Prizes

The Sacred Heart Music Award
The Sacred Heart School of Montreal Art Prize
Headmistress' Memory Book Award

Carissa Wong
Hillary Tabah
Melania Golymbiows
& Davina Loporcaro

Bruce M. Hicks Public Service Award
Sacred Heart BLC Award for English
Parent's Guild Prize for Social Studies
Sister Gertrude McNamara Memorial Prize
Norman T. Byrne Memorial Prize
Soeur Annette Archambault Memorial Prize for French Second Language
City House Foundation Bilingual Proficiency Prize
Auriol Wilkins Roper Memorial Prize for Inter-School Sports
Heather MacDougall Memorial Prize for Fine Arts
McGill Science Award for Exceptional Promise
in Science and Mathematics
Estelle Fitzgibbon Memorial Prize for Highest
Composite Average in Science
Patty Forbes Memorial Prize for Health Sciences
The Lieutenant Governor's Award for Academic
Diligence and Personal, Social and Community Involvement
Provincil Council Award for Demonstrating Compassion
and Exceptional Dedication Through Social Action
Frances Smith Memorial Prize for Significant
Contribution to the Life of the School
Governor General's Medal and Parent's Guild Award for the
Student With the Highest General Average

Jessica Covino
Elizabeth Stronach
Elizabeth Stronach
Mai Anh Nguyen
Elizabeth Stronach
Davina Loporcaro
Alana Guy
Tian Martin
Hillary Tabah
Tian Martin

Mai Anh Nguyen

Lara Artinian
Mai Anh Nguyen

Alana Guy

Marie Mc Culloch

Jessica Covino

Honour Roll Prizes:

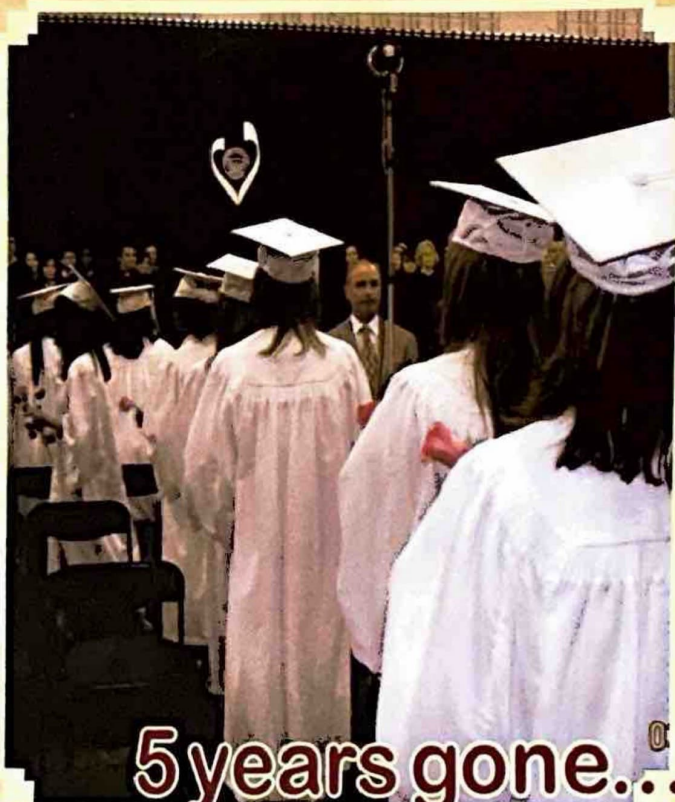
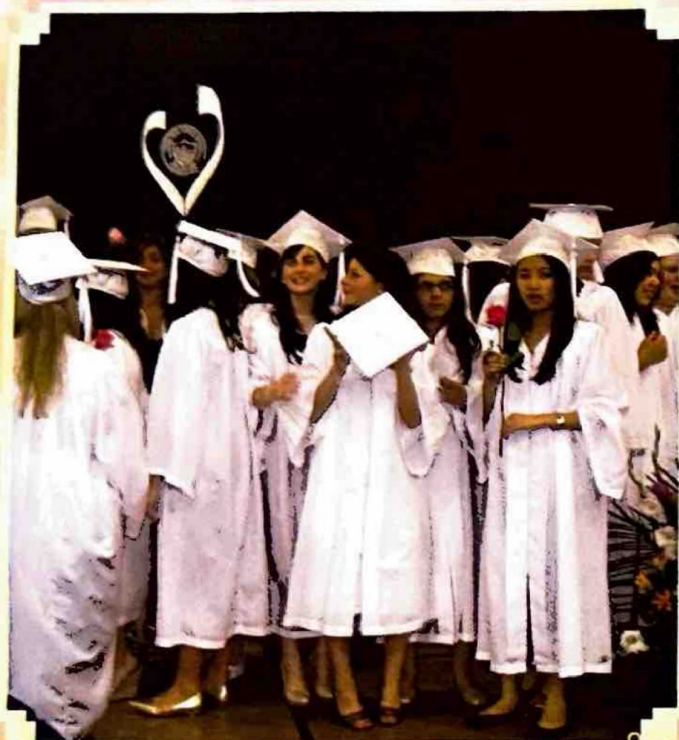
Lara Artinian Mai Anh Nguyen*
Joanna Bitharas* Julia Paniconi
Jessica Covino Elizabeth Sronach*
Caitlin DeSève* Kia Watkins-
Lea Dikranian* Martin
Tara Frem* Carissa Wong
Elise Fryml*
Ariana Ho
Andrea Latella-Duboyce
Davina Loporcaro
Viviane Lu
Cynthia Mancinelli*
Lisa Martin*

Tian Martin*

* five years honour roll



GRAD CEREMONY



**5 years gone... and now Sacred
is history!**



Shhhhhh!!
Please Be Quiet....
Activites Taking Place





beeee happy!

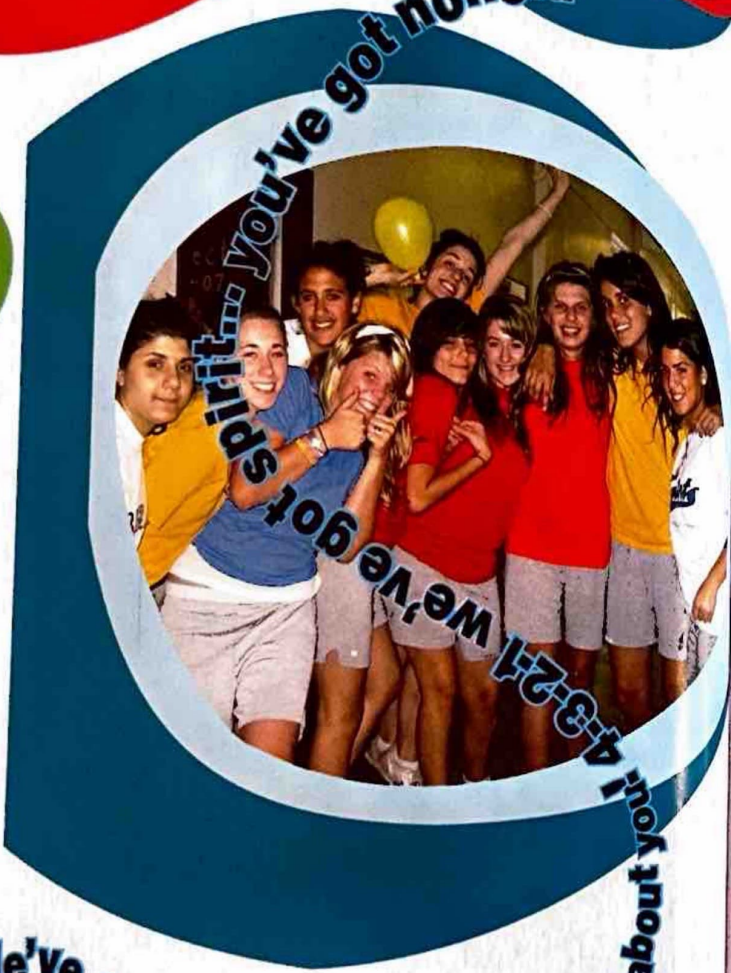
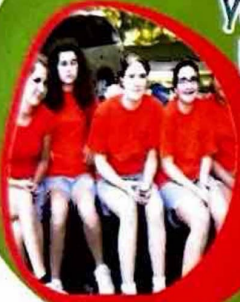


SWEEPSTAKES
SPIRIT AWARD GOES TO: S-H-E-L-D-O-N



We're RED hot!!

Don't you wish
you were like
US? We're
HARVEY!

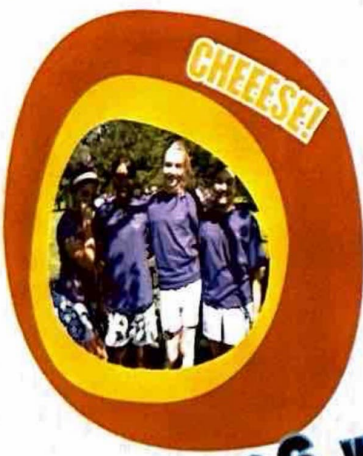


you've got none!d

we've got spirit! 4-3-2-1



COUSINS UNITE!



CHEESE!

SPORTS DAY 2006. We've got spirit yes we do, we got spirit how about you!

Sorry Digby but
duRousier came
in FIRST at
this year's
Sports
Day!



BLUE ENOUGH FOR YOU?



LADIESSSSS!

Walk the Talk

2006-2007 Girl's Walk for the Cure



Are we almost there yet?..
My legs are killing me!

2

Committee

1

Caitlin De Sève
Denise Garadjalou
Davina Loporearo
Alexandra Deutschman
Samantha
Mastromonaco



Hope. Faith. Spirit. Pink.

4

3

Final Destination...
Beaver Lake



Picture Perfect Smiles for a day of fun!

5

We're all in this together
Here's our chance to fight back, give
a shout, find a cure now!
We're all in this together
when we walk, and we march, hand
in hand,
make the dream come true!

robotics



Engineering Team



Kiosk Team



Journal Team



Video Team

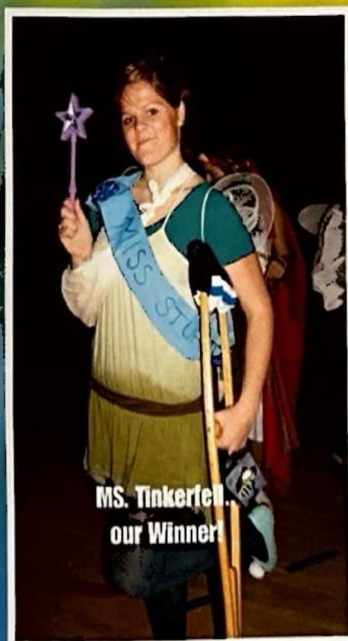
Website Team: Gersande Richer La Flèche, Grace Mac Donald & Jessica Carriero

behind the scenes



Spice up your own ficitonal character!

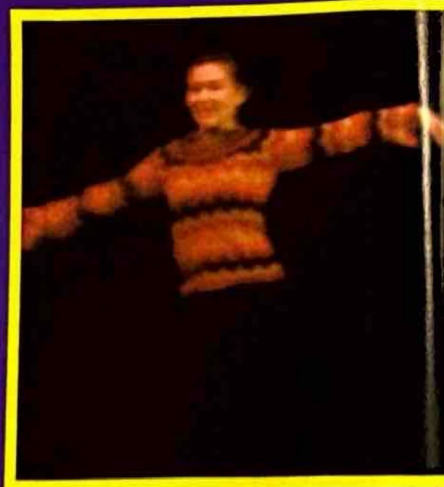
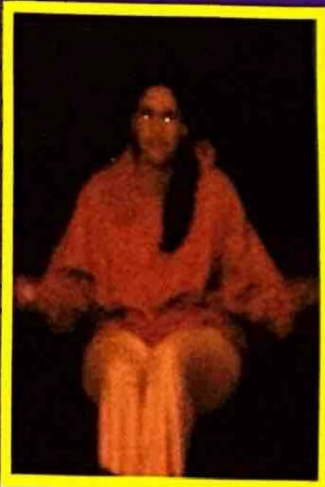
SPIRIT DAY!



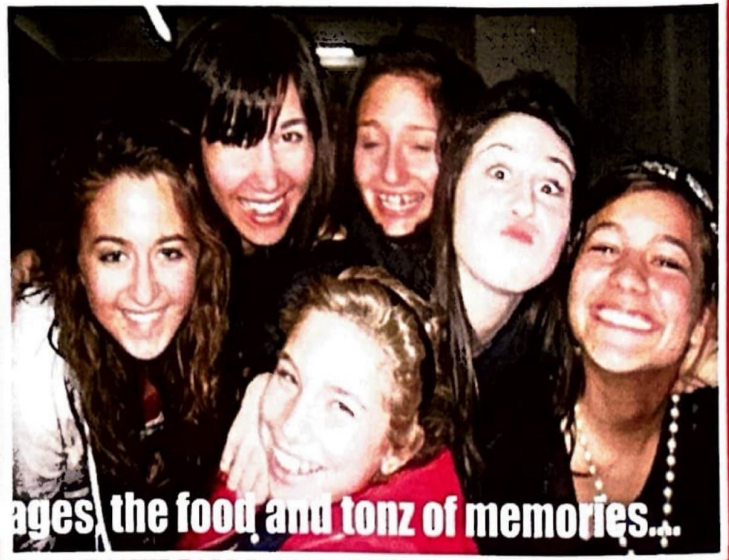
MS. Tinkertell
our Winner



DASHABUSTADD



-----ITALY '07 TRIP



The laughs, the falls, the heavy luggages, the food and tonz of memories...

BUT IT DON'T MATTER NOOOOO CUZ I GOT YOU BABE!



As you walk the halls, you hear either the bands practicing and people singing... and maybe even people trying to sing. We've filled this school with music so here's our chance to fill these pages with music

THE MUSIC PAGE

The Audience



FUN FACTS:
Did you know...

that most toilets flush in E flat!

The Surprise:
Mr. Fillion surprised us all by making a special appearance with his band:



Pas Chic-Chic

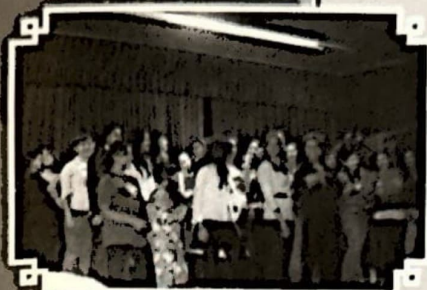
The shortest national anthem is the Japanese national anthem, which is only four lines long. The longest is the Greek national anthem, which is 158 verses long!



IT'S CHRISTMAS TIME ...

CHRISTMAS WISHES

Starring
none other than
Sacred's finest,
with the help
of the back-
stage crew, and of
course Ms. Arella
& Mr. Beauvais



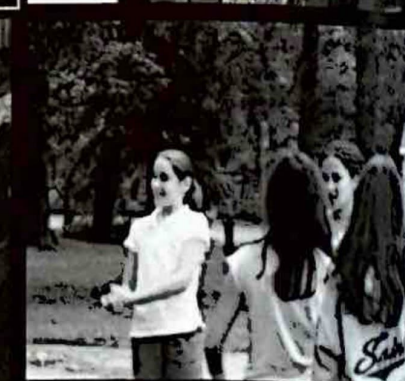
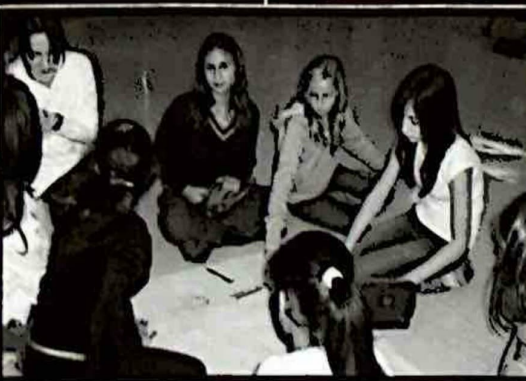
CHRISTMAS CONCERT



" Oh the
weather outside
is frightful,
But the fire is so
delightful,
But since we've no place to
go let it snow, let it snow,
let it snow!"



RETREATS



SECONDARY 9-12



SPORTS



SPORTS



GMAA Bantam Soccer

Kristina Bucci, Sara-Chanel Del Papa, Morgana Clarke, Megan Coleman, Krystin Coughlin, Kimberly Fontes, Amanda Jeanson, Claudia Lucente, Gabriella Michetti, Clare O'Donell, Katie O'Keefe, Emily Pimental, Claudia Pulice, Joanna Santos, Chloe Sorella, Michelle Saikali

Coach: Mr. Gallo

Assistant: Mr. Reda



Private School Bantam Soccer

Andrea Abreu-Moore, Alison Barwick, Jessica Colavincenzo, Laura Delucilla, Kirsten Di Perno, Lauren Goforth, Teresa Griffin, Katherine Hayden, Amanda Hindley, Natanya Momesso, Bianca Ripolo, Soraya Sanchez-Dias, Dahlia Segal, Adrienne Silva, Cynthia Snell, Melissa Spatolisano, Stephania Trochia, Sarah Yaremko

Coach: Ms. Vaupshas



Midget Soccer

Elizabeth McDonald, Gabriela Padviskas, Sarah Segal, Alexandra Cerulli-Kanellopoulos, Samantha Côté, Lauren Farmer, Kathleen Paradis, Julie Hanna, Mélissa Walsh, Kimberly Dextras-Romagnino, Amanda Cardillo, Carina Di Tomaso, Zoé Vlogiannitis, Rebecca Catellier, Jessica Lauren Sadko

Coach: Mrs. Cummings

Assistant: Mr. Terry Vlogiannitis



Juvenile Soccer

Angela Cristiano, Chelsea Ohayon, Alessandra Arduini, Alyssa Analytis, Melissa DeRiggi, Sophia Loffreda, Kirsten Charron, Stephania Roy, Melissa Lombardi, Alexandra Troli, Emily Snell, Tiffany Piergiovanni, Caroline Colozza, Cassandra D'Ambrosio, Michelle Vokaty

Coach: Mr. Griffin

Sports

Bantam Volleyball (Division 3)

Anna Cammisano, Elena Motivans, Andrea Angelini, Paulina Aviolidis, Julia De Petrillo, Elisabeth Dimitratos, Melanie Romer, Pascale Nguyen, Cassidy Burke, Claudia Loffredo

Coach: Ms. MacCallum



Bantam Volleyball Divison 1)

Aline Asfour, Alexandra Bergeron, Sarah Beretta, Amanda Cordeiro, Elyssa Gentile, Christine Horonowitsch, Christina Kontaxis, Stephanie Rafie, Chelsea-Ann Russo, Gina Tsotas

Coach: Mr. Pagé



Midget Volleyball

Meredith Burkner, Sandrine Cassis, Kelly Guy, Emily Horonowitsch, Liezl Lee, Christina MacDougall, Tamara Morrison, Leia Pengelley, Marianne Roaldi

Coach: Ms. Neff



Juvenile Volleyball

Joanna Bitharas, Lea Dikranian, Caitlin Dixon, Alana Guy, Andrea Latella-Duboyce, Cynthia Mancinelli, Sabrina Marques, Alexandra Michailuk, Chloe-Lynn Russo

Coaches: Mr. Kousik and Ms. Antonini





Cross Country Running

Alison Barwick, Sarah Benoit, Liana Beyukian, Caroline Colozza, Bianca Cuffaro, Krystin D'Agostino, Christina Di Censo, Kayla Di Gaetano, Krysten Di Perno, Caitlin Dixon, Alexandra English, Lauren Farmer, Taylor Gormley, Claudia Lucente, Corina Micheketti, Spencer Orcutt, Jennifer Palermo, MArianne Roaldi, Stephania Roy, Jessica Sicoli, Adrienne Silva, Emily Snell, Maria Christine Sorbo-Mayrand, Cassandra Travaglini, Michelle Vokaty, Hanieh Zargham

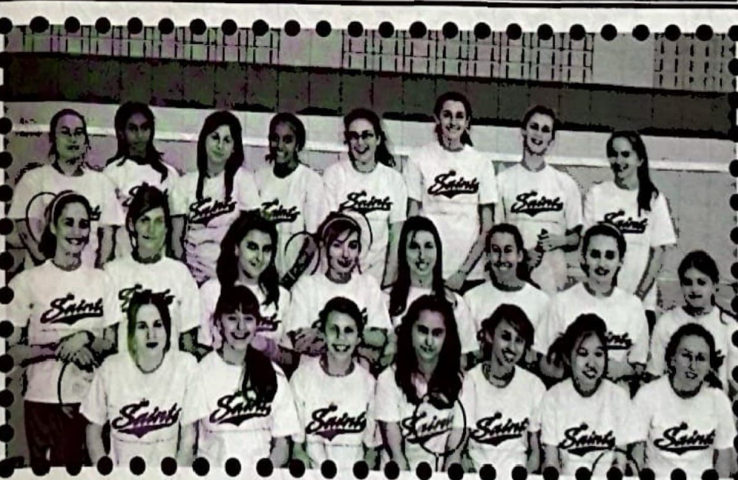
Coaches: Mme. Belfort and Mme. Talbot



Cross Country Skiing

Alison Barwick, Pauline Belliveau, Cistina DiCenso, Maria Loren Eberle, Elyzabeth Rivet Gagnon, Taylor Gormley, Laura Predan-Chauvin, Claudia Pulice, Melanie Rorner, Vyisnavy Sabaratnam

Coaches: Mme. Talbot and Mme. de Verteuil



Badminton

Bantam: Alexandra Bergeron, Lauren Goforth, Rajitha Iyadurai, Julie Jenneau-Rollin, Alexandra Laurendeau, Claudia Loffredo, Vanessa Paliotti, Stephanie Raffie, Chelsea-Ann Russo, Jessica Sicoli, Melanie Sivapalan

Midget: Garimah Chopra, Caroline Colozza, Caitlin Dixon, Kathryn Kotar, Frédérique La Forge, Tamara Morrison, Marianne Roaldi, Chloe-Lynn Russo, Vianna Yu

Juvenile: Erin Brown-Vandercruys, Jessica Covino, Emelie Fyfe, Christina MacDougall, Leia Pengelley, Gloria Nguyen, Kathleen Paradis, Stephania Roy

Coaches: Mrs. Cummings and Ms. Neeff



Swim Team

Bantam: Alison Barwick, Sarah Bottling-Provost, Victoria Brand, Kathleen Brown-Vandercruys, Elizabeth Bureau, Victoria Di Valerio, Elyzabeth Gagnon-Rivet, Lauren Goforth, Joy Kalafatidis, Pascale Nguyen, Erika Pagnotta, Sarah Reusch, Kayla Vecera, Sarah Yaremko,

Midget: Bianca Arciero, Amanda Arella, Julijana Benc, Lia Borsellino, Erin Brown-Vandercruys, Meredith Burke, Bianca Cirillo, Jesse Correia, Pauline Sasouni, Teresa Sweet

Juvenile: Alyssa Analytis

Coaches: Ms. Armstrong and Mme. Robitaille

Private School Bantam Basketball

Jenna Albanese, Sarah Benoit, Sarah Berretta, Stephanie Covella, Kathleen Di Caprio, Teresa Griffin, Amanda Jeanson, Cassandra Kouremenos, Katie O'Keefe, Vanessa Paliotti, Cynthia Snell, Martina Valentim, Luana Zapitelli

Coach: Mme. Giguere

Assistant Coach: Mme. Levesque

No Photo Available

GMAA Bantam Basketball

Andrea Abreu-Moore, Maegan Coleman, Kys-tin Coughlin, Laura Delucilla, Sara-Chanel Del Papa, Kirsten Di Perno, Elle-Megan Malon, Alexia Mitchell, Claire O'Donnell, Michelle Saikali, Joanna Santos

Coach: Mrs. Cummings

Assistant Coach: Mr. Van der Wee



Midget Basketball

Amanda Cardillo, Emilie Carron, Rebecca Cate-lie, Kimberly Dextras-Romagnino, Lauren Farmer, Fabiana Ghaleh, Vanessa Italia, Vir-ginie Lombardi-Lajoie, Elizabeth MacDonald, Gabriela Padvaiskas, Taylor Wright-Connors, Michelle Zakem

Coaches: Mr. Griffin and Ms. Maloni



Juvenile Basketball

Lara Artinian, Cassandra D'Ambrosio, Kayla Di Gaetano, Ruven Ferdinand-Peterkin, Chloe Griffin, Elizabeth Hatzihristidis, Tian Martin, Stephania roy, Michelle Vokaty

Coach: Ms. Neeff

No Photo Available



Bantam Touch Football

Andrea Abreu-Moore, Kéla Chamandy, Morgana Clarke, Megan Coleman, Krystin Coughlin, Sara-Chanel Del Papa, Laura Delucilla, Eleni Diacoumacos, Kristen Di Perno, Lauren Goforth, Alexia Mitchell, Clare O'Donnell, Vanessa Paliotti, Michelle Saikali, Melanie Sivapalan, Cynthia Snell

Coach: Mr. Reda and Mr. Gallo

Midget Touch Football

Amanda Cardillo, Rebecca Catellier, Alexandra Cerulli-Kanellopoulos, Kimberly Dextras-Romagnino, Kayla Di Gaetano, Carina Di Tomaso, Alexandra English, Lauren Farmer, Elizabeth McDonald, Alexandra Michailuk, Gabriela Padvaiskas, Kathleen Paradis, Leia Pengelley, Melissa Walsh

Coach: Ms. Neeff and Mr. Pagé

Juvenile Touch Football

Lara Artinian, Kirsten Charron, Caroline Colozza, Krystin D'Agostino, Cassandra D'Ambrosio, Lea Dikranian, Elizabeth Hatzihrstidis, Gillian Kerr, Tian Martin, Chelsea O'Hayon, Cara Orsini, Marianne Roaldi, Alex Troli, Michelle Vokaty

Coaches: Mr. Charron and Mr. Cumming

Golf

Christina DiCenso, Amanda Hindley, Bernice Law, Stephania Roy

Coach: Mr. Pagé

No Photo
Available

Sports Pages

Softball

Erin Brown Vandercruys, Catherine Brunelle, Stephanie Courey-Aboud, Victoria Di Valerio, Kayla di Gaetano, Alexandra English, Elizabeth Gagnon-Rivet, Kathryn Kotar, Frederique La Forge, Lisa Martin, Vanessa Paliotti, Christina Paolucci, Taylor Wright-Connors

Coach: Ms. Brown



Tennis

Lia Asquini, Meredith Burke, Erica Deutschman, Chloe Griffin,

Coach: Mme. Morisseau



Halo Road Race Team

Secondary I: Liana Beyukian, Allison Coull, Julia Elie-Leonard, Emily Pimentel, Kathleen Brown-Vandercruys

Secondary II: Sarah Benoit, Maria Eberle, Allison Barwick, Taylor Gormley, Luana Zappitelli, Kathleen O'Keefe, Julie Jenneau Rollin, Joy Kalafatidis, Bianca Ripolo, Clare O'Donnell, Morgana Clarke, Gabriella Michetti, Stephanie Covello, Coira Micheletti, Jessica Munro, Elyssa Gentile

Secondary III: Jessye Correia, Spencer Orcutt, Alexandra Cerulli-Kanellopoulos, Lauren Farmer, Virginia Lombardi, Julie Hanna, Elizabeth McDonald, Kimberly Dextras-Romanigno, Hanieh Zargham

Secondary IV: Caroline Colozza, Alexandra English, Chloe Peterson, Olivia Kuzyk, Alessandra Traversari, Bianca Arciero

Secondary V: Andrea Latella-Duboyce, Lea Dikranian

Coach: Mrs. Hackett



Track and Field

Outdoor: Alexandra Alchi, Amada Arella, Alison Barwick, Stephanie Christodouloupoulos, Caroline Colozza, Erin Brown-Vandercruys, Kathleen Brown-Vandercruys, Kritsina Bucci, Christina Cacesse, Jessica Colavincenzo, Sofia DiGirolamo, Caitlin Dixon, Kristina Fryml, Julie Hanna, Christina Horonowitch, Joy Kalafatidis, Marie-Helen Maris, Kathleen O'Keefe, Virgine Lombardi-Lajoie, Tian Martin, Maria-Christina Sorbo-Mayrand, Marianne Roaldi, Christina Paolucci, Kelsey-Hope Patrick, Soraya Sanchez-Dias, Georgia Tsotas, Elizabeth Rivet-Gagnon, Michelle Vokaty, Taylor Wright-Connors

Indoor: Michelle Arseneault, Krystin D'Agostino, Melissa De Riggi, Sofia Di Girolamo, Caitlin Dixon, Emily French, Kristina Fryml, Frédérique La Forge, Claudia Loffredo, Elizabeth McDonald, Vanessa Minicozzi-Capozzolo, Tian Martin Marianne Roaldi, Soraya Sanchez-Dias, Jessica Sicoli, Maria Christina Sorbo-Mayrand, Georgia Tsotas

Coach: Mme. Belfort

No Photo
Available

SHSM '07



CLUBS ... SANTO

CLUBS

Photography Club

Ashley Grace Farthing, Cassandra Giaccari,
Nadia Kanji, Rachel Dara Larocque, Morgan
Orcutt, Cara Orsini, Hilary Tabah
Advisor: Mrs. Gendron

Newspaper

Pamela Cacesse, Christina Cacesse,
Pauline Belliveau, Lia D'Abate,
Cassandra D'Ambrosio, Alexandra English,
Grace MacDonald, Gersande Richer La Flèche,
Hanieh Zargham, Despina Xanthoudakis
Advisor: Mrs. Armstrong



Art Club

Julie Hanna, Mchelle Arsenault, Sara-Chanel Del
Papa, Hillary Tabah, Grace MacDonald, Gersande
Richer-La Flèche, Vanessa Ronald, Alex Troli, Michelle
Arsenault, Elizabeth Hatziristhdis, Kirsten Charron,
Amanda DeRiggi, Melissa DeRiggi
Advisor: Mrs Gendron

Faculty Scholars

Alexandra Alacchi, Amanda Arella, Rebecc Catelier,
Alexandra Cerulli-Kanellopoulos, Morgana Clarke,
Lia D'Abate, Alessia Di Giorgio, Fabian Ghaleb, Katie
Kotar, Elizabeth MacDonald, Chelsea Thompson-
Clarke, Luana Zapitelli, Haneih Zargham
Advisor: Mr. Judson



Environment/Recycling Club

Environment Club: Olivia Kuzyck, Kaitlin Kilmar-
tin, Alexia Mitchell, Chelsea Russo
Recycling Club: All Grade 8
Advisor: Mr. Laperle



CLUBS

Model Un

Kathy Athanasopoulos, Stephanie Christodoulou-
poulos, Alessia Di Giorgio, Joanna Fragasteranakis,
Kelly Guy, Alana Guy, Emily Hornowitsch, Nadia
Kanj, Elizabeth McDonald, Morgan Orcutt,, Jennifer

Palermo, Nina toia, Hanieh Zargham

Advisors: Mr. Gallo, Mr. Reda, Mr. Beauvais



SSUNS

Catherine Brunelle, Elizabeth Stronach, Davina
Loporcaro, Gersande Riche LaFleche, Lea Dikranian,
Marie McCulloch, Emily Snell, Melanie Al-Ahmad,
Alexandra English, Karimah Rahman, Denise
Gardjalou, Staci Angelis, Lia D'Abate

Student Representative: Elizabeth Stronach

Advisor: Miss Lessey



Literary Magazine

Tara Frem, Deborah Athanasopoulos, Katherine Athanaso-
poulos, Meredith Burke, Rebecca Catellier, Camille Chacra,
Joanna Fragostefannakis, Katie Kotar, Elena Motivans,
Christina Paolucci, Cynthia Snell, Gina Tsotas, Jessica
Bindra, Lea Dikranian,

Marie McCulloch, Grace MacDonald, Lisa Martin, Gersande
Richer-Laflèche, Vanessa Ronald

Student Representative: Tara Frem

Advisor: Mrs. Armstrong



Musical CLUBS



Concert Band

Flutes: Lisa Alinauskas, Amanda Arella, tian Martin, Anna Frances Meyer, Julia Panniconi
Clarinets: Sofia Afonso, alyssa Baldoni, Julie Cruvellier, Caitlin dixon, Kristina Fryml, Viviane Luu, Elena Motivans, Gloria Nguyen, Christina Rafie
Saxophones: Fabianna Ghaleb, Larysa Golymbiowsky, Ariana ho, Jessica Lauren Sadko
Trumpets: Alex Alacchi, Erin-Brown Vanderccruys, Angelika Delormier, Michelle Vokaty
Trombones: Kathleen Brown-Vandercruys, Esme Toussaint, Vianna Yu
Baritones: Sophia Loffreda, Natsha Vitale
Tubas: Lia D'Abate, Alexandra Lewyckj
Percussion: Joy Klafatidas, Michell Zakem
Advisor: Ms. Walsh



Junior Band

Lisa Alinauskas, Sarah Attardo, Alison Barwick, Pauline Belliveau, Kristina Bucci, Jessica Colavincenzo, Amanda Cordeiro, Stéphanie Covello, Marlena D'Ambrosio, Genoveva Diaz Alvarez de Toledo, Angela Di Benedetto, Maria Loren Eberle, Kristina Fryml, Joy Kalafatidis, Caitlin Kilmartin, Christina Kontaxis, Cassandra Kouremenos, Maria Kyres, Taylor Gormely, Julie Jenneau-Rollin, Natasha La Rosa, Vanessa Liakopoulos, Anna Frances Meyer, Gabriella Michetti, Corina Micheletti, Alexia Mitchell, Jessica Munro, Kelsey-Hope Patrick, Kathleen O'Keefe, Claudia Pulice, Mélina Randisi, Chelsea Russo, Michelle Saikali, Mélissa Spatolisano, Esme Toussaint, Gerogia Tsotas, Natsha Vitale

Advisor: Ms. Walsh



Jazz Band

Joanna Bitharas, Chelsea Brossard, Caitlin De Séve, Sofia Di Girolamo, Jessica Deer, Ruven Ferdinand-Peterkin, Rosa Lee, Amanda Lee Philips, Lisa Martin, Leia Pengelley, Valentine Ostaszewski, Marianne Roaldi, Chloe Russo, Elizabeth Stronach, Carissa Wong

Advisor: Ms. Walsh

Musical CLUBS



Liturgical Choir

Lisa Alinauskas, Krystina Fryml, Teresa Griffin, Julie Jenneau-Rollin, Jessica Munroe, Claudia Pulice, Chelsea-Ann Russo, Natasha Vitale, Pamela Cacesse, Caroline Colozza, Lia D'Abate, Brooke Deer, Jessica Deer, Sofia Di Girolamo, Rosa Lee, Cynthia Mancinelli, Amanda Lee Phillips, Marianne Roaldi, Chloe-Lynn Russo, Carissa Wong
 Advisor: Ms. Martel and Ms. Walsh



Vocal Ensemble

Sarah Attardo, Samantha Backman, Kerry-Blake Savery, Pamela Cacesse, Jessica Carriero, Madelyn Coull, Lia D'Abate, Victoria Di Valerio, Ashley Farthing, Ruven Ferdinand-Peterkin, Cassandra Kouremenos, Ashley Lanni, Grace MacDonald, Cynthia Mancinelli, Anna-Frances Meyer, Valentine Oztaszewski, Vanessa Paliotti, Chloe-Lynn Russo, Cassandra Travalgini, Carissa Wong
 Advisor: Ms. Martel

CLUBS



Yoga Club

Junior Yoga: Aline Asfour, Deborah Athanasopoulos, Katherine Athanasopoulos, Gabrielle Bucaya, Elizabeth Bureau, Cassidy Burke, Julia De Petrillo, Elyssa Gentile, Christine Horonowitsch, Claudia Lucente, Elie Manousakis, Caitlin Martin, Claire Messenger, Talia Paquin, Bianca Ripolo, Paulina Salviolidis, Despina Xanthoudakis

Senior Yoga: Katharine Athanasopoulos, Camille Chacra, Garima Chopra, Emily Horonowitsch, Keira Kilmartin, Caitlin Martin, Spencer Orcutt, Morgan Orcutt, Jennifer Palermo, Christina Paolucci, Alessandra Traversari, Alex Uva

Advisor: Mrs. MacNamara, Mrs. MacCallum, Ms. Lessey

Book Club

Keira Kilmartin, Frederique LaForge, Yukiko Evoy, Erica Deutschman, Rachel Larocque, Alessia Di Giorgio, Lia Asquini, Amanda Arella

Advisor: Mrs. Armstrong



Debating

Jessica Bindra, Pamela Cacesse, Christina Cacesse, Lia D'Abate, Karimah Rahman, Emily French, Krystin D'Agostino, Kenzia Araujo

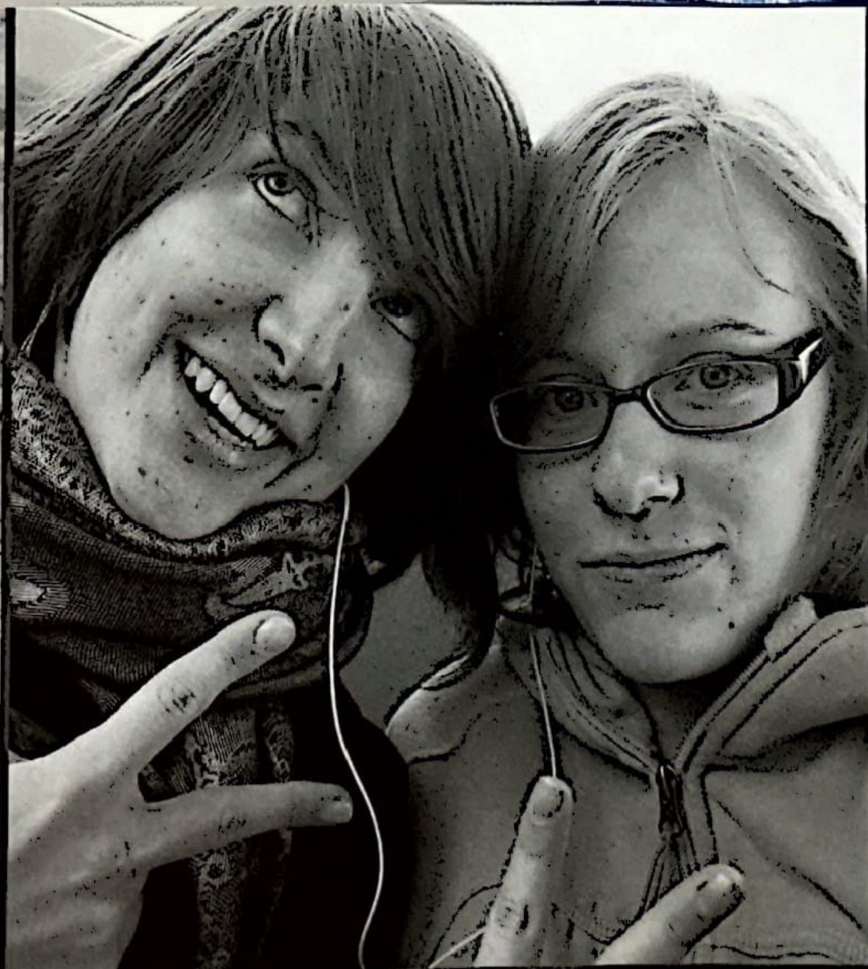
Advisor: Ms. Melvor





STUDENT EXCHANGE

”



Gillian Kerr-
Nantes, France

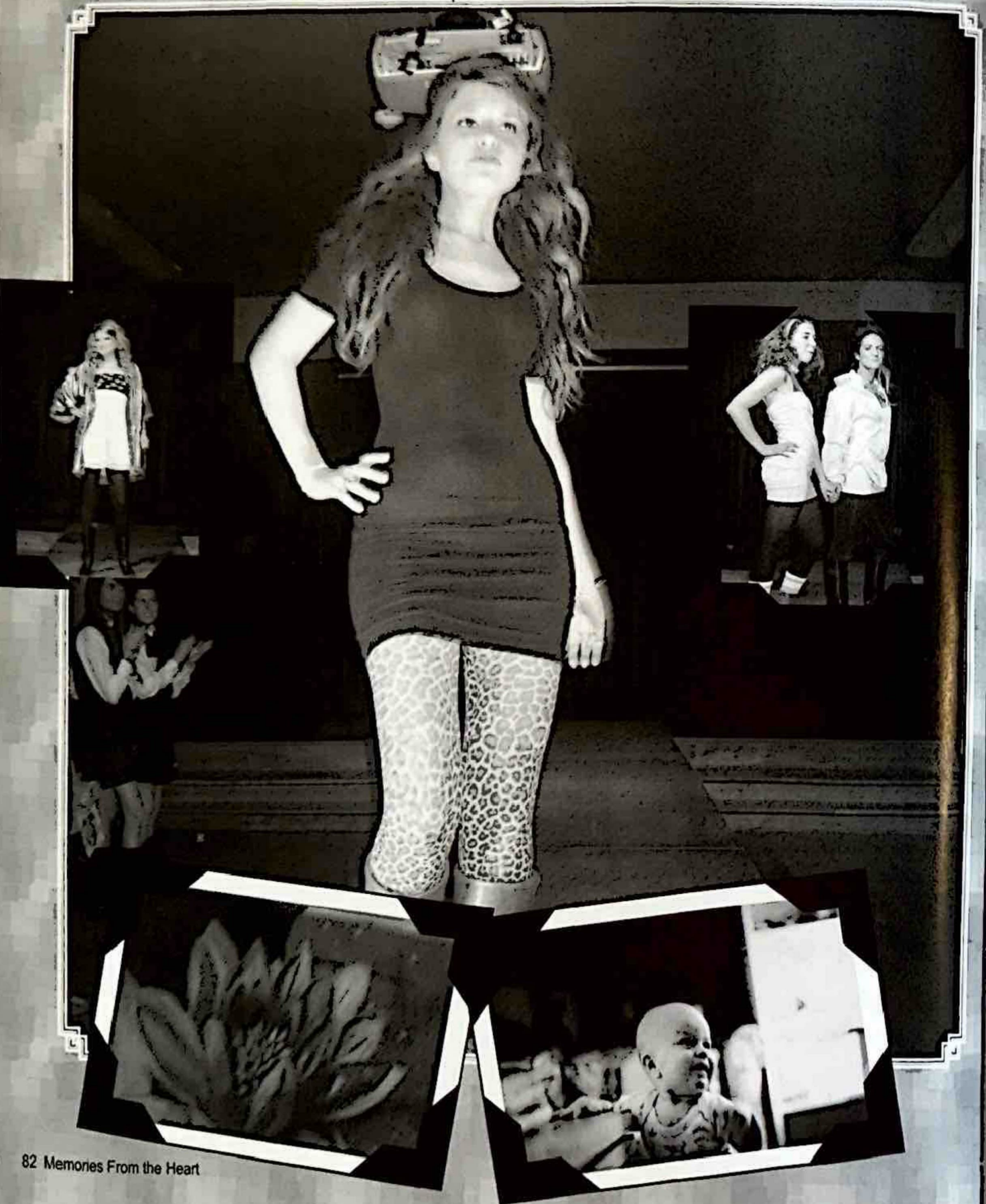
Elise Fryml-
Brussels,
Belgium



Samantha
Mastromonaco-
Tunbridge-
wells, England



Les Arts Sa



cred Style



ARTS FESTIVAL



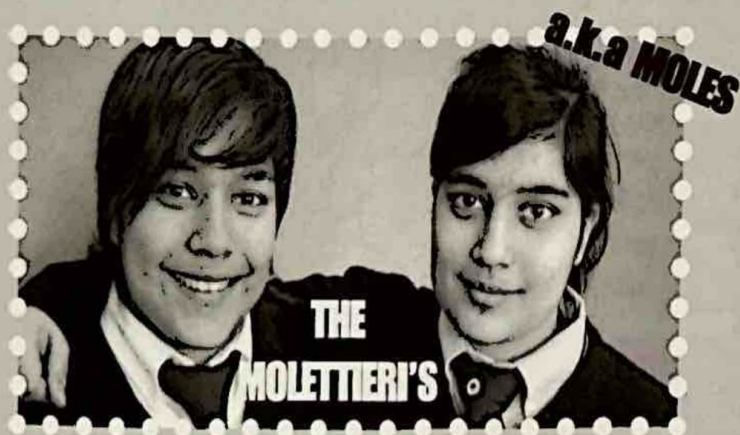
Drama Production

You're A Good Man, charlie Brown



SEEING DOUBLE SEEING DOUBLE

One plus
one is two
and that
comes out
to the both
of you!



**"I smile because
you're my sister...
I laugh because
there's nothing you
can do about it!"**

THE GRIFFIN'S



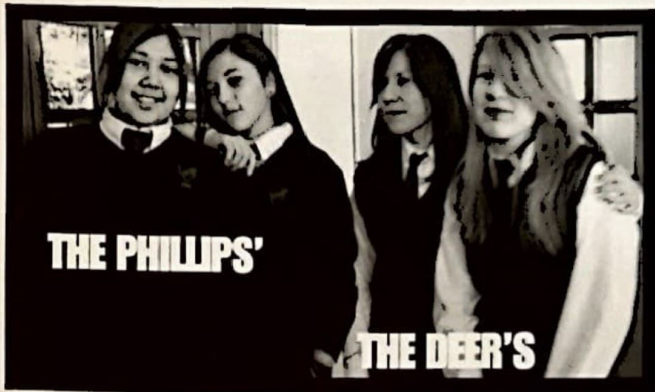
SISTERS AT THE HEART

**THE
ALACCHI'S**



THE PHILLIPS'

THE DEER'S



**THE
BROWN-
VANDER-
CRUYS'S**



THE HINDLEY'S

THE RUSSO'S

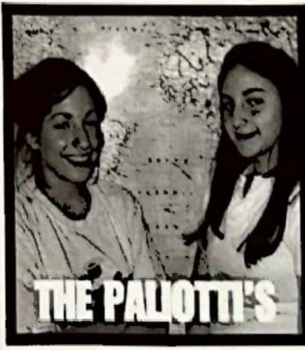


**THE
DEUTSCHMAN'S**



THE DE LAURI'S

THE PALIOTTI'S

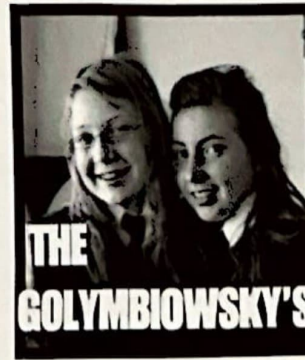


THE GUY'S



THE SNELL'S

**THE
GOLYMBIOWSKY'S**



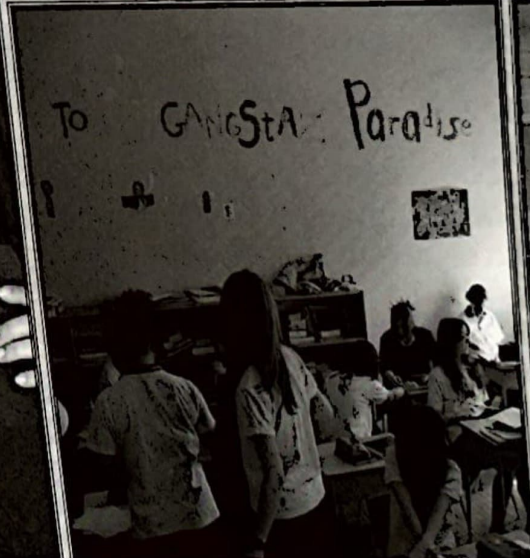
SHSM

WSHS



SHSM

LADIES



LADIES

LADIES

BLAST FROM THE PAST


GRADS OF 2007 ••• GRADS OF 2007

It's been a whirlwind of five years, with an innumerable amount of ups and downs! Who would have ever thought though that the end has finally come! Shocker, eh?!? Some of us met and have become amazing friends through Sacred, and some of us have known each other our entire lives. So here is an ode to the ups, the downs, the friendships and memories shared together as the graduating class of 2007!

“You have brains in your head. You have feet in your shoes. You can steer yourself in any direction you choose. You're on your own. And you know what you know. You are the guy who'll decide where to go.”

-Dr Seuss



• Peace Love & Sacred 

Most likely to ...

Gabrielle A.: Most likely to say "what?" at her own wedding because she doesn't understand the vows.

Mélanie A.: Most likely to stalk a man fifteen years older than her all the way to France, and end up marrying him.

Allyssa A.: Most likely to steal Taylor Hanson's wife's identity just so she could get a V.I.P pass to his life.

Michelle A.: Most likely to be a biologist.

Lara A.: Most likely to be a spokesperson for lactose-intolerant people.

Valérie B.: Most likely to trip over a cone.

Johanna B.: Most likely to live a fabulous life as a supermodel, be rich, and marry a hot hockey player.

Catherine B.: Most likely to name her first dog Jack and her second dog Daniel.

Olivia C.: Most likely to live the O.C life and spend all of her free time watching MTV.

Jessica Ca.: Most likely to inject herself with cat genes and become history's cutest super hero.

Kirsten C.: Most likely to become a professional skier and bruise every part of her body...twice.

Christina C.: Most likely to marry a Greek heir, max out his credit card and be mad she can't get the Channel glasses she wants.

Madelyn C.: Most likely to skip cegep in order to spend a whole two years playing Sims.

Jessica Co.: Most likely to trip down the aisle and laugh at the groom.

Krystin D.: Most likely to move back to R.D.P., have ten children and enter all of them in beauty pageants.

Giuseppina D.: Most likely to trip on her wedding dress, and walk out because her fiancé didn't come help her.

Jessica D.: Most likely to be too lazy to write a "most likely to..."

Amanda D.: Most likely to get married to a sexy man, have ten kids, take care very good of them and name them Ying, Pong and Chang.

Melissa D.: Most likely to sneak out of a maximum security holding cell.

Caitlin D.: Most likely to be saved by Jesus and become a nun.

Alexandra D.: Most likely to stroll down fifth avenue, coffee and danish in hand staring into the window at Tiffany's at 6:00am ..with Marie.

Lea D.: Most likely to convince the world that Armenia is an actual country while starring in her own reality show "Little Lea, Big World".

Claire F.: Most likely attend Notre Dame...accepted or not.

Ruveneko F-P.: Most likely to become an old widowed dog lady.

Tara F.: Most likely to inspire a healthy revolution with her hall-walking and wholesome eating habits.

Emily F.: Most likely to get so excited for her wedding day, and forget to go.

Elise F.: Most likely to pack a suitcase full of candy and be on a constant sugar high while living in Belgium.

Alessandra G.: Most likely to discuss every aspect of her personal life on Oprah only to take over the entire talk show.

Melania G.: Most likely to party for the rest of her life while converting everyone to Ukrainianism.

Mercedes G.: Most likely to become Ms. Del Torto.

Alana G.: Most likely to have a juicy couture wedding dress.

Elizabeth H.: Most likely to take over the candle business, marry a beautiful Greek boy, and max out Yianni&Kiki's visa.

Ariana H.: Most likely to be the next Asian gangsta.

Vanessa J-R.: Most likely to become Chief Explosive Engineer for secret services because she is bored.

Stéphanie K.: Most likely to burst someone's eardrum while "whispering".

Gillian K.: Most likely to become a born-again Christian.

Chloé L.: Most likely to be late to her own wedding.

Andrea L-D.:Most likely to become a comedian...NOT!!

Tanya L.:Most likely to bring a book to her funeral, then get up, and dance.

Sophia L.:Most likely to star in the next "Buns of Steel" video...which will, of course, be filmed by Emily Snell.

Melissa L.:Most likely to get drunk off of flavoured water claiming it was a wine cooler.

Davina L.:Most likely to go bald after all those years of hair twirling!

Viviane L.:Most likely to pass out from eating too much.

Grace M.:Most likely to quit her job as the Dread Pirate Zero and elope, but only to confuse everyone who knows her.

Cynthia M.:Most likely to spend her whole life smiling and only shedding a tear when she realizes her face is frozen that way.

Daniela M.:Most likely to sleep her way through school and still manage to become the best marine biologist business woman, and all her other dreams she had.

Francesca M.:Most likely to die of laughter at someone's funeral.

Amanda M.:Most likely to become a forensic anthropologist and marry a James Marsters look-a-like.

Sabrina M.:Most likely to become a world famous photographer then quit to perfect her myspace pose.

Lisa M.:Most likely to sleep through all her classes in cegep yet still manage to get 90% but give up and become a saxophone playing hobo.

Tian M.:Most likely to become the next Christina Yang.

Marie M.:Most likely to stroll down the Champs-Élysées with une baguette et un espresso in hand, staring into the window of the Christian Louboutin boutique...with Alex!

Alexandra M.:Most likely to be poor but make her money by solving people's math problems.

Daniela M.:Most likely to move to Italy and become a rockstar.

Gloria N.:Most likely to become obese by the age of twenty-five from eating Nutella and watching Passions all day.

Mai N.:Most likely to spend the rest of her life looking for gold, high heel, peep toe shoes.

Cara O.:Most likely to overdose on imaginary medication for her imaginary illnesses.

Valentine O.:Most likely to move out of North America.

Vanessa P.:Most likely to win Miss Universe and fall flat on her face when going to accept her award.

Julia P.:Most likely to go beyond the magical galaxy with her mind while trying to crump.

Amanda L.P.:Most likely to beat someone up in Wal-Mart because they took the last Carrie Underwood CD.

Josie P.:Most likely hand out Purel bottles and a Grease DVD as wedding favors.

Sonia P.:Most likely to own all the McDonalds, live for the rest of her life in her jogging pants and never come out of her house.

Kristina R.:Most likely to move to Club Med, marry G.O. and become the first female head chief.

Gersande R.:Most likely to FLEE!

Stephanie R.:Most likely to live in the Bahamas, inherit a billion dollar empire, own the world and shop until she literally drops while singing "Ain't nothin but a G thang baby, it's a G thang".

Emily S.:Most likely to invent an allergy medication called "If it doesn't kill you, it'll make you stronger", so that she can eat her Nutella in peace with Sophia.

Elizabeth S.:Most likely to publish her own dictionary.

Hillary T.:Most likely to move to Venezuela, marry a man shorter than her, and name her baby Gerardo Jorge.

Sheena T.:Most likely to drown in her own spit!

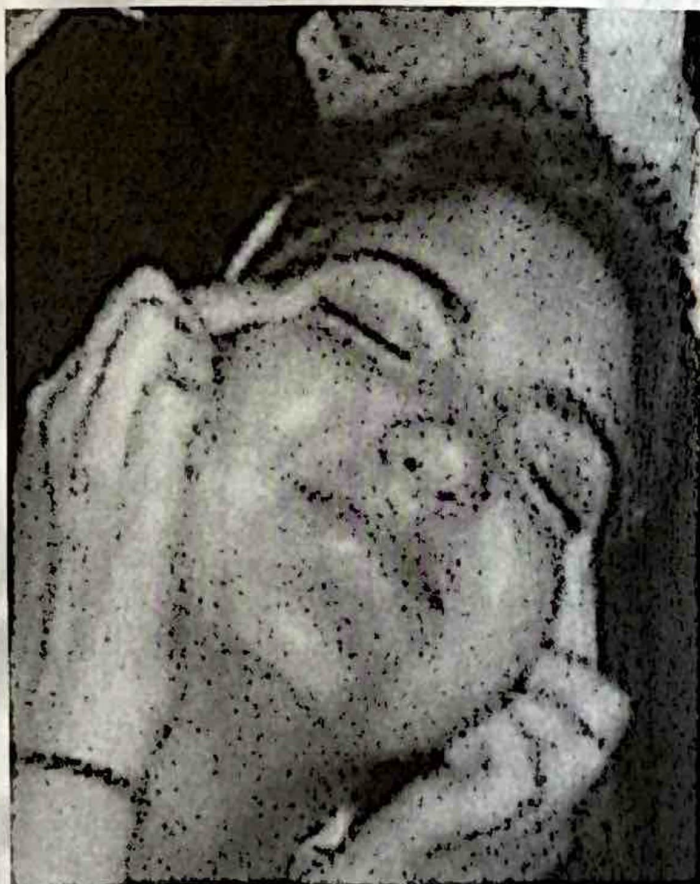
Alexandra T.:Most likely to go to jail...and eat her way out.

Lauren V.:Most likely to live Britney Spears' life; marry, have kids, divorce, check into rehab, and then shave her head.

Kia W-M.:Most likely to take over Ms. Del Torto's job when she retires.

Carissa W.:Most likely to be the next Fung or Miller.

Last Day of Class



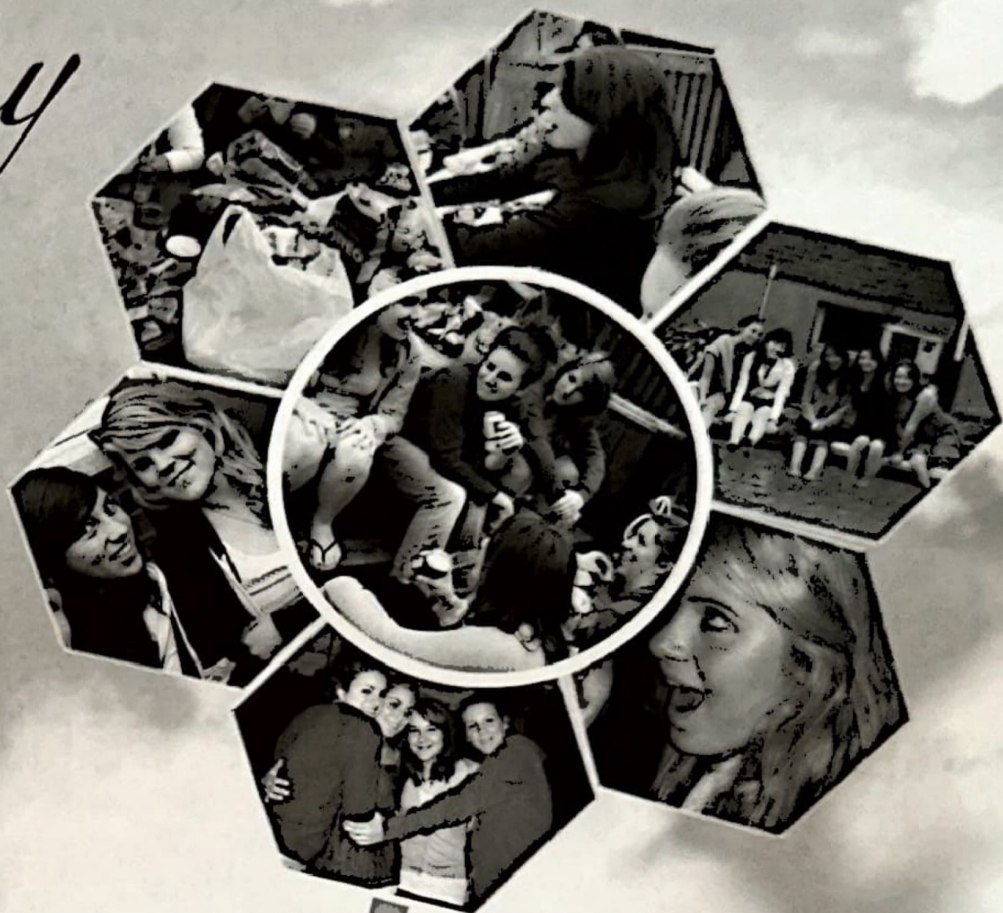
Day

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PROM!



A Special Note from your Editors:

Secondary 1- Get set for a whirl wind of 4 years ahead!

Secondary II- Don't forget what really matters, especially since you are soon to be seniors!

Secondary III- Be true; be you!

Secondary IV- The graduating class of 2008! Enjoy it because these are the last times you will spend together at Sacred!

**Everybody could use a
helping hand.**



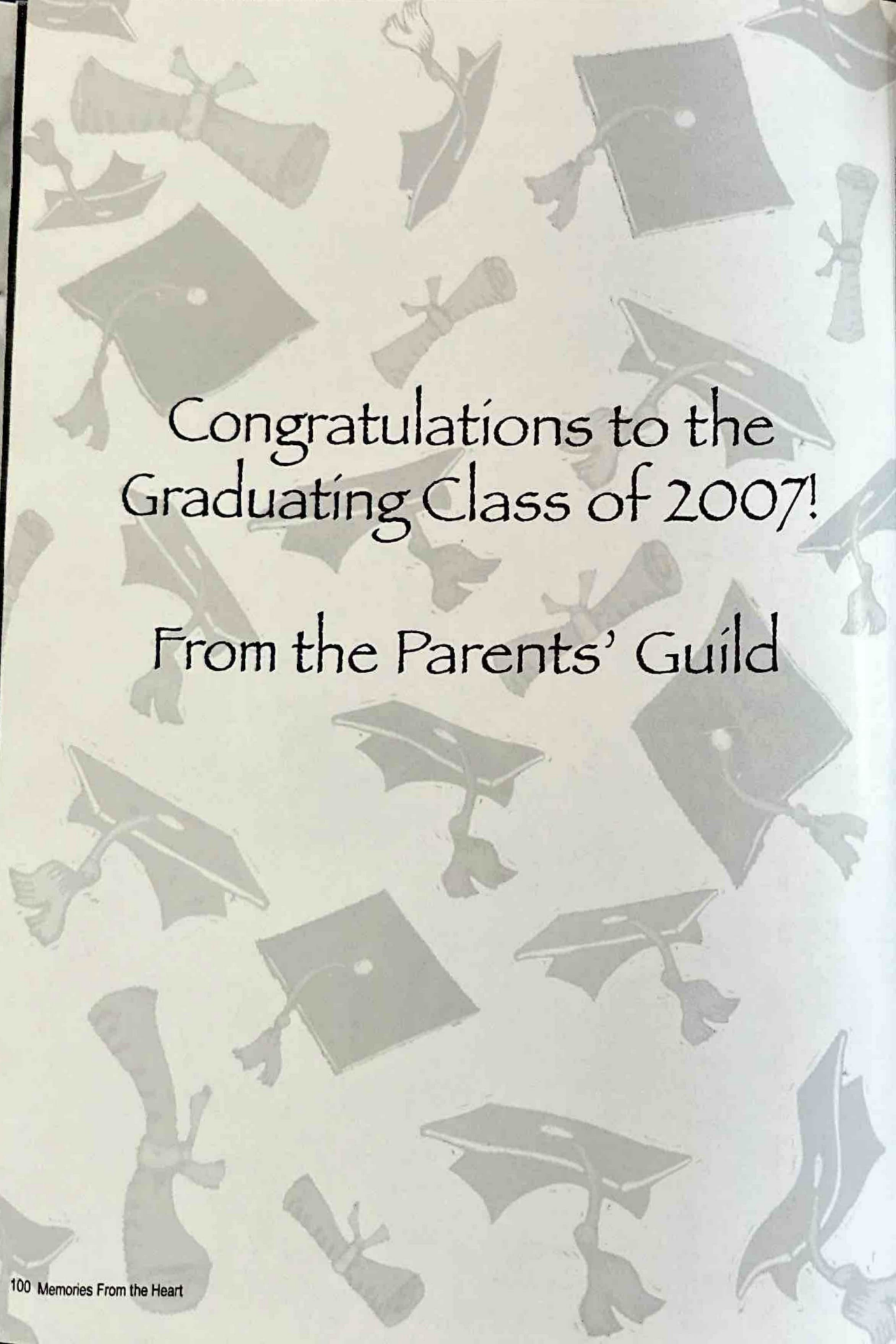
**Special thanks to all who
helped us this year.**



Congratulation



ns Class of '07

The background of the page is a light cream color, decorated with a repeating pattern of dark green graduation caps and rolled-up diplomas. The caps are shown from various angles, some with their tassels hanging down. The diplomas are tied with ribbons and also appear in different orientations. The text is centered in the upper half of the page.

Congratulations to the
Graduating Class of 2007!

From the Parents' Guild

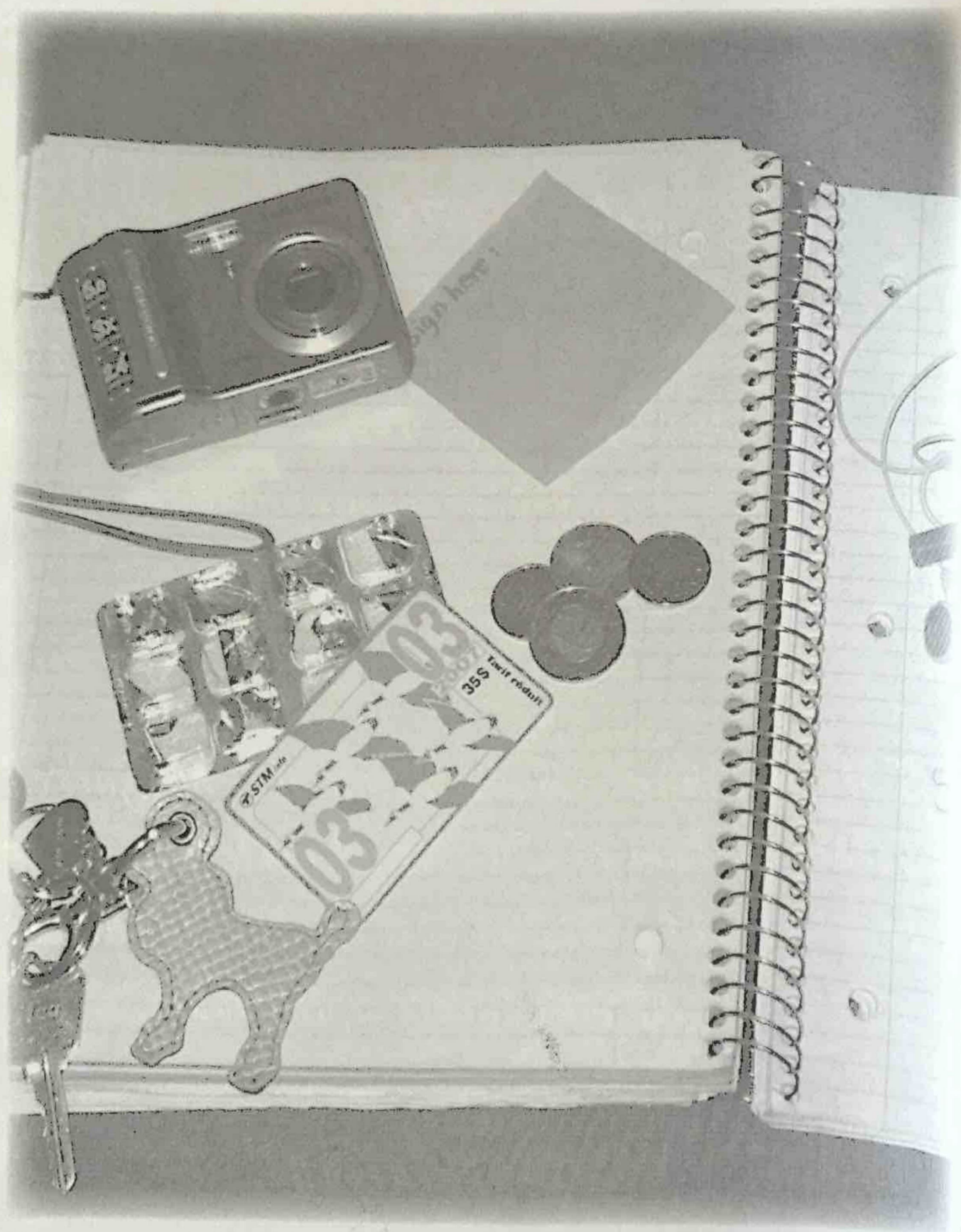
*To the 146th
graduating Class*

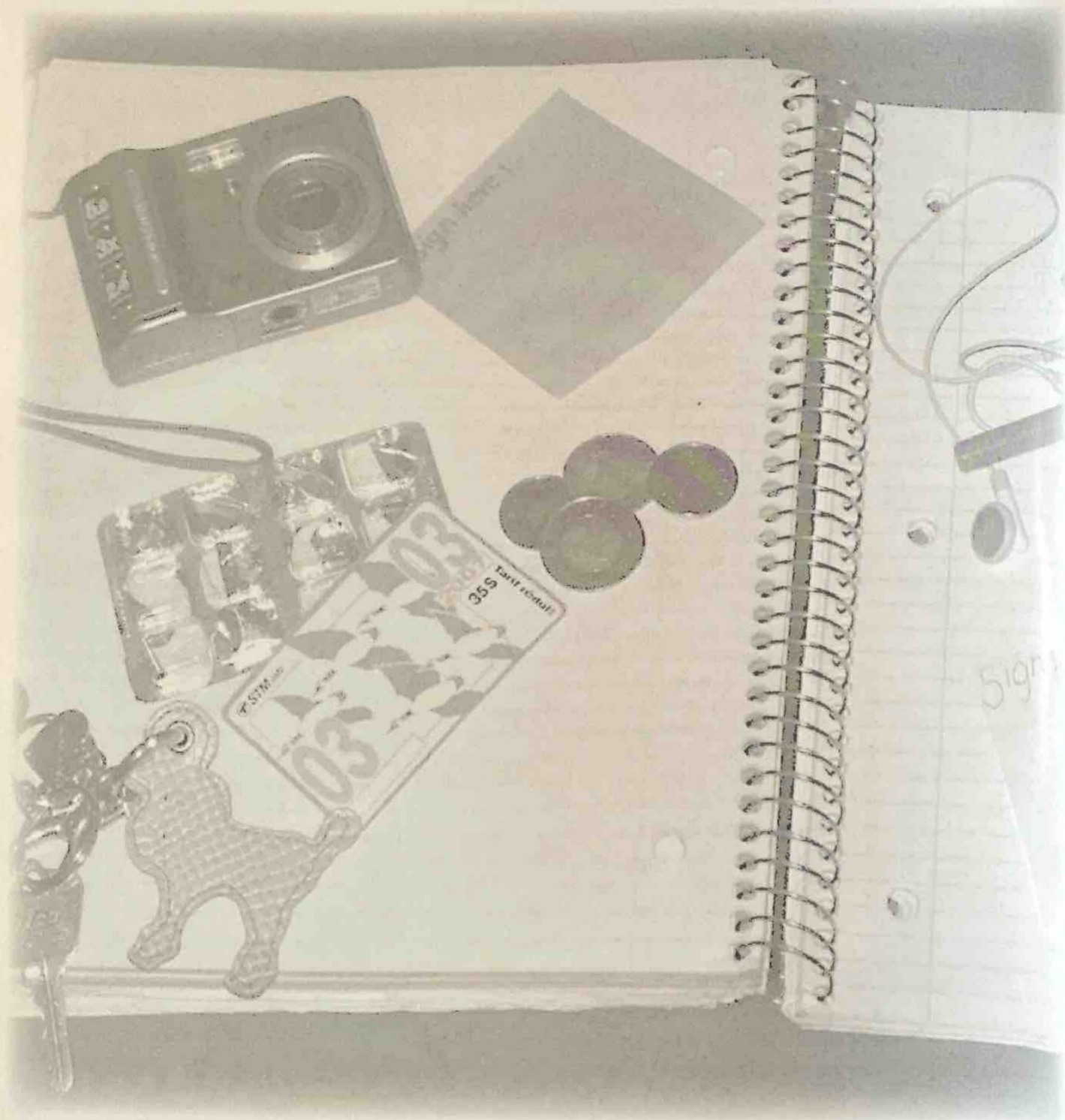
*As you leave here, you now enter a new phase
of your life with Sacred Heart---
as our most recent alumnae.*

Class of 2007

*The Alumnae Association of The Sacred
Heart School of Montreal offers you our
heartfelt support and best wishes for success
in all of your future endeavours.*

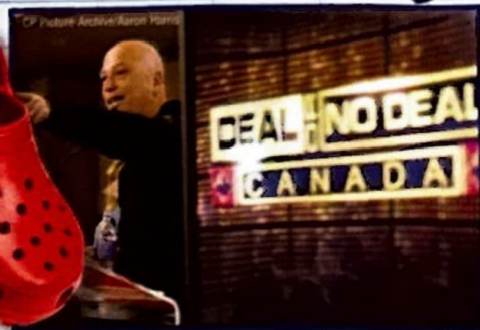
Congratulations!





2006-2007

{World[®]Beat}



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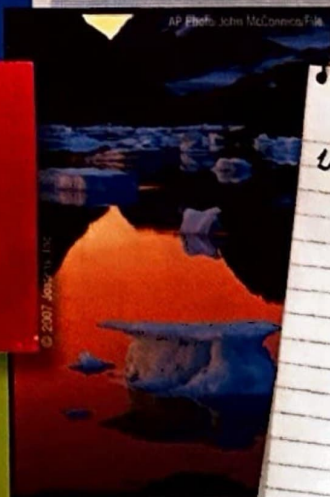
You TubeTM

Broad



getty images

DO
THE
(RED)
THING



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Look inside for:

- Front Page/Headlines
- Global/Sci-Tech
- Trends
- Lifestyle/Entertainment
- Movies/Television
- Music
- Sports
- Faces



AP Photo/LM Otero

{Front Page Headlines}



▲ Newsrooms from around the country select The Canadian Soldier as Newsmaker of the Year. The number of Canadian soldiers who have served in Afghanistan is fast approaching 10,000. As of January 2007, 44 Canadian soldiers have been killed there since 2002.

► With the rapid melting of polar ice caps, a season of alarming tropical storms and record-breaking heat waves, global warming becomes a present-day global emergency.

Global warming



► Police vehicles block off an area in Sheddon, Ontario where eight men linked to the Bandido motorcycle club were found dead on April 8, 2006. Eight people have been charged and security is tight as the trial begins in London, Ontario.

Biker massacre in Ontario

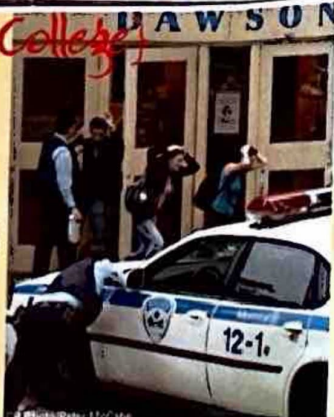


Google™

▲ The Internet search giant Google pays \$1.65 billion for the wildly popular YouTube video-sharing service.

{Dawson College}

► Police evacuate students during a shooting incident at Dawson College in Montreal on September 13, 2006. The deadly exchange took the life of one young woman, injured 19 students and ended with the gunman taking his own life.



{Fifth anniversary}

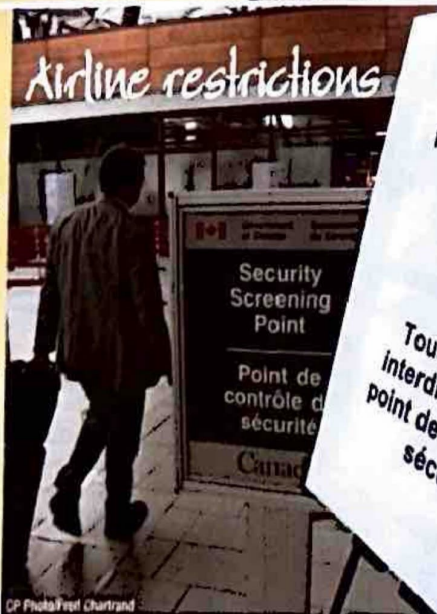
9/11



▲ Wednesday, September 11, 2006 marked the fifth anniversary of 9/11. The names of 24 Canadians who perished in the attacks were solemnly read aloud as mourners gathered and honoured them with moments of silence.

► Canadian travelers at airports faced heightened security after authorities foiled a terrorist plot to blow up aircraft headed to the U.S. from the United Kingdom, resulting in restrictions on liquids, aerosols and gels.

Airline restrictions



All liquids prohibited by the security checkpoint

Tout liquide est interdit au-delà du point de contrôle de sécurité.



Travel advisory?

- Hundreds of mourners pay their respects to 19-year-old Adam DePrisco of Woodbridge, Ontario who died in January while on vacation in Acapulco. A string of incidents involving Canadian tourists in Mexico has prompted calls for the Canadian government to issue a travel advisory but Foreign Affairs has to-date only issued a travel report.

(PRODUCT) RED

(RED) brands in 2006

American Express

Apple

Converse

Emporio Armani

Gap

Motorola



Stephane Dion elected

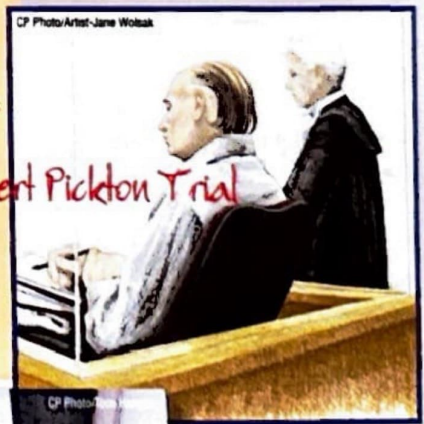
- Stephane Dion celebrates his victory as the new leader of the Liberal Party of Canada on December 2, 2006 in Montreal.

- Bobby Shriver and U2's Bono launch the stylish (PRODUCT) RED initiative to raise money for The Global Fund to Fight AIDS, Tuberculosis and Malaria in Africa.



- The Canadian Food Inspection Agency advised consumers not to eat bagged spinach from the U.S. Although Canada did not report any fatalities, three deaths in the U.S. were attributed to deadly E. coli bacteria.

- The first trial begins for B.C. pig farmer and accused serial killer Robert Pickton, charged with the murders of 26 women from Vancouver's Downtown Eastside.

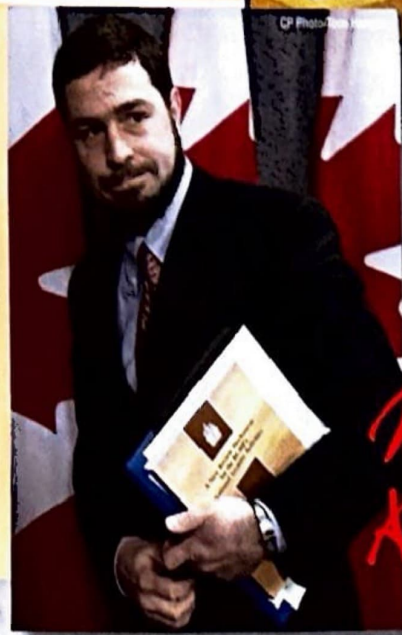


Robert Pickton Trial

- Strong winds gusting up to 115 km/hour felled trees, damaged homes and left over 250,000 people without power on the south coast of British Columbia in December. In Manitoba, temperatures in February dipped to -50 degrees Celsius with the wind chill.



Wild weather



- Maher Arar receives an apology from Prime Minister Stephen Harper and a \$10.5 million settlement on January 26, 2007. Arar, a Canadian engineer born in Syria, was wrongfully deported back to Syria in 2002 where he was imprisoned and tortured.

Maher Arar

{Global}



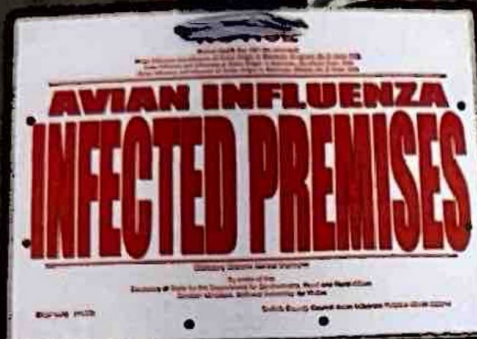
- MySpace.com galvanizes celebrities and organizes more than 20 Rock for Darfur concerts to raise funds for what the U.N. calls "the world's greatest humanitarian crisis."

List of bands:

Switchfoot
Citizen Cope
Ziggy Marley
Teddy Seidger
Insane Clown Posse
Jars of Clay
Secret Machines
Alice in Chains
TV on the Radio
(+44)
Atreyu

- Russia and Japan ban British poultry imports after an outbreak of the deadly strain is found on a farm in Suffolk, England. Workers wearing protective suits and masks crated 160,000 turkeys to be destroyed.

Bird flu



Academy for girls

- Oprah Winfrey opens her \$40 million Leadership Academy for Girls in the deprived small town of Henley-on-Klip, south of Johannesburg, South Africa.



Russian spy



- Saddam Hussein is sentenced to death and executed by the Iraq Special Tribunal for the 1982 murder of 148 Shiite inhabitants of Dujail.
- Former KGB agent Alexander Litvinenko, an outspoken critic of Russian President Vladimir Putin, dies in London after being poisoned by radioactive polonium-210.



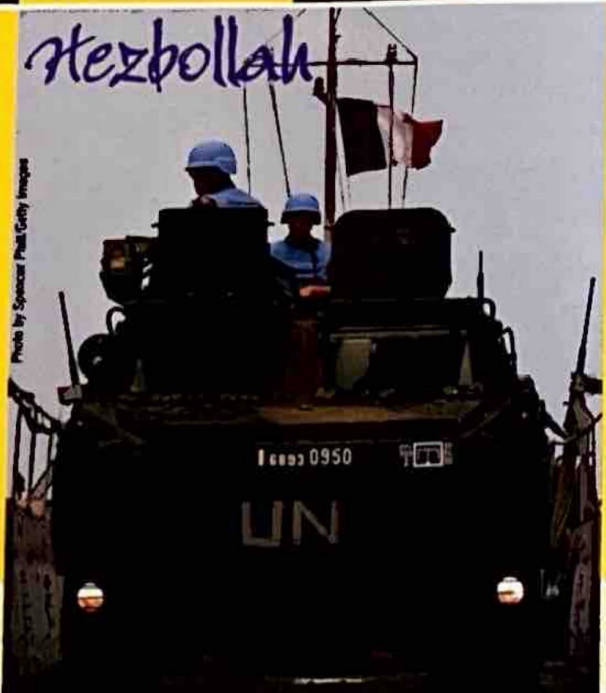
Nuclear weapons



- Hezbollah, the Lebanon-based Islamic militia, attacks Israeli military positions and border villages, beginning a conflict that claims more than 1,400 lives, mostly civilians. U.N. peacekeepers are called in to broker a cease-fire.

- In October 2006, North Korean leader Kim Jong Il orders the country's first nuclear weapon test. During the Six-Party Talks in February 2007, North Korea agrees to a nuclear disarmament.

Hezbollah



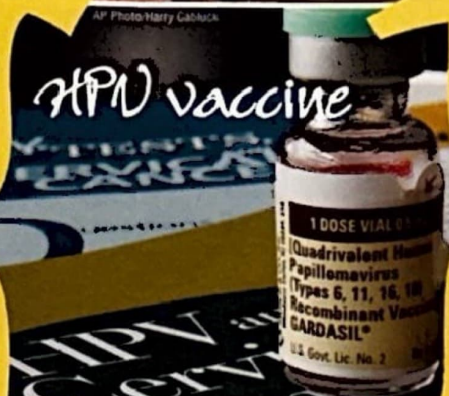


Wireless campuses

University and college campuses - even in small towns like Hanna, Alberta - are embracing wireless technology. But at Lakehead University in Thunder Bay, ON, administrators decided against installing wireless Internet citing health and safety concerns. Lakehead is believed to be the only major educational institution in Canada to have taken such a strong step against the technology.

AP Photo/Harry Campbell

HPV vaccine



Health Canada approved a vaccine to prevent cervical cancer and other diseases caused by the human papilloma virus (HPV). This year in Canada, nearly 1,400 new cases of cervical cancer are expected and approximately 390 women will die from the disease.

The World Wide Web reaches a milestone when an Internet research survey reports that there are more than 100 million websites online.

{Sci-Tech}



A handheld, portable electronic zit zapper called Zeno is released to authorized medical practitioners and skin care specialists across Canada for the treatment of mild to moderate acne.



Zero gravity

A team of French doctors surgically removes a benign tumor on a patient in a specially adapted aircraft that mimics zero gravity conditions.



Conjoined twins, Krista and Tatiana Hogan were successfully delivered by a team of 16 doctors and nurses at Women's Hospital in Vancouver, B.C. on October 25th. In February, the twins' mother, Felicia and the girls made an appearance on the Tyra Banks show with two other American families with conjoined twins. No decision has been made yet on whether the twins will be separated.

Top 10 clothing websites:

1. ae.com
2. abercrombie.com
3. oldnavy.com
4. pacsun.com
5. urbanoutfitters.com
6. llbean.com
7. fashionmall.com
8. delias.com
9. gofane.com
10. forrid.com

Source: www.lovetoknow.com

After years of heated debate, astronomers decide to change the definition of a planet; Pluto no longer qualifies. Instead, it's reclassified as a dwarf planet.



{Lifestyle}



▲ Bill C-288 was presented and passed in February and requires the minority Conservative government to respect Canada's Kyoto commitments. Canadian environmentalist, author and broadcaster David Suzuki stated there was no need for opposition politicians to force the issue, as Canada was bound, as an international signatory, to abide by Kyoto.

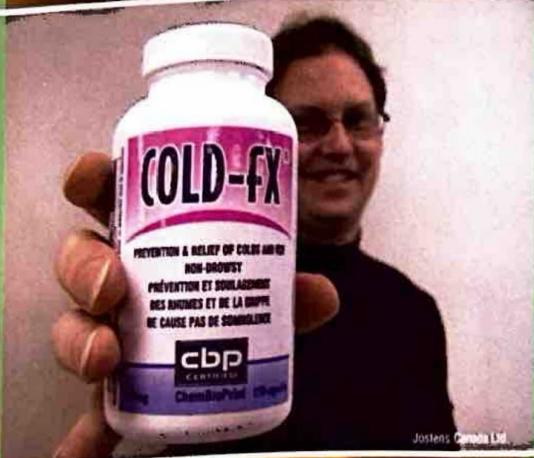
Photo Illustration by Jeff J. Mitchell/Getty Images

► The rise in obesity among young people is linked to an increase in adolescent cases of type 2 "adult onset" diabetes and associated health problems.

Diabetes on the rise



► Edmonton-based CV Technologies received a boost when the FDA approved the sale of Cold-fx in the United States.



www.youtube.com/

youtube Search [icon] b-To-Page [icon] Print [icon] Print Preview

You Tube™ Broadcast Y

[Home](#) [Vid](#)

▲ YouTube, the Web video powerhouse that made "macaca" a household word, is the media story of the year and a wildly popular form of home entertainment.

{Hearing loss}

► A marked increase in hearing loss among young people is attributed to the use of ear buds in popular MP3 players like the iPod.



{Trans fats}

► Hoteliers join a growing number of fast food chains that are eliminating trans fats from the cooking oils they use. The Calgary Health Region has begun the process of developing a plan similar to that of the recent New York City Board of Health vote on banning trans fats in New York restaurants.



Volunteers!

▲ Canadians aged 15-24 are seeking out volunteer opportunities in record numbers. For many young people, volunteering not only allows them to build their skills as an important link to the job market, but offers the opportunity to make a difference in shaping a better world.



{Entertainment}



◀ Sony releases its seventh generation PlayStation, known as "PS3". The basic console has a 20 GB hard drive; the premium version comes with 60 GB.

New game systems

My favourite video games:



◀ Nintendo releases Wii, its newest video game console, which features a wireless remote that can detect motion and rotation in three dimensions.

Nintendo Wii

TV now!

Watch Full Episodes Online for FREE

Launch Now

We've made the most recently-aired episodes of the shows listed above available for you online.

◀ The differences between your television and your computer continue to blur now that network TV programs are available online from services like abc.com.



◀ Madden NFL 07 and a barrage of end-of-the-year action games capture the attention of gamers, capitalizing on a major emphasis on online gaming.

{Popular games}

◀ The unfortunate adventures of the Baudelaire orphans come to an end with the publication of *The End* by Lemony Snicket.

▼ The classic board game, Monopoly, gets a 21st century makeover. The "Here & Now" edition features updated tokens, current market prices and 22 new properties.

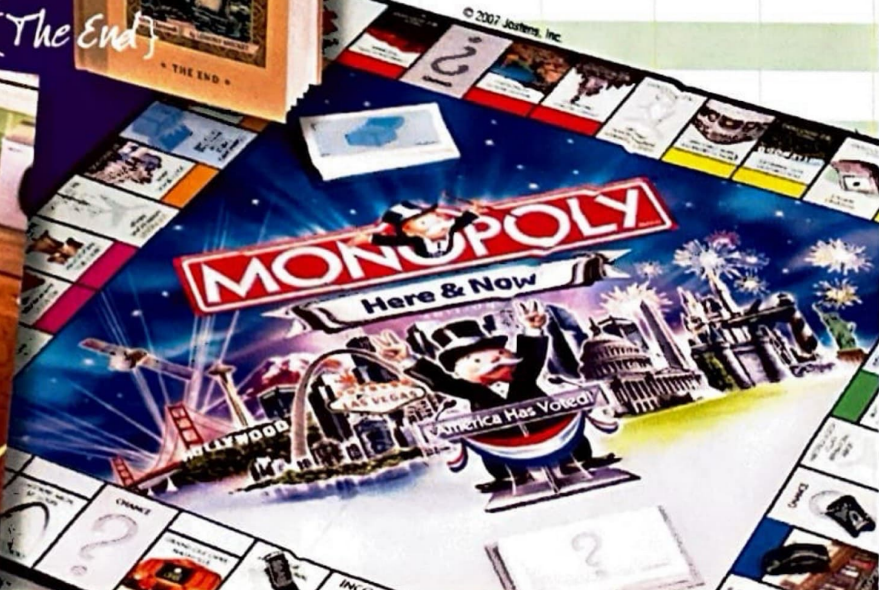


{The End}

Perky Food Network star and best-selling cookbook author Rachael Ray gets her own syndicated talk show, produced by Oprah Winfrey's production company.

Rachael Ray 30-Minute Meals

The Original one hour one episode only



{Trends}



The essential tunic and leggings

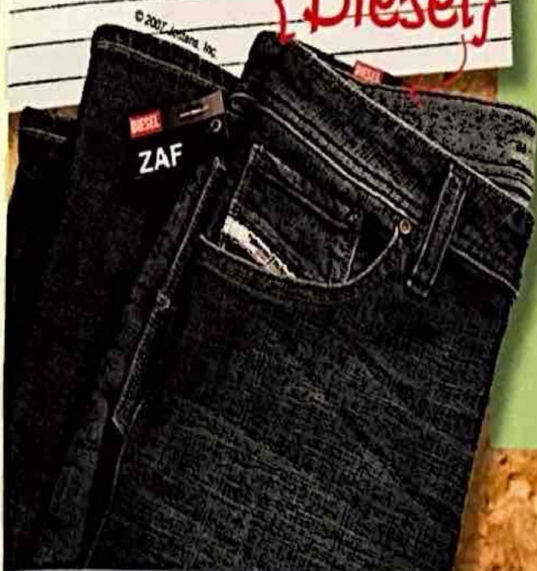
▶ Mid-calf and ankle-length leggings, last seen in the trendy 1980s, return to the spotlight. Fashion-conscious girls wear them under minis, dresses and tunics.

▶ Pointy toes and high heels are out. The feminine, flirty ballerina flat goes with everything from short skirts to long leggings and super-skinny jeans.



Favourite brands:

{Diesel}



▶ Colourful comfortable Grocs—made from a buoyant, lightweight, odor-resistant material that molds to the wearer's foot—are the shoe of the year.



© 2007 Jostens, Inc.

▶ Couture designers like Dolce & Gabbana and luxury brands like Swarovski, the Swiss crystal maker, transform boring cell phones into the year's must-have bling.



Bling bling

▶ Rapper fashion comes to the suburbs as snap-on grills add a flash of diamonds and gold or platinum to your pearly whites.



▶ Tiny plaid mini skirts look private-school cool. Meanwhile, Marc Jacobs is sending plaid tops down the runway and fashion icons sport Burberry plaids.

© 2007 Jostens, Inc.



▶ Nearly 31 percent of teens, or 7.6 million, are consuming energy drinks that contain up to four times the amount of caffeine than is in a can of Coke.



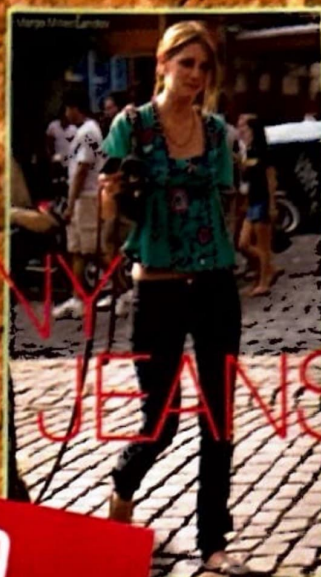
Energy drinks

▶ The year's to-die-for, must-have-at-any-price jeans are dark, slim, distressed denims from Diesel, the Italian label that inspires a cult-like devotion among its customers.

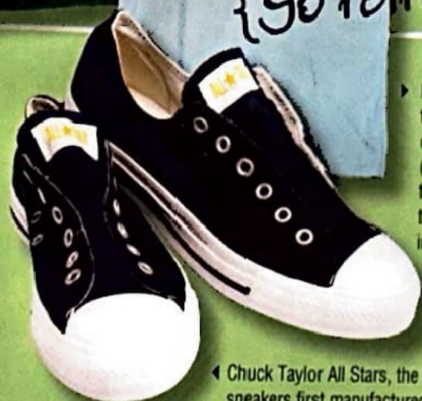


Teens are raiding their parents' closets, as well as retailers like Urban Outfitters and American Eagle, for vintage rock and pop culture T's.

SKINNY JEANS



After several seasons of low-slung boot-cuts and bell-bottoms, designers on both sides of the Atlantic declare that super-skinny jeans are back in style.



© 2007 Jordans, Inc.

Chuck Taylor All Stars, the basketball sneakers first manufactured by Converse in 1917, are more popular than ever among male and female fashion mavens.

Red is the colour of the heart; 50 percent of Gap's PRODUCT (RED) profits go to the Global Fund to help fight AIDS in Africa.

© 2007 Jordans, Inc.

DO
THE
(RED)
THING

A letter to myself...

Write yourself a letter about your life today that you can read in 10 years to see what has changed.

{Movies}

Best Picture Oscar Nominations:



► A family of squabbling misfits drives a wheezing VW van to a beauty pageant meltdown in the hit movie comedy, *Little Miss Sunshine*.

Little Miss Sunshine



©Columbia Pictures/courtesy Everett Collection

► Will Smith stars with his son Jaden in *The Pursuit of Happyness*, based on a true story about a struggling single dad.

The Pursuit of Happyness



► There's a new Bond in town and the critics swoon along with the fans. Blonde, brooding Daniel Craig debuts as James Bond in *Casino Royale*.

©Sony Pictures/courtesy Everett Collection



► Many movie lovers opt for DVD convenience, instead of lines at the local theaters, for hits like *Mission Impossible III*, *Superman Returns*, and *The Devil Wears Prada*.



{Dreamgirls}

► Newcomer and former *American Idol* contestant Jennifer Hudson wins the Golden Globe for Best Actress in a Comedy or Musical for her performance in *Dreamgirls*.



©David James KPA Omni Photo Communications

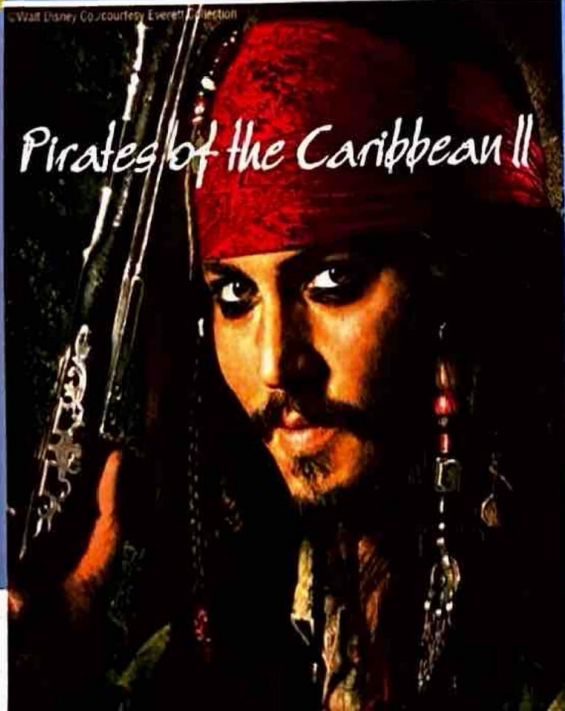
This year's {hit} Movies on DVD!



► SNL alumnus Will Ferrell stars as a goofy, "win-at-all-costs" NASCAR racing star in *Talladega Nights: the Ballad of Ricky Bobby*.

► Johnny Depp's Captain Jack Sparrow returns to the helm of the Flying Dutchman in the swashbuckling, supernatural sequel, *Pirates of the Caribbean: Dead Man's Chest*.

Pirates of the Caribbean II



©Walt Disney Co./courtesy Everett Collection



CP Picture Agency/Aaron Harris

◀ An all-Canadian cast and home-grown contestants fronted by Toronto-born funnyman Howie Mandel make their debut Thursday nights on Global.

Deal or No Deal Canada

{Television}

My favourite shows:

- 1.
- 2.
- 3.
- 4.
- 5.



ABC/Courtesy Everett Collection

Ugly Betty

◀ The American version of *Ugly Betty*, an ABC show based on the Colombian hit *Yo Soy Betty La Fea*, follows the daily struggles of a fashion-challenged employee of a fashion magazine.

▶ Fox's suspenseful television drama *24* is named Outstanding Drama Series at the 58th annual Emmy Awards after five nominations in the category.



Kiefer Sutherland: Michael Tetzlaff/ABC; © 2006 Century Fox Film Corp. All rights reserved. Courtesy: Everett Collection



CNBC/Courtesy Everett Collection

The Office

◀ NBC's *The Office*, starring Steve Carell, wins an Outstanding Comedy Series Emmy and becomes as successful as the original British sitcom.



CP Photo/Franco Gaudin

▶ Canadian Idol winner Eva Avila celebrates her win after the results were announced in Toronto on September 17, 2006.

Canadian Idol

▶ Once *Grey's Anatomy* was just a reference book for medical students. Now it's the name of ABC's Emmy Award-winning drama featuring the dreamiest doctors on television.

Dean Hardier/NBC/Courtesy Everett Collection



Grey's Anatomy



"Save the cheerleader, save the world."

◀ The NBC drama *Heroes* tells the story of ordinary people with extraordinary, superhuman capabilities. The hit show features an ensemble cast of 12 main characters.

Heroes

Academy Award Winners

- Best Motion Picture: *The Departed*
- Best Actor: Forest Whitaker, *The Last King of Scotland*
- Best Actress: Helen Mirren, *The Queen*
- Best Director: Martin Scorsese, *The Departed*
- Best Documentary: *An Inconvenient Truth*

{Music}



▲ Panic! At the Disco, an alternative rock band from Las Vegas, achieves mainstream success, despite a heated, public war of words with their ex-bass player.



{Shakira}

► DJ/producer Danger Mouse and rapper/singer Cee-Lo Green call their collaboration *Graffiti Bakery*. Their first album *St. Elsewhere* features the hit song "Crazy".

► Justin Timberlake continues to prove that there's life after the boy band, with the release of his second solo album and two No. 1 singles.

"Crazy"



► Evanescence, a goth-alternative metal-piano-symphonic-pop group, releases their second album, *The Open Door*, which hits No. 1 on the *Billboard* 200.

Evanescence



2006 Teen Choice Award winners

Single: Fall Out Boy, "Dance, Dance"

R&B Artist: Rihanna

R&B/hip-hop track: Nelly Furtado featuring Timbaland, "Promiscuous"

Hot Female: Jessica Alba

Hot Male: Orlando Bloom

► Shakira launches her biggest tour ever and is honored by the United Nations for her charity that protects children from violence in her native Colombia.

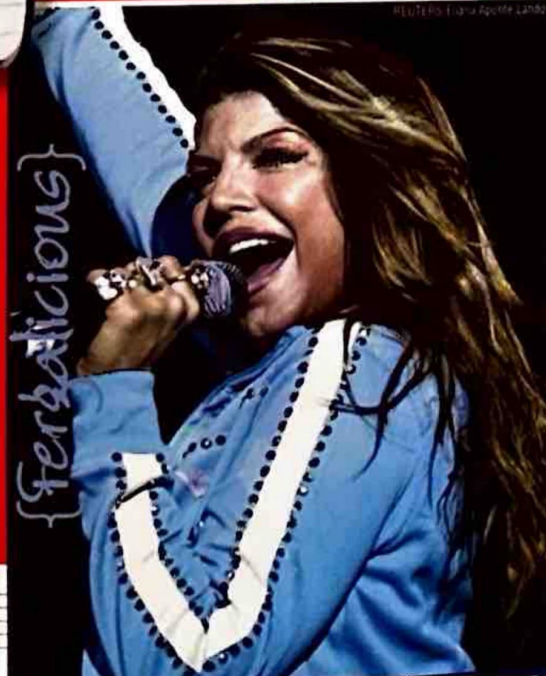
► Fergie, of The Black Eyed Peas, releases her first solo album, *The Dutchess*. Her second single, *Fergalicious*, hits No. 1 on *Billboard*'s Pop 100 chart.

► The Red Hot Chili Peppers complete their ninth studio album, the 28-track *Stadium Arcadium*, which debuts at No. 1 and garners four Grammy awards.

Red hot!



{Fergalicious}

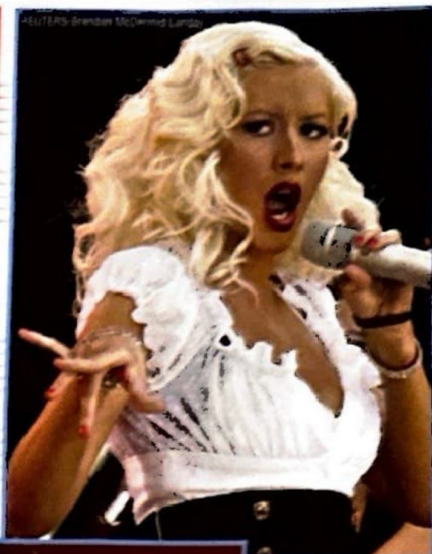




Tom McCann/Rediffusion Images

• 2006 was a fine year for The Fray. They released a cover of John Lennon and Yoko Ono's "Happy Xmas (War is Over)" on iTunes and won New Artist of the Year at the Billboard Music Awards in Las Vegas.

The Fray



REUTERS/Brendan McDermid/Landis

► Christina Aguilera releases *Back to Basics*, a critically acclaimed album of blues, soul and jazz music from the 1920s, '30s and '40s.

AP Photo/Chris Carlson



• Nelly Furtado takes the pop single of the year award for "Promiscuous" at the Billboard Music Awards in Las Vegas. Furtado signed on as host of the 2007 Juno Awards and will also make an appearance on hit television show "CSI: NY" in February.

► Canadian rockers Avril Lavigne and Sum 41 frontman Deryck Whibley wed in Montecito, California on July 15th after dating approximately 2 years.



CP Photo/STRAX17

Rascal Flatts

• When country superstars Rascal Flatts release *Me And My Gang*, their fourth album, it becomes the top-selling album of any genre for the year.

Avril & Deryck marry



Gwen Stefani announces she's bringing her high energy "Sweet Escape" Tour to Canada. Six dates have been committed so far with an average ticket price of \$65.00.

AP Photo/Lionel Grunneau



AP Photo/Jeff Christensen

► OK Go releases their oddball music videos on YouTube, performs a dance on treadmills live at the 2006 MTV Video Music Awards, and tours with Panic! At the Disco.

{Sports}



► B.C. Lions players hold a broken Grey Cup after beating the Montreal Alouettes 25-14 on November 19th in Winnipeg.



► Roger Federer retains his No. 1 ranking for the third year in a row. Tennis star Maria Sharapova is the world's highest-paid female athlete. Both take home a U.S. Open Championship trophy in 2006.



AP Photo/Ed Seto

► In the victory lane of Homestead-Miami Speedway, NASCAR driver Jimmie Johnson celebrates his 2006 Nextel Cup title and a \$6.2 million paycheck.

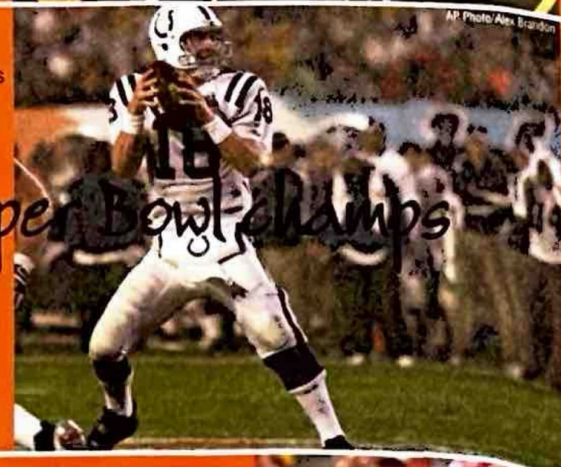
NASCAR



Kevin Kane/WireImage.com
HOMESTEAD-MIAMI
SPEEDWAY

► MVP Peyton Manning leads the Indianapolis Colts through a steady rain and past the Chicago Bears for a 29-17 victory in Super Bowl XLI.

Super Bowl Champs



AP Photo/Alex Brandon

"Goodbye"

► When Andre Agassi retires from professional tennis at age 37, he receives a heartfelt, eight-minute standing ovation from the crowd at the 2006 U.S. Open.



AP Photo/London

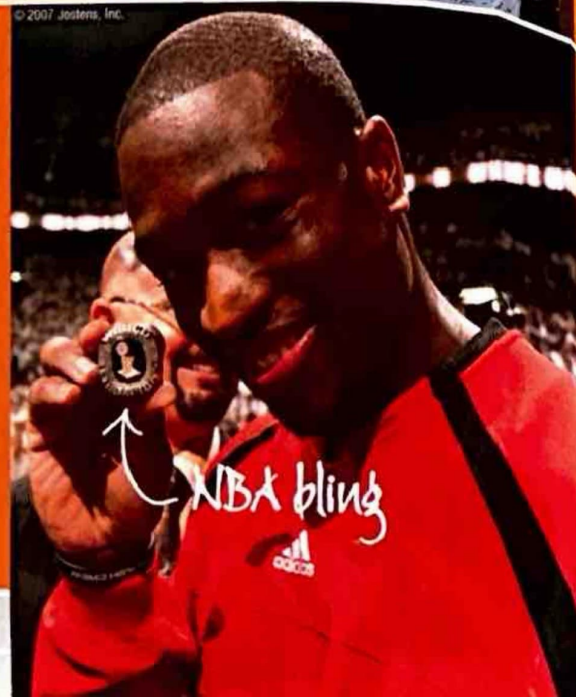
{World Junior Hockey Gold}



CP (Photo: Jacques Boivin)

► Team Canada players celebrate their third straight gold medal by beating Russia 4-2 at the World Junior Hockey Championships in Leksand, Sweden on January 5, 2007.

► The Miami Heat defeat the Dallas Mavericks in six games to win the NBA Finals. Dwyane Wade, the Miami Heat guard, is named MVP. Jostens proudly produced the featured 'bling'.



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NBA bling



Photo by Jeff Gross/Getty Images

Shaun White makes his second unsuccessful attempt at the 1080 at the 2006 Summer X Games. He is the only skateboarder to attempt the move in competition.

X Games



Team Canada captain and Olympic gold medalist Cassie Campbell announces her retirement at Hockey Canada headquarters in Calgary. On October 14, 2006, Campbell became the first woman to do colour commentary on Hockey Night in Canada.



AP Photo/Elise Amendola

The National League champion St. Louis Cardinals win the 2006 World Series by defeating the American League champion Detroit Tigers in five games.

Laval Rouge et Or players hoist the Vanier Cup after defeating the University of Saskatchewan Huskies 13-8 on November 25, 2006.



© POOL/Reuters/Corbis

Stanley Cup

In 2006, the Carolina Hurricanes defeat the Edmonton Oilers four games to three to win their first Stanley Cup in the first post-lockout championship.



UPI Photo/Thierry Gromik/Landov

International soccer superstar David Beckham signs a \$250 million contract to leave Real Madrid to play Major League Soccer in the U.S. for the Los Angeles Galaxy.

AP Photo/Bernat Armangué



Soccer

In the 2006 World Cup Finals, the most widely viewed sporting event in the world, Italy beats France for the title.

My Favourite Teams:

My Favourite Athletes:

{Faces}

My favourite celebrities:



- Fans mourn Steve Irwin, the Crocodile Hunter, who is killed by a stingray while snorkeling at Australia's Great Barrier Reef.



Crocodile hunter

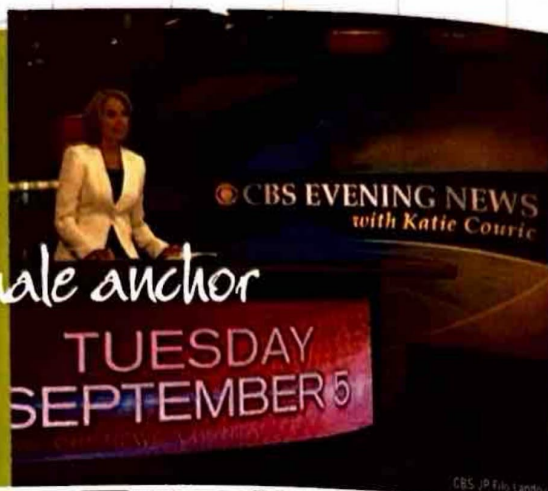
- Due to the popularity of user-generated websites like MySpace and YouTube, *TIME* magazine's annual person of the year is "You."
- Jessica Simpson's divorce from Nick Lachey is finalized. Romantic rumors link her to skateboarder Bam Margera, NFL quarterback Tony Romo, singer John Mayer and comedian Dane Cook.
- Former model and reality television star Anna Nicole Smith dies on February 8, 2007 at age 39 in Hollywood, Florida.



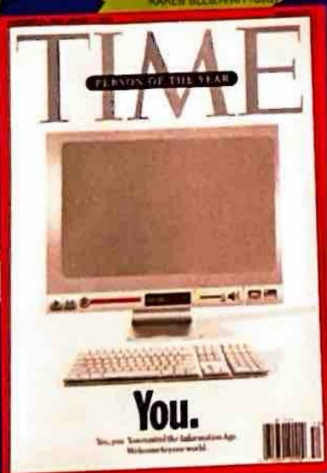
Anna Nicole Smith

- Katie Couric is the anchor of the CBS Evening News, becoming the nation's first female solo anchor of a major television network's weekday evening newscast.

First female anchor



- Shortly after the birth of their second son makes headlines around the world, Britney Spears and Kevin Federline announce the end of their marriage.



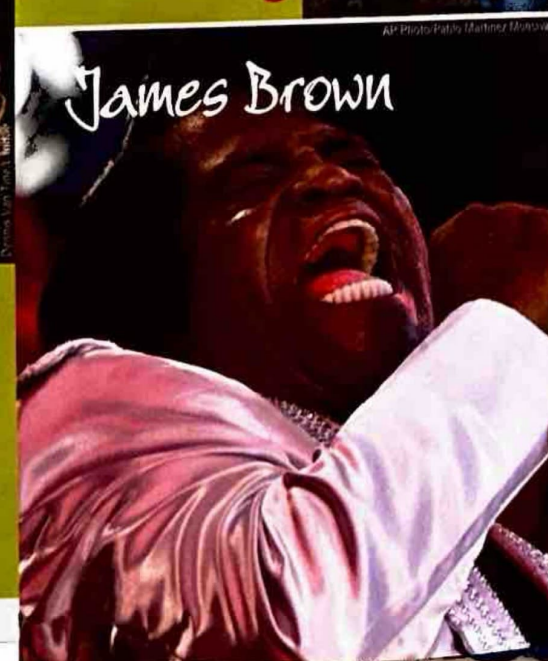
- Brad Pitt and Angelina Jolie, also known as "Bradgelina," make headlines when Angelina gives birth to daughter Shiloh in the African nation of Namibia.

{Bradgelina}



James Brown

- Dynamic music legend James Brown, aka the Godfather of Soul, dies at the age of 73. He is remembered as one of the major musical influences of the past 50 years.



GABRIELLE ALACCHI • NON LASCIARMI DA SOLO IN QUESTA
 NOTTE GELIDA PER FAVORE • **MÉLANIE AL-AHMAD** • MAYBE
 YOU'RE GONNA BE THE ONE THAT SAVES ME, AND AFTER ALL YOU'RE
 MY WONDERWALL • **ALLYSSA ANALYTIS** • ARE YOU READY TO FIND THE
 SPARKS INSIDE AND LET IT BURN? • **MICHELLE ARSENAULT** • FORGIVE SOUNDS
 GOOD. FORGET? I DON'T THINK I COULD. • **LARA ARTINIAN** • SOMEWHERE OVER
 THE RAINBOW • **VALÉRIE BISAILLON** • MAYBE SOMEDAY I'LL BE SOMETHING MORE THAN
 LOVE • **JOHANNA BITHARAS** • CAUSE EVERYONE IS FORGIVEN NOW, TONIGHT IS THE NIGHT
 THE WORLD BEGINS AGAIN • **CATHERINE BRUNELLE** • THIS MAY NEVER START, WE COULD FALL
 APART AND I'LL BE YOUR MEMORY • **OLIVIA CAMERON** • SHE'S A PARTY GIRL, AND SHE'S IN PARTY
 HEAVEN. • **JESSICA CARRIERO** • NOW
 LIFE, GIVE IT UP, WOULDN'T DARE,
CHARRON • I'VE GOT MY MIND ON MY
 • **CHRISTINACHRISTOU** • I'M BRINGING
 DON'T LET ME HEAR YOU SAY THAT
JESSICA COVINO • TODAY IS WHERE
 IS STILL UNWRITTEN • **KRYSTIN**
 BROTHA, CHECK IT OUT NOW, THE
 NOW • **GIUSEPPINA D'AVERSA** •
 LASCIARMI IN MANO • **JESSICA DEER**
 YOU'RE IN THE JUNGLE BABY,
 I'VE BEEN, IT'S WHERE I'M ABOUT
 CAMERA, ACTION WHEN I WALK
SÈVE • KEEP ON ROCKIN' IN THE FREE
 • FAI QUEL CHE VUOI MA DAMMI TUO
 ON THE WORLD TO CHANGE • **CLAIRE**
 YOUNG BUT HONEY I AIN'T NAÏVE •
 SHE'S CONFIDENT. THIS IS NOT THE
 SHE IS ME. • **TARA FREM** • OF ALL THE
 THE MOST. • **EMILY FRENCH** • MY LIFE
ELISE FRYML • JUST EVERYDAY
 THIS PUZZLE THEY CALL LIFE •
 ON TO ME PRETTY BABY, IF YOU WANT
 • WE'LL DO IT ALL, EVERYTHING •
 WISH YOUR GIRLFRIEND WAS HOT
 APERTO E MI PERDO E TU SEI
HATZIHRISTIDIS • GO AHEAD AND
ARIANA HO • REALITY IS TWISTED,
VANESSA JASKOLSKI-RONALD •
 KNOW THAT THERE WILL ALWAYS
 TONIGHT THE HILLS ARE WATCHING
GILLIAN KERR • FOLLOWED YOU,
 ON, AND YOU'RE DANCING. • **CHLOÉ**
 SE PUDEN ENAMORAR... • **ANDREA**
 ORMAI DA UN SECOLO NON MI CREDI
 L'UNICA, MI AMORE • **SOPHIA**
 YOUR RIGHT TO PARTY • **MELISSA**
 CALL ME BIG POPPA, THROW YOUR
 PLAYA • **DAVINA LOPORCARO** •
 SHINES UPON YOU. • **VIVIANE LUU**
 BURST, TO BREAK OR BURY, OR WEAR AS JEWELRY, WHICH EVER YOU PREFER. • **GRACE MAC**
DONALD • CAN'T YOU HEAR YOU TALK TOO LOUD. I CAN'T HEAR NOTHING BECAUSE I GOT MY
 HEAD IN THE CLOUDS • **CYNTHIA MANCINELLI** • NEVER GIVE UP ON THE GOOD TIME! NEVER
 GIVE UP ON THE LOVE YOU FOUND! • **DANIELA MANNO** • MONEY, SUCCESS, FAME,
 GLAMOUR! • **FRANCESCA MANNO** • EVERYBODY DANCE NOW! ROCK THIS PARTY
 DANCE EVERYBODY! • **AMANDA MARANDO** • ALL THAT I AM, ALL THAT I EVER
 WAS, IS HERE IN YOUR PERFECT EYES. • **SABRINA MARQUES** • COSA
 FACCIO DI ME SENZA TE • **TIAN KERRIN MARTIN** • LET IT BE • **MARIE**
MC CULLOCH • I'M NOT REACHING FOR THE MOON...THE MOON

IS REACHING FOR ME. • **ALEXANDRA MOLETTIERI** • LOOK PAST THE MIRROR AND FIND, THAT
THERE'S SOMETHING INSIDE SOMETHING MORE TO YOUR LIFE • **DANIELA MOLETTIERI** • DRIVE
UNTIL YOU LOSE THE ROAD, OR BREAK THE ONES YOU'VE ALWAYS FOLLOWED. • **GLORIA NGUYEN** •
NO ONE ELSE CAN SPEAK THE WORDS ON YOUR LIPS • **MAI ANH NGUYEN** • I BELIEVE THAT WE'RE
MEANT TO FLY. • **CARA ORSINI** • STAY AWAY FROM QUICK SAND AND FALSE PLEASURE • **VALENTINE**
OSTASZEWSKI • ALTHOUGH THERE IS NOTHING I CAN DO NOW I SWEAR YOU JUST ONE THING. I'LL
NEVER... FORGET YOU. • **VANESSA PAMPALON** • I CAN SEE US HOLDING HANDS, WALKING ON THE
BEACH, OUR TOES IN THE SAND • **JULIA PANICONI** • YOU DON'T EVEN KNOW YOU HURT SOMETIMES
UNTIL IN CONVERSATIONS, IT COMES OUT IN A LINE • **AMANDA LEE PHILLIPS** • HOLD ME CLOSER
TINY DANCER, COUNT THE HEADLIGHTS ON THE HIGHWAY • **JOSIE PISCIUNERI** • CAUSE WE ARE
LIVING IN A MATERIAL WORLD AND I
• I CAN'T STOP BECAUSE I WON'T STOP
WHAT YOU ARE IN CASE YOU DON'T
FLÈCHE • TEENAGERS SCARE THE
ROY • V.I.P. BECAUSE YOU KNOW I
IF DESTINY'S KIND. I'VE GOT THE
STRONACH • PICK A FEW STARS
TABAH • DON'T CRITICIZE WHAT
THIBAUT • I'VE GOT ALL MY LIFE TO
I WILL SURVIVE! • **ALEXANDRA TROLI**

AM A MATERIAL GIRL • **SONIA PONARI**
• **KRISTINA RAIMONDO** • REFLECT
KNOW • **GERSANDE RICHER LA**
LIVING HECK OUT OF ME • **STEPHANIA**
GOTTA SHINE • **EMILY SNELL** • I KNOW
REST ON MY MIND. • **ELIZABETH**
OUT FOR A CLOUDY NIGHT • **HILARY**
YOU CAN'T UNDERSTAND • **SHEENA**
LIVE! I'VE GOT ALL MY LOVE TO GIVE!
• **LAUREN-AMY VAUPSHAS** • WHEN
THERE'S NOTHING LEFT TO BURN,
SET YOURSELF ON FIRE • **KIA**

WATKINS-MARTIN • THEY WILL SEE
US MOVING FROM SUCH GREAT
HEIGHTS • **CARISSA WONG** •
• SOMETIMES YOU'RE AHEAD,
SOMETIMES YOU'RE BEHIND
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LIFE, GIVE IT UP, WOULDN'T DARE,
WHAT A WILD RIDE • **KIRSTEN**

CHARRON • I'VE GOT MY MIND ON MY
MONEY, AND MY MONEY ON MY MIND

• **CHRISTINA CHRISTOU** • I'M BRINGING
SEXY BACK! • **MADelyn COULL** •

THE SACRED HEART SCHOOL OF MONTREAL

2007